



NORMANDIE

2026 edition

Isigny-Omaha

DESTINATION'S
tourist magazine



Provided by the Tourist Office



PDO Isigny Butter and Cream Traditional cheeses



FOR YOUR HEALTH, PRACTICE REGULAR PHYSICAL ACTIVITY. WWW.MANGERBOUGER.FR

In this issue, you'll find
everything you need to prepare for your holidays!

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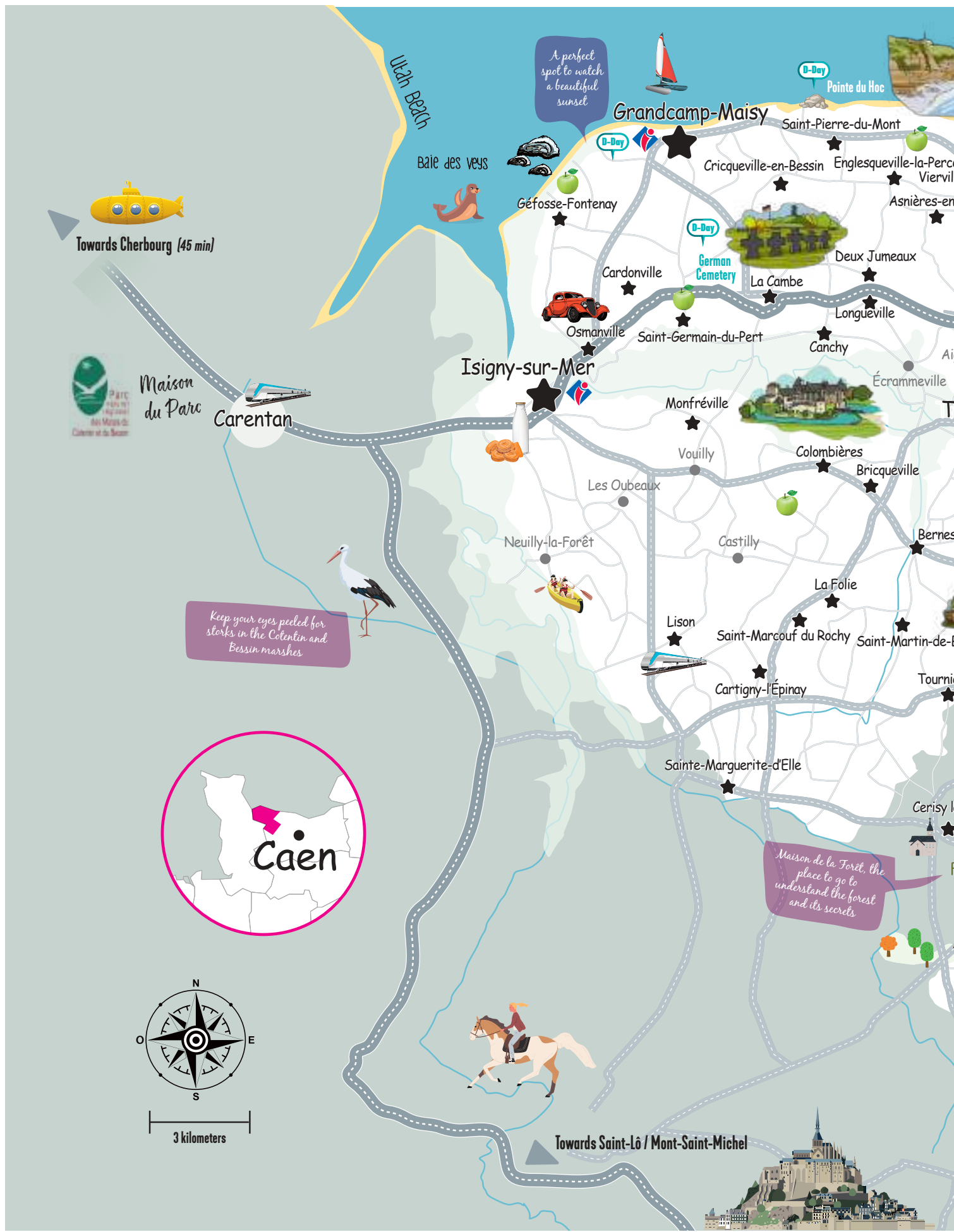
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German Cemetery

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Maison du Parc

Carentan

Isigny-sur-Mer

La Cambe

Cardonville

Deux Jumeaux

Osmanville

Saint-Germain-du-Pert

Longueville

Monfréville

Écrammeville

Keep your eyes peeled for storks in the Cotentin and Bessin marshes



Caen

Les Oubeaux

Colombières

Bricqueville

Neuilly-la-Forêt

Castilly

Bernes

Lison

La Folie

Saint-Martin-de-

Saint-Marcouf du Rochy

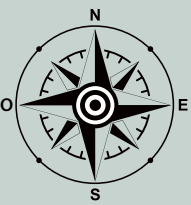
Cartigny-l'Épinay

Tourni

Sainte-Marguerite-d'Elle

Maison de la Forêt, the place to go to understand the forest and its secrets

Cerisy l



3 kilometers

Towards Saint-Lô / Mont-Saint-Michel





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Holiday ideas IF WE HAD TO PICK THE ESSENTIALS

It's not easy to put together a holiday plan when there's so much to choose from!
And our desires often depend on the weather, how we feel on the day and the time we have available.
So, to make things easier for you, here are some of our suggestions
from our own little routines, our corners of paradise and our favourite places.





If you're staying for 7 days

If you're staying for 2 days

Saturday: hooray, it's holiday time!

Once you've unpacked your luggage, head for a swim on Omaha Beach!

It's the perfect evening to enjoy a quiet little restaurant, eat an ice cream and discover the coastline before crawling into bed refreshed and dreaming about your plans for the week.

Sunday: a day at the beach

Morning: discover the monumental cliffs of Sainte-Honorine des Pertes (1) and take the opportunity to try shellfish gathering. (p.28)

Afternoon: stroll along the legendary Omaha Beach and discover its dunes. What could be better than setting off along the Vélomaritime (coastal greenway)! (p.38)

Evening: stroll along the quays of the port of Grandcamp night market (July-August).

Monday: the Isigny-Omahá terroir

Morning: explore the foreshore and oyster beds at Grandcamp-Maisy or sample other specialities at a beautiful cider farm (2). (p.50)

Afternoon: visit the Isigny caramel workshops and take a stroll to discover the local crafts. (p.46 to 54)

Tuesday: the D-Day Landing beaches

Morning: visit the American Cemetery at Colleville-sur-Mer (3), then visit the German Cemetery at La Cambe.

Afternoon: drive or take to the seas to reach Pointe du Hoc and visit one of the D-Day museums. (p.10 to 17, p.29)

Wednesday: at your own pace!

Morning: browse the Isigny-sur-Mer market and savour the famous sausage sandwich or take a horse-drawn carriage (4) to discover Isigny-Omahá (only during school holidays).

Afternoon: enjoy a horse ride to discover the forest or the lush Normandy countryside (p.41)

Evening: admire the sunset over Omaha Beach on a Sulky ride (p.41).

Thursday: fun day!

Morning: take a trip out to sea to learn about sailing or ride a Fat Bike on the sand at Omaha Beach. (p.28 to 33).

Afternoon: try your hand at one of the water-based activities offered by the Grandcamp-Maisy or Eolia sailing schools, and test your balance on a paddleboard or sand yacht. (p.31 to 33)

Friday: get in touch with nature

Morning: discover the marshes and admire the storks (5) on a walk. (p.36)

Afternoon: visit the Flour Museum and the Mining Museum (p.23), then admire the sunset over the countryside on a hot-air balloon flight from Balleroy (p.41).

Saturday: before you leave ... enjoy a touch of the unusual!

Several options are available: a cute moment with the goats at La Grange au Mohair or with the alpacas in Maisons, let your inner child out exploring the world of Disney at the 'Walt d'Isigny' space or enjoy a visit to the RN 13 Museum. Whatever you choose, you're guaranteed a great time! (p.24-25)

Day 1: The D-Day Landing beaches

Morning: visit one of the historical museums with your family to learn more about the D-Day landings, stop off at the souvenir shop and pay a solemn visit to the American Cemetery at Colleville-sur-Mer.

Afternoon: remembrance on Omaha Beach, next to the Les Braves statue in Saint-Laurent-sur-Mer. Why not continue your tour in a vintage vehicle? (p.15). Then, a sweet crêpe break at Aux Délices d'Alice, before setting off again to discover Pointe du Hoc, explore the Maisy battery and visit the German Cemetery at La Cambe.

Evening: gourmet seafood dinner

Day 2: local produce and heritage

Morning: Discover the Caramels d'Isigny factory and shop, take a stroll in the Cerisy forest (p.42 and 43), then picnic under the trees.

Afternoon: a tasting tour of a cider farm and a visit to a beautiful castle (p.22/23).

Herveline's checklist for keeping the kids busy in summer



- Set off on an investigation through the forest with your 'Fairy Quest' discovery rucksack. See p.43
- Horse or pony riding. See p.41
- Let yourself be enchanted by the adventures of the family workshops. See p.43
- Take a walk in the Veys Bay to observe seals, or head to the marshes to spot the storks.
=> Keep your distance and be discreet so as not to disturb them!
- Visit La Grange au Mohair free of charge to get up close with the gentle Angora goats. See p.25
- Discover the amazing Walt d'Isigny Museum. See p.24
- Set off with family to take on one of the region's hikes and games. There are 5 in all, the choice is yours! See p.33

HERE, WE TAKE CARE OF MEMORY

Normandy American Cemetery

82 years on! AND YET IT WAS JUST YESTERDAY

The Second World War seemed to be at a standstill in the spring of 1944. Hitler and his generals were certain that the Allies would land in Europe, but where? The Third Reich had already been building the Atlantic Wall for some time to prevent Britain from invading. The Allies came up with a major plan to counter the German army from the French coast: Operation Overlord.



The attack strategy: launch the assault simultaneously on five coastal sectors of Normandy, the west of Calvados and the east of the La Manche coast.

On 5 June 1944, under the command of General Eisenhower, operations began with the aerial and later naval bombardment of the German defences in front of the landing beaches and the gun batteries further inland.

The next day saw the start of The Longest Day: Several thousand ships crossed the Channel, carrying infantry and armoured vehicles to attack the German army from the beaches. Then, there was the climbing and capture of Pointe du Hoc by the American Rangers. This amphibious operation, codenamed 'Operation Neptune', marked the start of the Battle of Normandy.

This was the most important phase of Operation Overlord, which aimed to create an Allied bridgehead in north-west Europe and a new front in the west.

Once the beaches and surrounding areas had been taken, they had to be cleaned up, with channels cleared to allow a larger landing of troops and equipment. The Allies set up two artificial harbours (Project Mulberry) in front of two of the captured beaches, Omaha Beach and Gold Beach. Their construction remains the largest project and the greatest technical feat in the history of the D-Day landings.

1 • The Omaha footbridges

5 footbridges, forming part of the former artificial harbour of Omaha Beach, visible at Vierville-sur-Mer

2 • The G.I.s of the 116th IR/29th ID

Bronze donated by The National D-Day Memorial in Vierville-sur-Mer

3 • Veterans, our war heroes!

Isigny-Omaha welcomes veterans with the Best Defense Foundation

DID YOU KNOW?

The artificial harbour (known as Mulberry A) at Saint-Laurent-sur-Mer was destroyed by a storm a few days after its construction. Today, a floating channel – a remnant of this artificial port – can be seen on display at Vierville-sur-Mer.

D-DAY, YESTERDAY

D-Day

00:05



The moon was almost full when more than 5,000 tonnes of bombs were dropped by Allied aircraft on German batteries along the coast from Le Havre to Cherbourg.

Hitler was asleep, and his entourage saw no point in waking him. Waiting for the Allies in Calais, the Germans never thought a mass landing would take place in Normandy.



05:00

05:58



Day broke, the tide was low. The plan was for the Allies to land some 5,000 ships on the beaches of the Normandy coast. The American sectors were named Utah and Omaha.

At Omaha Beach, a vast and totally exposed beach, the D-Day landings became a nightmare. The heavily harnessed soldiers were sinking fast. Others perished under German fire.



06:45

08:00



Colonel Rudder confirmed that the WN75 at Pointe du Hoc, a 30-metre-high cliff, was partially under control following the heroic attack of the 225 Rangers under his command.

In London, De Gaulle declared: 'The supreme battle is under way!' Of the 156,000 Allied soldiers who landed, 10,000 were killed or wounded. The Germans lost around 6,500 men.



18:00

Why and how?

Weather conditions were crucial to the success of the Landing:

- A night with a full moon and few clouds for the preliminary bombardment,
- A light wind for parachuting in men,
- A low tide at dawn to see the many traps set on the beach,
- Few waves on the coast.



Eisenhower had planned to land Allied troops on Monday 5 June 1944, but cloud cover and heavy seas meant that the landing had to be postponed. A brief lull in the fighting was announced, and Operation Overlord was launched on the morning of Tuesday 6 June 1944.

did you know?

Commandant Kieffer

Philippe Kieffer will be remembered for having played an important role in the Normandy Landings. At the head of a commando of 177 men, the only French soldiers of the Landing (1st Battalion of Marine Fusiliers Commandos, later to become the famous Green Berets), he landed on Sword Beach, at Colleville-Montgomery. Despite suffering significant casualties, he achieved his objective despite being wounded himself; he was responsible for the liberation of Ouistreham. After the war, the Lieutenant-Commander settled in Grandcamp-Maisy. He became a general councillor and then a member of parliament in 1946. Today, his body rests facing the sea in the Grandcamp-Maisy cemetery.

'If I Were Told the Story of Omaha Beach'

They were between 9 and 21 years old, in 1944, living near the Sables d'Or beach when it became ... Omaha Beach! 8 witnesses tell their stories in a poignant documentary film that can be watched free of charge on YouTube



D-DAY TODAY

D-Day anniversary, tributes and festivities

Each year on around 6 June, Normandy hosts numerous ceremonies to pay tribute to the soldiers and civilians who fell during the D-Day landings in 1944. This is a wonderful opportunity for Normans, and everyone else, to pass the fundamental values of democracy and reconciliation down to our children, while joyfully celebrating this liberty regained.

the Normandy D-Day festival

The Tourist Offices of the D-Day Landing beaches invite you to celebrate our freedom regained at the Normandy D-Day Festival: a programme of tourist and popular, cultural and festive events!

There are many highlights: concerts, parades, meetings, cultural events and ceremonies highlighting the history of the Liberation.



D-Day Festival program



Isigny Omaha program

Scan the QR codes to read the Programs

A SPOTLIGHT ON

The Liberty Picnic Concert at Omaha Beach Saturday, June 6 in Saint-Laurent-sur-Mer

Come and experience a truly special moment in the heart of Omaha Beach at the now traditional Liberty Picnic Concert.

On the program: a friendly, free evening in a warm and festive atmosphere. Join us to share a meal overlooking the sea, admire the sunset, enjoy live music, and be amazed by a spectacular fireworks display.

Two bands will take turns on stage, bringing you a musical journey filled with energy and emotion.

You're welcome to bring your own picnic basket or enjoy the food trucks and refreshment stands available on site. Tables and benches will be set up for everyone's comfort, with plenty of seating provided.

Join us on the evening of June 6 in Saint-Laurent-sur-Mer.

Free event.



D-DAY TODAY

Paying your respects at the American and German military cemeteries, visiting the batteries and museums, gazing at the cliffs and treading the sands of these beaches will immerse you in the history of the D-Day landings. We can only imagine the sound of gunfire and the distress the soldiers must have faced, confronted with the violent fighting that took place on these lands.



Normandy American Cemetery

Overlooking Omaha Beach, this 70-hectare cemetery holds the graves of more than 9,300 soldiers who fell in combat during the Battle of Normandy. The Wall of the Missing bears the names of 1,557 soldiers reported missing in action. The Chapel, the Memorial, and the Garden of the Missing honor their memory, while the Visitor Center pays tribute to the sacrifice made by those who rest here and by their comrades-in-arms. This site, with its 9,389 white headstones, leaves no one untouched. An hour before closing time, don't miss the lowering of the flags, a unique moment that will send shivers down your spine. Self-guided or guided tours. Picnics are not permitted inside the cemetery or in the car park.

PRICES: Free

OPENING TIMES:

Open daily from 9:00 a.m. to 5:00 p.m., except on January 1 and December 25.

Last admission 30 minutes before closing, at 4:30 p.m.



Omaha Beach
14710 COLLEVILLE-SUR-MER
tel.: 02 31 51 62 00
abmc.gov



German Military Cemetery

Set up and maintained by the VOLKSBUND (German Military Graves Maintenance Service), the cemetery contains the graves of more than 21,200 German soldiers. 1,220 maple trees have been planted as living symbols of peace and reconciliation between nations. The new trilingual exhibition deals with the themes of Man in wartime, German graves, the civilian population, the meaning of commemorations and the duty of remembrance.

The complexity and tragedy of war are highlighted.

Self-guided tour. Duration: 1 to 1.5 hours.

PRICES: Free

OPENING TIMES:

01/04 > 31/10: 08:00-19:00

01/11 > 31/03: 08:30-17:30

Saturdays and Sundays: open at 09:00



Former Route Nationale 13
14230 LA CAMBE
tel.: 02 31 22 70 76
volksbund.de



Réalisation Anne-Ingrid Land Art, crédit M. Rama

The D-Day Landing beaches' UNESCO application

The D-Day Beaches are the subject of an application for inclusion on UNESCO's World Heritage List. The aim of this initiative is to gain recognition for the values represented by this place of remembrance: memory, peace and respect for the sacrifices of the past.

The local population and institutional actors also hope to ensure the preservation of the beaches and the remains left behind by the event.

pointe du hoc



D-Day, 07:00. The first Rangers used grappling hooks and ladders to scale the sheer, 30-metre-high cliffs and reach the top of a landscape made almost lunar by the bombardments, and clear the way for the other soldiers. This was one of the most difficult battles of the D-Day landings. Today, the scars are still visible, and the heroic actions of the American soldiers continue to amaze us!

This is a naturally solemn setting, and you can also visit the artillery battery with its fire-control post, its bunkers, its underground shelters, its huge craters and more. Here, it's easy to imagine the great difficulty and violence of this assault.

From March 2026 to March 2027, ongoing works on site will result in access restrictions depending on their progress.



contact 
POINTE DU HOC
 Reception building with film screening, free tour of the site.
 14450 CRICQUEVILLE EN-BESSIN
 tel.: 02 31 51 62 00
 abmc.gov
PRICES: Free
OPENING TIMES:
 Site accessible 24/7
 Visitor Centre: get in touch



TIP

A free 'Pointe du Hoc' mobile app is available to download before your arrival



SITES AND MUSEUMS

You simply can't leave Isigny-Omaha without taking a tour of the sites and museums! They're a goldmine for history fans, war-vehicle enthusiasts, spy buffs, budding explorers and curious little ones. They also bear witness to the terrible years of war that changed the course of millions of lives ...

OVERLORD MUSEUM

Located just 500 m from the Colleville-sur-Mer American Cemetery and the famous Omaha Beach, the Overlord Museum boasts a unique collection of over 10,000 items, tracing the history of the Battle of Normandy right up to the liberation of Paris. The 6 armies involved are showcased through life-size reconstructions, combining soldiers' personal effects with more than 40 vehicles, tanks and cannons. 2,200 m² of fully immersive exhibition space.

PRICES: Adults: €9.90/
Students, children (7 to 15 years): €7.50
OPENING TIMES:
From 14/02/2026 to 03/01/2027.
Museum closed on 24 and 25 December.
Ticket office closes 1 hour before the museum closes.

CONTACT   **CARRIED IN ARMS**
Lotissement Omaha Center
Rond-Point du Cimetière
Américain
14710 COLLEVILLE-SUR-MER
tel.: 02 31 22 00 55
overlordmuseum.com



OMAHA BEACH MEMORIAL MUSEUM

Immerse yourself in the history of the D-Day landings. Just 200 m from the beach, the Memorial Museum has been paying tribute to the soldiers who landed on our beaches for 30 years. Various dioramas, a large collection of authentic objects, archive photos and a 25-minute period documentary, accompanied by veterans' testimonies, highlight the courage of these men who came to fight for our freedom. This is a child-friendly, unguided tour.

PRICES: Adults: €7.90/Students (16 to 25 years): €5.90/Children (7 to 15 years): €4.60
OPENING TIMES:
Open from mid-February to mid-November:
10:00–17:30
April, May and September: 9:30–18:30
June, July and August: 09:30–19:30
Last admission one hour before closing.

CONTACT   **CARRIED IN ARMS**
Avenue de la Libération
14710 SAINT-LAURENT-SUR-MER
tel.: 02 31 21 97 44
musee-memorial-omaha.com



LA MAISON DE LA LIBÉRATION

Members of the association Les Fleurs de la Résistance welcome you to the Liberation House in Saint-Laurent-sur-Mer, a privately reconstructed 1940s memorial site.

This site pays tribute to: the local Resistance and the women who were involved (exhibition); several paratroopers from the 101st Airborne Division who fell in the Omaha Beach sector (memorial stone); as well as the secret Operation Sussex-Proust carried out during the night of June 5–6, 1944, and landed on the morning of June 6 by Captain Roger Guattary and his French combat team alongside Allied forces. You will discover a 1940s period house, illustrating daily life at the time.

Self-guided outdoor visits from 10:00 a.m. to 8:00 p.m., or guided tours by appointment (3–4 days' notice required). Screening about Omaha Beach (duration: 1 hour 12 minutes) by appointment.

PRICES: Donation to the 'Les fleurs de la Résistance' association
OPENING TIMES:
01/05 > 30/09: opening times, see description

CONTACT  
27 Rue du Val
14710 SAINT-LAURENT-SUR-MER
tel.: 06 88 66 03 74
maisondelaliberation.fr



D-DAY OMAHA MUSEUM

Thousands of original artifacts are displayed in the heart of Omaha Beach in an authentic period American building. Located between the American Cemetery and Pointe du Hoc, the museum presents—through an enhanced and redesigned exhibition layout—a unique collection of treasures, including an Enigma machine, an FG42 rifle, Resistance equipment, and more, gathered over nearly 50 years by a family committed to preserving remembrance. An immersive virtual reality experience allows you to relive the D-Day landings at Omaha as if you were there. You can also enjoy a meal at L'Embusqué, featuring cuisine prepared with fresh, locally sourced products.

PRICES: Adult: Museum + garden €9/Child (6 to 16 years): Museum + garden €4.50
Reduced and/or low-carbon rate: please enquire.

For the VR experience and guided tours by jeep, bicycle, or on foot, please visit the website.

OPENING TIMES:
April to October: 10:00 a.m. – 7:00 p.m., daily

CONTACT    
Route de Grandcamp Maisy
14710 VIERVILLE-SUR-MER
tel.: 02 31 21 71 80
dday-omaha.fr



WHAT TO SEE,
WHAT TO DO

the Atlantic wall



Maisy Battery

Come and discover this former German military zone with 2.5 km of trenches, tunnels, the emplacements of six 155 mm artillery platforms and other underground constructions. This large-scale strategic German battery opened fire on the Liberation troops, vehemently covering the beaches of Utah Beach and Omaha Beach. Its final assault by the US Army Rangers, on June 9, 1944, lasted five hours! The tour is self-guided and a site map is available on request. Bring a torch and boots in wet weather.

Ticket office closes one hour before closing time.

contact 
 7 Route des Perruques
 14450 GRAND-CAMP-MAISY
 tel.: 02 55 03 04 74
 maisybattery.com
PRICES: Adults: €8/Children (6 to 12 years): €5/Persons with reduced mobility: free
OPENING TIMES:
 01/04 > 31/05 and Sept.: 10:00-17:00
 01/06 > 31/08: 10:00-19:00



The Géfosse WN90 bunker

Not to be missed! Every Sunday morning at 10:00, Luc Le Gleuher, a colourful character, offers a guided tour of the WN90, a former German bunker in Géfosse-Fontenay. You can find out all about the history of this piece of the Atlantic Wall, which remains in perfect condition today. By reservation only.

contact 
 Ancienne Route Nationale
 The village
 14230 OSMANVILLE
 tel.: 02 31 51 07 61
 06 74 72 25 15
PRICES: Donation at the visitor's discretion
OPENING TIMES:
 Sunday mornings, all year round

THE RITCHIE BOYS

Immerse yourself in the psychological warfare waged by the American propaganda services from the Château de Colombières in 1944. Learn about the Ritchie Boys, the young German refugees who fled Nazi Germany to join the American military-intelligence services. These little-known historical facts will be presented to you by the castle's owner who has curated a unique collection of documents, newspapers and propaganda leaflets revealing the vital role played by the Ritchie Boys in Allied strategy.

PRICES: €7
OPENING TIMES:
 June, July and August,
 Tuesday
 10:00 to 11:00
 Reservation required


contact
 Château
 de Colombières
 14710 COLOMBIÈRES
 tel.: 02 31 22 51 65
 chateau-colombieres.fr




Take one of the guided walks from the Tourist Office



Omaha and its heroes

On a guided walk, your guide will explain how, in the space of just a few hours, the magnificent Sable d'Or beach was transformed into the tragic 'Bloody Omaha', with the tales of individual soldiers.
PRICES: Available on our web site
OPENING TIMES: In July and August, on Tuesdays and during school holidays. Duration: 2 hours. 
SITE: SAINT-LAURENT-SUR-MER

Stories of Omaha in horse-drawn carriage

Aboard a horse-drawn carriage, let yourself be carried away by the tranquil rhythm of the Normandy cobs from the famous village of Vierville-sur-Mer.
PRICES: Available on our web site
OPENING TIMES: Wednesdays in July and August.
 Duration: 2.5 hours
SITE: VIERVILLE-SUR-MER 

contact Tourist Office 02 31 21 46 00

Find out more about the history of Utah Beach with the Cotentin Bay Tourist Office.

A DIFFERENT WAY TO DISCOVER

Pushing open the doors of the Omaha Beach museums is not the only way to learn about the history of D-Day. There are many different ways to discover these iconic places: from the air, by bike, by kayak or with specialist guides who will explain the events and the landscape around you in simple terms.

WHAT TO SEE,
WHAT TO DO



FLYING OVER OMAHA BEACH TO EMBRACE HISTORY

Treat yourself to a panoramic flight aboard a 6-passenger Écureuil helicopter or a two-seater ULM! Take a bird's eye view of the impressive Pointe du Hoc and the incredible American Cemetery, or Omaha Beach to realise the immensity of the task that faced these soldiers.



HÉLI'ÉVÈNEMENTS

PRICES: From €65 to 340 (6- to 40-minute flight)
OPENING TIMES: From 30 May to 8 June, then 20 July to 16 August 2026

CONTACT

14710 ENGESQUEVILLE LA-PERCÉE
Between Pointe du Hoc and Vierville-sur-mer (D514), opposite the Cidreterie Lebrech
tel.: 02 35 80 94 16 - 06 22 69 08 79
helievenements.com



ULM - OMAHA BEACH AIRFIELD LF 1456

PRICES: FROM €80 for 15 minutes
OPENING TIMES: All year round

CONTACT

Flights possible from Utah Beach to Pegasus Bridge
Vignets de Cabourg
14710 COLLEVILLE-SUR-MER
tel.: 06 80 16 38 79
lf1456.com



D-DAY NIGHT BY THE D-DAY OMAHA MUSEUM

NEW, a unique immersive experience to relive the incredible night of 6 June 1944. Presented by OMAHA SECRET, immerse yourself in the decisive event that was D-Day: 'The shortest night before the longest day'. From 19:00 to midnight, you'll learn all about the context, issues and essential workings of the success of this military operation in a series of friendly and interactive sequences dotted throughout your night.

PRICES: FROM €180 per person aged 15 and over with diner.
OPENING TIMES: April to November
Booking and information on the website.

CONTACT

Route de Grandcamp-Maisy
14710 VIERVILLE-SUR-MER
tel.: 02 31 21 71 80
d-day-night.com

WORLD WAR 2 VETERANS MEMORIES

Florent and Jenny have devised a number of tours to explore in a vintage Jeep (for a truly immersive experience!) or in a luxury van with retractable step. Whether you have a few hours, a whole day or several days, these tours allow you to visit the key sites of the Normandy Landings while sharing the stories and anecdotes of those who took part.

OPENING TIMES: All year round

PRICE:

Jeep (3 people max): 1 hr 45 mins/€150 – half day/€400 – full day/€550

Van (8 people max): half day/€350 – full day/€550



contact
D-Day Landing Beaches tel.: 06 76 24 14 84
ww2veteransmemories.org



JEEP'N DODGE EXPERIENCE

Bastien and Nicolas, two brothers with a passion for the history of the D-Day landings, offer you a unique experience in their historic 1944 vehicles (a Jeep Willys and a Dodge WC 51).

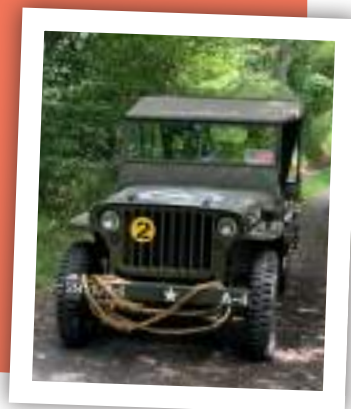
Follow in the footsteps of the Allies and discover the emblematic sites of the D-Day landings, with anecdotes and images from the period.

PRICES: From €100 to €320 /vehicle (1 to 2.5-hour tours, personalised packages available on request). By reservation only. Not suitable for children under 8.

OPENING TIMES: All year round



contact
Moulin de la Fosse Soucy
14400 MAISONS
tel.: 06 88 14 86 04
06 33 80 26 29
www.jeepndodgeexperience.com



or on an electric fatbike

OMAHA BEACH D-DAY STORY

→ Eolia information p.32



DO A LITTLE SHOPPING!

LA CASEMATE DE BERNARD

Clothing dedicated to D-Day and Normandy (from 6 months to 4XL), souvenirs, WWII-themed COBI construction bricks, and military surplus items.

PRICES: Souvenirs from €2; military surplus at various prices. Click & collect available via the website.

OPENING TIMES: From April, Tuesday to Saturday, 9:00 a.m. – 6:30 p.m., and Sunday, 9:00 a.m. – 1:00 p.m.

contact 28, rue Émile Demagny
14230 ISIGNY-SUR-MER
tel.: 06 68 49 54 28
lacasematedebernard.fr



A STONE'S THROW AWAY



HQ Company Tour

We are a guiding company with a team of experienced and professional guides. We specialise in the Second World War and our aim is to help people discover our region and its history. We offer full-day or half-day visits to the most important sites, either on private tours or to explore on your own.

PRICES: Private tour: from €650/group of 1 to 8 people
Self-guided tour: from €140/person

OPENING TIMES: From 1 March to 31 October



contact
Activa Park des Longchamps,
3 Route des Longchamps
14400 SAINT-MARTIN-DES-ENTRÉES
tel.: 02 50 55 00 74
hqcompanytour.com





D-Day Experience

Don't just learn about history, experience it! Discover the D-Day Experience and its different areas: the museum, the historic house, a world-exclusive flight simulator, a 3D cinema with giant screen and a memorial dedicated to airborne troops, as well as a military antiques shop and a souvenirs shop!

PRICES: Adults: from €9 to €19.90
Children (aged 6–17): from €7 to €15.90 – Family Pass: from €45 to €65

OPENING TIMES: Open daily.
April to September: 9:30 a.m. – 7:00 p.m.
October to March: 10:00 a.m. – 6:00 p.m. Ticket office closes 1 hour 30 minutes before closing time.

CONTACT

50 rue Joseph-Lafosse
Saint-Côme-du-Mont
50500 CARENTAN-LES-MARAIS
tel.: 02 33 23 61 95
dday-experience.com
Online shop: paratrooper.fr



World War II Museum

Learn about life in the Second World War in the 1,000 m² of exhibition space, where visitors can immerse themselves in the atmosphere of the time. Stroll down a typical 1940s street, recreated with its shops and houses. A host of period vehicles and equipment, with blockhouses offering a breathtaking view of Utah Beach. At the end of the tour, a temporary exhibition presented each year explores an original historical theme linked to the Second World War.

PRICES: Adults: €9/Children (6 to 12 years): €6. Discounts, see website.

OPENING TIMES:
July, August and 5 to 9 June: 10:00–19:00
April to Oct, except in summer: 10:00–18:00

CONTACT   (in a suitable bag)

18 Avenue de la Plage
50310 QUINEVILLE
tel.: 02 33 95 95 95
worldwar2-museum.com



Normandy Victory Museum

This unique venue invites you to discover the history of the Battle of the Hedgerows through a moving exhibition featuring around thirty scenes with mannequins in uniform and civilian dress, and more than 15,000 authentic artifacts. Permanent exhibitions include: "The Role of Women in the War" and "Veteran Portraits."

From April 4 to November 1, 2026: "War on Display," along with events throughout the year. On site: immersive activities, gift shop, and restaurants.

PRICES: Adults: €9.90/Children (aged 7 to 17 inclusive): €7/Under 7s : free/Concessions (teacher, student, military personnel, persons with reduced mobility): €7/Family package: €33

OPENING TIMES: 14/02 TO 31/10: open every day
Nov. and Dec.: Open weekends and holidays/Annual closure in January.

CONTACT  

Rue de la Fourchette-Catz
50500 CARENTAN-LES-MARAIS
tel.: 02 33 71 74 94
normandy-victory-museum.fr



Crisbecq Battery

Immerse yourself in the largest artillery battery on the D-Day Landing beaches. Discover a complete German battery with its 22 refurbished underground blockhouses, a surprising complex of trenches and underground passageways across a vast 5-hectare site. A UNIQUE EXPERIENCE: become an actor in the events of D-Day with the simulator, as you step into the shoes of a French Resistance fighter, a German and an American soldier.

PRICES: Adults: €12.50/Children (6–14 years): €8.50/Concessions: €11.50 (students, military personnel, persons with reduced mobility)

OPENING TIMES:
open 7/7 from 08/02 to 11/11 from 10:00–18:00/July–August: 10:00–19:00
The ticket office closes 1.5 hours before the site closes.

CONTACT 

A1 Route de Crisbecq
50310 SAINT-MARCOUF-DE-LISLE
tel.: 09 82 57 61 92
06 68 41 09 04
batteriedecrisbecq.fr



Écausseville airship hangar

The only one of its kind in Europe, this huge military construction is discovered in 4 stages: its history, the Battle of Montebourg in 1944, a visit to the 1944 battlefield and a tour of the hangar.

PRICES: Adults: €6/Children (8–14 years): €2.50/Families: €13 and €15

OPENING TIMES:
01/07 > 31/08: 10:00–18:00. Rest of the year: 14:00–18:00
Closed from December to March inclusive (except February holidays)
Other periods, please enquire

CONTACT  

La Lande
50310 ÉCAUSSEVILLE
tel.: 06 81 18 06 65
aerobase.fr



The Mémorial de Caen

The Mémorial de Caen is one of the largest contemporary museums in Europe, offering a powerful and deeply human immersion into the history of the 20th century and the Second World War. Relive the epic journey of the soldiers on the D-Day landing beaches with the guided Legacy Roads tours.

PRICES AND TIMES:
on memorial-caen.fr

CONTACT 

Esplanade Général Eisenhower
CS 55026 14050 CAEN
tel.: 02 31 06 06 45
memorial-caen.fr





Utah Beach – D-Day Landing Museum

Built on the very spot where the American troops landed, immerse yourself in the history of the D-Day landings and discover a rich collection of objects, vehicles and equipment, thanks to a complete chronological tour. The star of the museum, an authentic American B-26 Marauder bomber, is presented in a hangar specially designed for it.

PRICES: Adults: €10/Children (6–15 years): €6.50 + €2.50 for the 45-minute guided tour - + €5 for the 1.5-hour guided tour

OPENING TIMES:

May to September: 09:30–19:30

October to April: 10:00–18:00

Recommended visit length: 2 hours. Cash desks close 1 hour before closure.



Utah Beach
La Madeleine
50480 STE-MARIE-DU-MONT
tel.: 02 33 71 53 35
utah-beach.com



Airborne Museum

The Airborne Museum will take you back to D-Day alongside the American paratroopers of the 82nd and 101st Airborne Divisions. You'll accompany the airborne troops from the preparations for D-Day in England to the battles that led to Liberty!

New 2026: The temporary exhibition "Comics Go to War" opens on May 13, 2026 – a family-friendly experience exploring the role of comic books during the 1940s. Also discover the new facilities inaugurated in 2024 (new WACO pavilion and new exhibition on the Occupation).

PRICES: Admission: €11.50/Children (6–16 years): €7.50. Histopad tablet included.

OPENING TIMES:

01/05 > 31/08: 09:00–19:00 – 01/10 > 31/03: 10:00–18:00 – April and Sept. : 9:30–18:30



14 Rue Eisenhower
50480 SAINTE-MÈRE-ÉGLISE
tel.: 02 33 41 41 35
airborne-museum.org



Azeville Battery

The site consists of 4 bunkers and 350 m of underground passageways housing ammunition stores and personnel shelters. An audio tour explains the construction of this Atlantic Wall site, the life of a German garrison, its relations with the local population, camouflage paintings, the battle of June 1944 and more. Themed guided tours (adults and families) available by prior arrangement during the school holidays.

PRICES:

adults: €8/children from 7 to 18 years: €4.

Guided tour: +€2/adult +€1/child. Audioguide in English, Dutch, Portuguese, Spanish, Italian, German and French. Children's version available.

RADAR STATION 44 Franco-German Museum

In the former German detection station, code-named 'Dis-telfink', the museum presents the history of the site and the radar in the period bunkers. Today, it is the only of its kind in France to display one of the five remaining examples of the Würzburg radar left in the world. Radar Station 44 is the only site on the D-Day Landing beaches in which you can discover this little-known aspect of the Second World War, and the decisive importance that radar played in the course of the conflict. Self-guided tour using your smartphone or with a volunteer guide.

PRICES: Adults: €7.50/Children (10–16 years), Students, persons with reduced mobility: €6

Concessions: 'Family pass', 'Low Carbon' and the Explore Normandy Pass

OPENING TIMES:

05/04>30/06: 10:00–18:00 (closed on Mondays)

01/07>31/08: 10:00–19:00 every day

01/09>16/11: 10:00–18:00 (closed on Mo



Route de Béný - D83
14440 DOUVRES-LA-DELIVRAN
tel.: 07 57 48 77 32
musee-radar.fr



Museum of the Underwater D-Day Landing Wrecks

35 years of underwater exploration have brought up from the seabed impressive remains and personal items found in the large warships and tanks sunk around 6 June 1944. Screening of an emotionally-charged explanatory film (52 mins) illustrated by numerous testimonials. The only museum of its kind in Europe.

'Hello Cyclo' label

PRICES: Adults: €8/Children (6–16 years): €5

OPENING TIMES:

May: Weekends and public holidays

01/06>30/09 10:00–12:00 and 14:00–18:00/closed on Saturdays



RD 6
26 Route du Port
14520 COMMES
tel.: 02 31 21 17 06
06 77 51 68 34



OPENING TIMES:

09/02 to 6/04: Monday to Friday, 11:30 to 17:30

From 29/03 to 5/07: 10:00–18:00 and 09:30–19:00 from 4 to 7 June

From 6/07 to 31/08: 09:30–19:00

From 1/09 to 1/11: Sunday to Friday, 11:30–18:00



La Rue
50310 AZEVILLE
tel.: 02 33 40 63 05
batterie-azeville.manche.fr







2



3



4



8



9

1 • Southern view

Breathtaking panorama of Omaha Beach ©F.Thériaux

2 • Apples!

One of the region's symbols — with cream, of course.

3 • Touching

Monument in Vierville-sur-Mer. ©THouyel

4 • Discovering the region's little gems

... like the little port of Isigny ©F.Thériaux

5 - Yum yum

In autumn, it's mushroom-picking time ©T. Houyel

6 • To walk on the sea

head for Grandcamp-Maisy. ©F.Thériaux

7 • Summer marshes

A peaceful moment in the heart of nature by the marshes ©THouyel

8 • Fair winds!

A slow-mode getaway ©THouyel

9 • The charm of manor houses

Here and there, the hosts of these beautiful residences welcome you for a visit or an overnight stay ©IOI



**HERE, WE
TAKE CARE
OF
OUR
HERITAGE**

Saint-Pierre-du-Mont manor house

CASTLES & MANOR HOUSES

Whether on horseback, by bike or on foot, your bucolic journey through the heart of the Isigny-Omaha region offers plenty of opportunities to come across castles, manor houses and other beautiful buildings.



Enjoy a dream night

The majority of these manor houses remain privately owned, though some jewels of this architectural heritage welcome visitors as bed and breakfasts ... The perfect opportunity to experience castle life for an evening or more! (see p.59)



Aurélie's favourite
the Tourist Office's horse-drawn carriage tours



'Give in to the charm of a carriage ride pulled by draught horses! Admire our heritage and discover the variety of our landscapes: between land and sea, oyster beds or beautiful residences, Omaha Beach, the Cerisy forest and more. A very 'slow life'* plan for those looking to let go!'

OPENING TIMES: During school holidays and July/August
PRICES: Available on our web site
'Little horse-drawn carriage rides' (Little horse-drawn carriage rides' lasting one hour or Long horse-drawn carriage rides' lasting two hour and half)

more info: Tourist Office, 02 31 21 46 00 

unmissable cultural events



Sharing, opening up to the world, laughing and having fun: Isigny-Omaha Intercom's cultural season offers all this and more.

Theatre, music, dance ... You'll find it all! There's no age limit on culture, and so you'll find a host of shows specially designed for children: sensory theatre, storytelling, puppets and more.

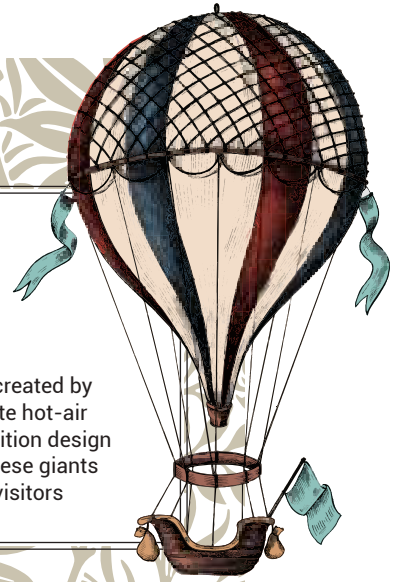
For more information, visit <https://isigny-omaha-intercom.fr/loisirs/saison-culturelle/>



more info

The ADTLB cultural association also offers a full programme of events throughout the year, including music festivals, village evenings and theatre, etc. The programme is available from the Tourist Office or on the adtlb.com website.

Take the family to explore the park, castle and the Balloon Museum, not forgetting the shop and tearoom



The Château de Balleroy, its park and museum

The Balloon Museum

In one of the former stables of the château, explore the Balloon Museum at your own pace, created by Malcolm Forbes, a passionate hot-air balloon enthusiast. Its exhibition design retracing the epic story of these giants of the sky is sure to delight visitors of all ages.

more info

Flights possible from Balleroy-sur-Drôme

See p.41, Bessin Montgolfière

The Château

Built by François Mansart from 1631 onwards, the Château de Balleroy is a masterpiece of French classical architecture. It can be discovered through guided tours, during which you can admire richly decorated and furnished rooms.

The Park and Gardens

Covering nearly 200 hectares, the Balleroy estate features a magnificent English-style romantic park alongside elegant French formal gardens, showcasing remarkable 17th-century-inspired boxwood embroidery patterns.

Tea Room and Gift Shop

The estate also offers a tea room for a gourmet break, as well as a shop selling a variety of items.



PRICES: Castle, Museum and Park: Adults €10/Children €7.50
Castle and Park: Adults €8/Children €6.50
Museum and Park only: Adults €4.50/Children €3.50
Park only: Adults €1.50/Children free
OPENING TIMES: From 02/04 to All Saints' day:
10:45-18:00/Closed Monday/Tuesday
July and August: open every day

contact

Château de Balleroy
14490 BALLEROY-SUR-DRÔME
tel.: 02 31 21 06 76
chateau-balleroy.fr

Allowed except in the castle

Allowed on a leash.
Small dogs only allowed inside the castle.

info ++

Game hike See p.33
and Classic Balleroy hike See p.41

Manoir du Vaumicel

Listed as a Historic Monument since 1927, the Manoir du Vaumicel is an elegant 16th-century Renaissance residence.

Owned by the Canivet family for two hundred years, it has preserved its medieval character, with its main residence and four corner towers where its defensive spirit remains clearly visible.

For over a century, it has belonged to the Bellaigue family. Antoine de Bellaigue offers guided tours in French of the exterior, gardens, and farm courtyard (no interior visits of the manor).



PRICES::
Free - Booking at the Tourist Office
OPENING TIMES:
From April 1st to September 1st,
every Wednesday
from 2:30 pm to 5:30 pm

contact

Manoir du Vaumicel
14710 Vierville-sur-Mer
Réservation auprès de l'Office
de tourisme au 02 31 21 46 00



the Château Fort de Colombières



Flanked by imposing towers and surrounded by a moat, this castle is one of the most notable military fortresses of feudal Normandy. On this guided tour, you'll explore 1,000 years of Norman history, from William the Conqueror to the psychological warfare waged from Château de Colombières in 1944 by the American propaganda services. Visit including the museum on "The secret history of the castle in 1944".

Good to know: For families, the Amazing Heritage tour 'In search of the sounds of the Middle Ages' – by reservation only.

Guided tours at 14:00, 15:00, 16:00, 17:00
No reservation required.

PRICES: Adults: €7/Children: €4
Free for under-12s

OPENING TIMES:
July and August: Mon. to Thu. 14:00–19:00
September: Sat. and Sun. 14:00–19:00

contact

14710 COLOMBIERES
tel.: 02 31 22 51 65
chateau-colombieres.fr

The Mill Museum



Set in a green setting on the banks of the Siette stream, the Marcy grain mill is a rare example of a working water mill. The mill is accompanied by a number of buildings, including a bakery, stable, cowshed, dairy and cart shed, as well as a vast pond and a meadow, forming a small farm packed full of farming and milling tools representative of rural life in days gone by.

Self-guided or guided tour at 14:30 and 16:00

contact  only in the park

Moulin de Marcy
14330 LE MOLAY-LITTRY
tel.: 02 31 21 42 13
ville-molay-littry.fr

PRICES:

Adults: €6/Children: €3/Free for under-6s.
Combined ticket for 2 museums: Adults: €9/Children: €4

OPENING TIMES: From 14:00 to 18:00

From 4 April to 20 September: Monday to Thursday. /From 17 Oct. to 1 Nov.: Monday to Thursday



Le Musée de la Mine



A coal mine in Normandy: that's what this museum, entirely dedicated to the history of the Littry coal mine, will reveal to you. With a layout completely renovated in 2021, geological samples, steam-engine tools, paintings, models and original documents bring to life nearly 150 years of industrial history and highlight the work and daily life of the men who made this mine. The reconstructed gallery and surface remains of the Frandemiche pit (1759-1864) complete this immersion in the world of mining.

Unguided tour

contact 

Rue de la Fosse Frandemiche
14330 LE MOLAY-LITTRY
tel.: 02 31 22 89 10
ville-molay-littry.fr

PRICES:

Adults: €6/Children: €3/Free for under-6s.
Combined ticket for 2 museums: Adults: €9/Children: €4

OPENING TIMES: From 14:00 to 18:00

April, May and June: Wednesday to Sunday. /July and August: every day. /1 Sept to 20 Sept: Wednesday to Sunday/From 17 October to 1 November: every day except Saturday.

Our villages' LITTLE GEMS



- Tell me, Gran, what was it like when you were little?

- Well, I lived on a farm, we lived according to the seasons, we wore home-made clothes and wore galoshes on our feet. Come with me to the attic, I'll show you some treasures ... Let's dust them off together. You'll know everything there is to know about the years of my youth!



The RN13 Museum

Museum of cars and other wheeled vehicles. This dedicated museum, acclaimed by its peers (Official Museum of the Nationale 13, recognised by the French Historic-Vehicle Federation and awarded the 'Rétro-tourisme' label by Route Nostalgie), exhibits over 70 vehicles (cars, motorbikes, mopeds, bicycles), 10,000 miniatures and 150 enamel advertisements dating from 1920 to the 1980s. Whether it's a reconstructed 50s garage or an old-fashioned bistro for a drink or a meal (booking required for groups), you'll be transported out of time!

PRICES: Admission: €6/Free for the under 12s

OPENING TIMES:

All year round. Open every day from 14:00 to 19:00

CONTACT

Ancienne RN13
14230 OSMANVILLE
tel.: 02 31 51 07 61
06 74 72 25 15
station70.org



'Walt d'Isigny' museum space

Walt Disney's ancestors came from Isigny-sur-Mer – you won't want to miss this site. Hugues and Robert Suhard, Counts of Isigny, left Normandy for England in 1066 as comrades-in-arms of William the Conqueror. As time went by and with their travels, their name gradually changed to Disney. Immerse yourself in the magical world of Disney with an exhibition of over 600 objects paying homage to Mickey! All in an atmosphere that's both vintage and modern, to the delight of young and old alike. Visitors will be able to follow the history of this famous mouse's various creators.

Unguided tour.

PRICES: Free

OPENING TIMES: School holidays: Saturdays from 14:00 to 17:00

School holidays, all zones: Tuesday,

Thursday, Friday and Saturday 14:00 to 17:00

CONTACT

Town Hall – Ground floor of the left wing
14230 ISIGNY-SUR-MER
tel.: 02 31 51 24 00
isigny-sur-mer.fr

#HERITAGE



If you've never been before, you won't want to miss the chance to visit the Angora goat farm, accompanied by a guide. You'll discover the processing and sewing workshops, the techniques used in the mohair industry and the design of made-to-measure garments. Our recommendation: production and sale of clothes, knitting yarns and weavings.

A highlight for children: gentle, direct contact with the animals.

PRICES: Free for individuals

OPENING TIMES:

- Monday to Saturday, 14:00 to 17:30, 11 January to 31 December
- Easter and October holidays (all 3 zones), and from 1 July to 31 August: 10:00 to 12:30 and 14:00 to 17:30
- Closed on Sundays and public holidays, and from 1 January to 10 January inclusive.

contact

La Harmonière
14710 BERNESQ
tel.: 02 31 22 47 52
06 82 85 51 39



5 minutes from Bayeux, a livestock farm with some adorable and astonishing animals. On a guided tour, you can get up close to the mothers and baby alpacas, miniature donkeys, Falabella horses, dwarf goats, sheep and more, as well as learning how alpaca wool and flax are processed. Option for walks with alpacas and miniature donkeys, in the countryside or on Omaha Beach.

PRICES: booking required on the website: alpaganormandie.com
Guided tour 3-18 years: €10, over 18s: €15

contact  

14400 MAISONS
tel.: 06 08 74 41 43



Handmade goat's milk soap with natural or Fairtrade oils. The soaps are cold-saponified and dried naturally for around 4 weeks.

Made on site with milk from local goats, Elodie welcomes you to her farm shop, where you can also enjoy meeting the animals.

DURATION: 30 to 45 mins
OPENING TIMES: Monday to Saturday, 14:00 to 18:00,
Closed on Sundays and public holidays.

PRICE: Open access to the shop, and meetings with animals free of charge

contact  gravel paths

410 Rue des Marronniers
14710 SAINT-MARTIN-DE-BLAGNY
Tel.: 06 04 15 91 51



Cotentin Farm Museum

In this former manor house, dive back into the early 20th century to discover the daily life and atmosphere of a grass-land farm at that time. All your senses will be awakened as you wander through the common room, the cellar, the wine press, the cowshed and more. In the outdoor areas, a pleasant trail extends your tour, with the chance to meet some Normandy-bred animals. Don't miss the presentation of the horse-drawn and motorised machines that revolutionised farming.

OPENING TIMES:

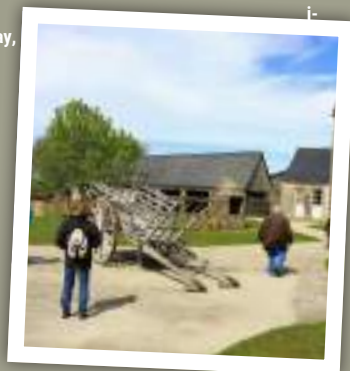
- April, May, June, Sept. and holidays Spring and autumn: Sunday to Friday, 14:00 to 18:00. Closed on 1 May.
- July and August: Sunday to Friday, 11:00-19:00

PRICES:

Adults: €6/Children (7-18 years): €3/
Concessions: €4

contact 

1 Chemin de Beauvais 50480
SAINTE-MÈRE-ÉGLISE
tel.: 02 33 95 40 20
ferme-musee.manche.fr



L'Abbaye de Cerisy

With its 15-window, 3-storey apse combining subtlety, finesse and clarity, the 11th-century abbey church is a real pearl of Romanesque art, unique in Normandy. Don't miss the 13th-century Abbot's Chapel, another masterpiece reminiscent of the Sainte-Chapelle in Paris. Guided tours available.

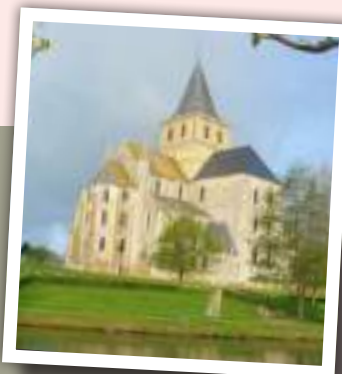
PRICES: Adults: €7 / Children (12 years to student): €4

OPENING TIMES:

- 01/04 > 31/08: 10:00-18:00
- April and Sept.: 11:00-18:00, closed
- Mondays in April

contact

Rue Sangles
50680 CERISY-LA-FORÊT
tél. : 02 33 57 34 63
abbaye-cerisy.fr





HERE, WE TAKE CARE OF YOUR LEISURE TIME

A host of activities at Grandcamp-Maisy

EVERYONE TO THE BEACH!

Summer is all about sunbathing, sandcastle competitions, eating ice cream, walking in the water and devouring books. And where could be better to do all this than the beaches of Isigny-Omaha? Let's take a look at these incredible little grains of fine golden sand that delight us so! A truly relaxing experience, with the breathtaking views admiring the gentle surf, with golden tans and radiant hair – perfectly lightened by the sun – and the refreshing swims that do us a world of good ...

Ah, the beach! A moment of pure bliss that you just can't get enough of.



Beach spots for relaxation

Long beaches of golden sand for lazing around

Omaha Beach, formerly known as the Plage d'Or, stretches out for 6 km. This allows you to choose from the lively beach of Saint-Laurent-sur-Mer, very popular with the locals; the gently sloping family-friendly beach of Vierville-sur-Mer, with its small ponds naturally warmed by the sun; or the immense beach of Colleville-sur-Mer, which becomes wilder towards the east, offering dunes and green cliffs. As for Grandcamp-Maisy, to the west of the area, the great advantage of this beach is its shellfish gathering, a great way to keep the children occupied.

The best way to enjoy the beach: pack a beach basket and check the tide times. Here, the sea can recede far, far away, before returning to reclaim all the sand. (see p.62)



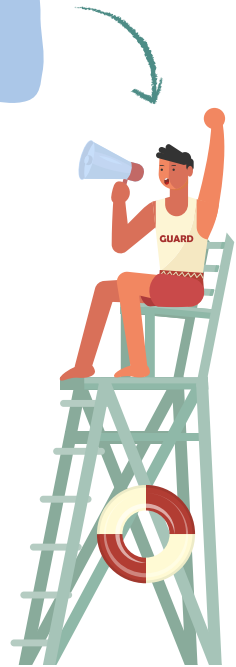
Dogs on a lead are permitted on the beaches (excluding bathing areas) at Vierville-sur-Mer, Grandcamp-Maisy and Colleville-sur-Mer.

toes fanning out

Head for a swim, under the watchful gaze of our lifeguards

Without ever taking your eyes off the children, of course, set off for the stretches of beach supervised by SNSM lifeguards on four of Isigny-Omaha's beaches.

- Lifeguard station at Colleville-sur-Mer, at Saint-Laurent-sur-Mer and at Vierville-sur-Mer From 1 July to 31 August, every day from 12:00 to 19:00
- Grandcamp-Maisy lifeguard station From 1 July to 31 August, every day. Schedules according to tide.



The beaches of Omaha

Showers and other facilities are located near the lifeguard stations.

Grandcamp-Maisy beach

Lifeguards near the artificial beach. Shower, amenities and children's playground.

Set off on a treasure hunt WITH SHELLFISH GATHERING

Grandcamp-Maisy, Aure-sur-Mer (Ste Honorine des Pertes), Vierville-sur-Mer and its cliffs – these are the top spots for shellfish gathering! Enthusiasts of all ages flock to our coastline to hunt for the treasures of the sea, such as prawns, velvet crabs, periwinkles, mussels, spider crabs and even edible crab for the most seasoned gatherers.








THE TOURIST OFFICE'S LITTLE OUTINGS

The oyster beds on foot or by horse-drawn carriage

Aboard a horse-drawn carriage to be gently rocked or on a hike to stretch your legs, head to the oyster beds of the Veys Bay for a visit that's as rewarding as it is tasty. This discovery with Éric is sure to amaze! From breeding to maturing, he'll reveal all the secrets of the Isigny oyster-farming cycle, leading you to the foreshore and then on to one of the oyster farms. There, you'll learn the subtle art of opening oysters and, to reward you for all your efforts, you'll be able to taste them – a real delight for foodies.

PRICES: Available on our website
OPENING TIMES: During school holidays and in July and August (Tuesdays: «horse-drawn carriage tour» and Thursdays: walking tour)
Location: Grandcamp-Maisy. 
More info: 02 31 21 46 00

A RULER to keep yourself right

-  **Shell > 2.7 cm**
-  **Mussel > 4 cm**
-  **Velvet crab > 6.5 cm**
-  **Crab > 15 cm**
-  **Periwinkle > 0 cm**
-  **Prawn > 5 cm**
-  **Lobster > 9 cm**

Hey! Good to know: Before taking the plunge, check out the regulations and low-tide times. A good fisherman is worth two!



more info: Tide times and coefficients are available on our website. You'll also find a permanent outdoor display, just outside the Tourist Office in Grandcamp-Maisy, offering you all the legal information you need to know about shellfish gathering. (see also p.62)

Tide times



Legal information



... AND/OR AT SEA

What if
you
had
a
guide?

Yann Normandidf fishing, guide for shellfish gathering and sea fishing

Yann is a fishing and nature guide who offers you the chance to discover sea fishing by boat, with family or with friends. I also offer nature activities in the aquatic environments of the marshes, as well as an introduction to shellfish gathering on the Grandcamp-Maisy foreshore. See you soon, on the shore or on the water.

contact

tel.: 06 80 56 96 23
guidedepeche-yannbouilly-normandie-idf.fr

OPENING TIMES: From April to the end of November

PRICES:

Sea fishing (3 to 6 hours depending on package):
from €85

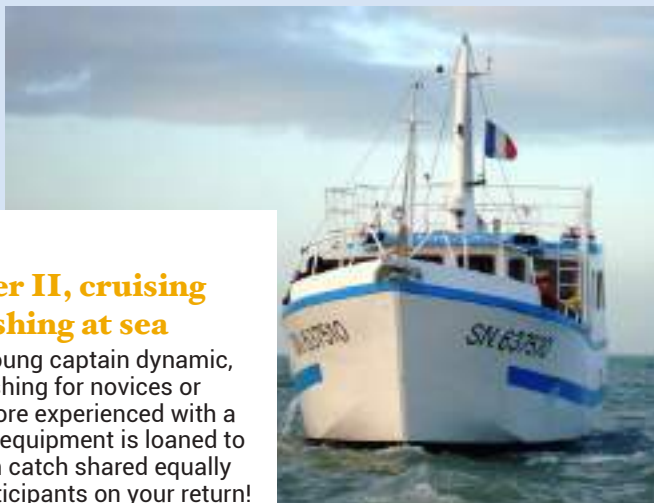


Nature activities:

Adults: €20 / Children: €8

Family shellfish gathering: (2 adults + 2 children) : €50

sea-fishing boat trip in Grandcamp-Maisy



Flipper II, cruising and fishing at sea

Samy, young captain dynamic, offers fishing for novices or those more experienced with a rod. Tea equipment is loaned to you, with catch shared equally with participants on your return! Not a fan of fishing at five in the morning?

Good news, the Flipper also offers great little guided sea trips to Pointe du Hoc. Day trips to the Saint-Marcouf Islands are also possible from the port of Carentan.

TRIP PRICES: From €20 to €45
FISHING PRICES: From €45 to €100
OPENING TIMES: 18/05 > 30/09

contact

14450 GRANDCAMP-MAISY
tel.: 02 31 21 46 00
06 32 47 71 74



Sailing aboard an old rig

In partnership with the Union Nautique en Bessin, this 3-hour excursion not only gives you the chance to enjoy the sea air and the silence of sailing, but also to take part in manoeuvres on this wooden boat: the old Union rig. A true 'slow living' experience!

PRICES: Adults: €33/Children aged 12 to 17: €22
OPENING TIMES: all year round on special dates or by reservation, subject to availability
More info: 6 visitor places on board

contact

intercommunal sailing school
Quai Crampon
14450 GRANDCAMP-MAISY
tel.: 02 31 22 14 35
isigny-omaha-tourisme.fr



HEY! DIVE IN

On the programme: windsurfing, kayaking or paddling ... as well as sand yachting on the long sandy beaches or day trips in an old sailing ship!
It's the perfect way to enjoy a deep breath of sea air and ride the waves like a sailor on a long voyage!



Water walking in all seasons

Out in the open sea, immersed up to your waist or even further, with wetsuit on, step forward, then walk backwards ... And do it all over again! You'll work your thighs, your venous return and your cardio to the max! Not convinced? Once you're in the water facing the immensity of the sea, with a group of happy sportsmen and women, we promise you'll have a great time!

Duration: 1 hour

**more info: Cap 21 sailing school p.31
Eolia Normandie p.31**



Thrills on the water

Thanks to the vitality of our watersports centres, a host of other sailing activities have been developed: while the catamaran is popular with the more adventurous, sea kayaking, stand-up paddling and windsurfing are all available for great thrills! You can hire the equipment or request private lessons.

At the Grandcamp-Maisy intercommunal sailing school, catamaran and optimist courses are available by the week or over a few days in July and August, for anyone who can swim.

3 QUESTIONS

What do you get out of catamaran sailing?

I love feeling the adrenaline pumping as the catamaran takes off! There are several positions on board and my favourite is being at the helm and setting the tempo for my crew!

Is it easy to take up sailing if you know nothing about it?

Yes, because our local water-sports centres have a solid reputation and welcome not only water-sports enthusiasts, but also novices simply hoping to learn the basics of sailing.

I'm often afraid to venture far from the beach ... What advice can you give me?

Rest assured, the sailing area here is well sheltered and therefore rarely subject to violent winds. Grandcamp-Maisy, for example, is an ideal place to learn to sail.



Portrait

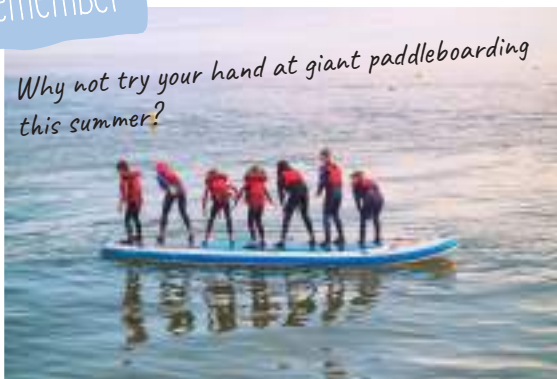
Gabin

CATAMARAN SAILING
AT THE SAILING SCHOOL SINCE 2021



Remember

Why not try your hand at giant paddleboarding this summer?



Intercommunal sailing school

In a friendly, caring and sporting atmosphere, everyone will progress quickly with Sabine and her team of instructors, no matter their level, aiming to gain maximum autonomy at sea and develop your skills on land!

Sailing (catamaran, optimist, windsurfing), paddleboarding or kayaking: these activities are available to learn, improve or hire.

Coastal watersports all year round.

OPENING TIMES:

01/04 > 31/10 depending on tides

CONTACT

Quai Crampon
14450 GRANDCAMP-MAISY
tel.: 02 31 22 14 35
06 07 24 84 03
isigny-omaha-tourisme.fr



more info

Book online now!

EOLIA, water-sports and sand yachting!

Located on the magnificent Omaha Beach spot, the Eolia centre welcomes you for a wide variety of outdoor sports: from sand yachting to coastal kayaking and stand-up paddleboarding, as well as kite flying and an introductory courses for beginners or hikers, departing from the three EOLIA centres on OMAHA BEACH (Vierville-sur-Mer/Saint-Laurent-sur-Mer/Colleville-sur-Mer).

And to relax after all that effort, you'll also be able to refresh yourself in the panoramic club house or heat up in winter by the fire.

OPENING TIMES:

All year round

CONTACT

only in technical rooms

Le Cavey
14710 COLLEVILLE-SUR-MER
tel.: 02 31 22 26 21
06 42 57 14 18
eolia-normandie.com



Ideas for staying ON DRY LAND ...



because the coastline, the sea, the waves, the spray, the sailboats ... Well, you love it too – as long as you don't get wet! Here are a few ideas for fun family activities that don't involve getting your clothes wet – or mostly, at least!

sabine's
TOP TIPS



How do you get your kite flying? And then some!

'This is a fun activity that's accessible to the whole family, as long as you know the basics.

With the kite resting on its back on the ground, facing into the wind, unwind the wires over a distance of at least 15 m. With your elbows close to your body and your arms parallel to the ground, pull the kite backwards with a sharp tug, while taking a step backwards. Yes! The kite is in the air! The children are so proud. Keep your elbows at your sides and zigzag your body by bringing one forearm forward, then the other ...

Do you spend more time on the floor? Do you look a bit like a robot? Do what I do and take a kite-flying course! Think it's too easy? Try out kite landboarding on Omaha Beach! It's a blast!

more info: [Sailing school and Eolia](#), p.31

I tested it for you

'Omaha Beach D-Day Story' on an electric Fat Bike

'I feel like a child on this latest-generation bike, which my teenagers immediately adopt thanks to its trendy look. With its extra-wide tyres that leave their tracks over the sand, you get a real sense of freedom!

We set off for a 4-hour ride on an electric Fat Bike ... I'm not a sporty person, but it's easy to get used to. Laurent, our guide, offers his commentary as we discover Omaha Beach and its wartime history. He even brought digital tablets to show us films from the period. As he repeats, this is an outing for both "head and legs" ;-)'

More info: [velomaha.fr](#) or 06 52 01 45 91

From 14 years old. Trips on request, subject to availability and depending on tide times and weather conditions.



Take our advice

Cycling along the coast? Pump-track activity for young people?

Take advantage of the many activities on offer around the Vélomaritime cycle path. There's something for everyone. Standard or electric, the choice is yours! For the more adventurous, you'll find pump tracks and skate parks at Trévières and Isigny-sur-Mer (unsupervised) and a track at Colleville-sur-Mer at Eolia (p.31).



More information on the Vélomaritime on p.38



I tested it for you

Michèle, aged 59

A NOVICE AT SAND YACHTING,
AN EXPERT AT LOSING
HER BALANCE ;-)



'I didn't go full speed ahead, but I still had a real feeling of speed. There's no danger – whatever happens, you can stop. I loved those little sensations of freewheeling and pushing yourself to the limit!'

more info: Eolia p.31

Family outing



On foot, discover Omaha Beach or the villages of Balleroy-sur-Drôme, Isigny-sur-Mer, Grandcamp-Maisy and Trévières on your own, in a fun and educational way. You'll follow a route along a signposted itinerary. Available in our Offices or on our website.

Independent 2 to 4 km walk.

DURATION: 1.5 to 2 hours

OPENING HOURS: All year round

PRICE: Free.

LOCATIONS:

Balleroy-sur-Drôme, Isigny-sur-Mer, Grandcamp-Maisy, Omaha Beach (Saint-Laurent-sur-Mer) and Trévières

H'omaha Nature

On the beautiful Omaha beach, from Le Ruquet in Saint-Laurent-sur-Mer or under the pontoon at Vierville-sur-Mer, Anne-Ingrid, H'omaha Nature's delightful coach, offers you fun activities on the sand and original and innovative nature sports:

- Land art and giant sand-drawing workshops for children and families
- Nature sports such as sea wading, sea-wading hikes, sea fitness, Nordic water walking, muscular awakening on the beach and more.

PRICES:

'Land art': €10

Sea wading, sea-wading hike, sea fitness: €15 + wetsuit hire €5

Water walking, muscular awakening: €12

OPENING TIMES:

'Land art' during the school holidays

and in summer.

'Nature sports', all year round.

contact

tel. : 06 21 31 50 79



The Cité de la Mer in Cherbourg: where stories begin

Located in the former Gare Maritime-Transatlantique, La Cité de la Mer is Normandy's tourist site dedicated to maritime adventures. Hop aboard the Redoutable* and explore the Ocean of the Future and its dazzling aquariums. Relive the final hours of the Titanic. Put on a virtual reality headset for an immersive experience**.

*Under 5s are not allowed on the submarine for safety reasons.

**subject to availability and charged separately.

PRICES: Adults (aged 18 and over): €21 – Children

(5 to 17 years): €15

Free for children under 5

OPENING TIMES:

10:00–18:00, all year round.

09:30–19:00 in July and August

(20:00 on Tuesdays from 14/07 to 18/08)

Detailed opening times and calendar on citedelamer.com

contact

Gare Maritime Transatlantique
50100 CHERBOURG-EN-COTENTIN
tel.: 02 33 20 26 69
citedelamer.com



GOOD deals

The Tourist Office offers tickets for La Cité de la Mer and other museums. So, get in touch to find out how to get reduced rates, fast-track tickets and further information to make life easier for yourself.

A
STONE'S
THROW
AWAY



**HERE, WE
TAKE CARE
OF
NATURE**

La vallée de l'Aure.

ON FOOT, BY BIKE OR ON HORSEBACK!

Get your trainers on! A range of themed discovery walks are on offer; just choose your mode of transport ... and your season!



in spring

Marsh storks

In spring, many storks make their home in the heart of the Marais du Cotentin et du Bessin Regional Nature Park. And it's no coincidence that they set their sights on these lands during their migratory journeys: here, they find food and shelter!

in summer

The freshness of the seaside and the chance to spot seal calves

Close to the coast in the heart of Veys Bay, with a bit of luck, seal pups can be spotted from a distance all year round. A colony of over 150 seals has settled in this sandy haven.



in autumn

It's time for mushrooms and deer bellowing in the Cerisy forest

Autumn is the perfect time to pick porcini mushrooms and chanterelles. But it's also mating season for deer. At this time of year, you'll be able to hear the stags below at nightfall as they hope to attract hinds. Remember to be vigilant and discreet to avoid disturbing them!



in winter

The marsh-whitening phenomenon

From January to March, it's winter in the marshes. Here, they are said to turn white when flooded by the rains that swell the rivers flowing through them. This is a beautiful, peaceful sight, and guided outings are organised allowing you take in this magnificent scenery. The perfect spot to watch the sunrise or sunset!



IN HIKE MODE

walking, running, kayaking...

The Tourist Office's
nature outing



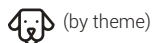
To each their own rhythm

The Tourist Office organises guided nature outings of 3 to 5 km in the forest, in the heart of the marshland or by the sea to learn more about the diversity and specific nature of local plants and wildlife.

OPENING TIMES: 01/07 - 31/08
and during school holidays

PRICES: Available on our website

more info: Tourist Office,
tel.: 02 31 21 46 00



pierre's sporty elf

Friday walks

'From July to mid-August, every Friday, discover the heritage and historical charm of our region on friendly walks for around a hundred walkers. The route is free and without commentary. Of course, that doesn't stop us from chatting! I promise you a great atmosphere and a well-deserved friendly drink at the end of the outing'.



Good to know: one outing per week from July to August then once a month in low season (on Saturdays).
Distance: 8 km
MEET at 20:00.
tel.: 02 31 21 46 00



omaha beach outdoor

EOLIA, for touring enthusiasts

In the mood for a supervised walk during your stay? Eolia arranges all kinds of half-day or full-day itineraries: guided walks, Nordic walking or cycling tours on D-DAY, country and history themes, or the fauna and flora of Omaha Beach.

contact

Eolia
tel.: 02 31 22 26 21
06 42 57 14 18

more info

10 or 21 km, on
THE TRAILS AND OMAHA BEACH
Sunday, June 14, 2026!

D-DAY BEACHES TRAIL:
Sunday, June 7, 2026!

Nordic walking

Take advantage of your holidays to improve your Nordic walking skills or take up the sport for the first time! They say it's the best thing for your heart and cellulite (shhh!).

Leisure and relaxation outings are organised to Omaha Beach from Colleville-sur-Mer or Saint-Laurent-sur-Mer. Plenty kilometres to stretch your legs!

more info: Eolia, p.31
H'omaha Nature p.33

sticks
sportswear
flexible shoes
and don't forget your water bottle!



Examples of self-guided tours

THE MARSHES OF NEUILLY

Permitted activities: walking, cycling, horse riding

Distance: 7 km, Time: 2 hour

Departure from Neuilly-la-Forêt (Isigny-sur-Mer).

An easy route through the marshes, following the course of the River Elle.

OMAHA BEACH, BETWEEN HISTORY AND NATURE.

Dunes, woods, hillsides, cliffs ... a lovely route to discover around the American Cemetery.

Permitted activities: on foot.

Distance: 9 km, Time: 3 hour

Departure from Colleville-sur-Mer.

AROUND THE DRÔME

Discover the River Drôme, a picturesque village and the Cerisy forest. Permitted activities: on foot.

Distance: 12.7 km, Time: 4 hour

Departure from Balleroy-sur-Drôme.

practice

7 ROUTE DESCRIPTIONS

are available for sale at the Tourist Office or for free download on our website.



KAYAK trip in the marshland

Leaving from Neuilly-la-Forêt, Isigny-sur-Mer, discover the rich ecosystem of the marshes along the water in a lively and original way. This fun and educational kayak trip on the River Elle, with no steep gradients or rapids, accompanied by our fantastic Pierre, is sure to delight the whole family!

Reservation required. For outings departing from Trévières, contact Eolia.

OPENING TIMES:

01/07 to 31/08: Wednesday afternoons and Monday evenings. Kayak trips also available during the summer holidays. Outings open to anyone who can swim.

PRICE: Available on our web site

Duration: approximately 2 hours.

more info: Tourist Office tel.: 02 31 21 46 00



Balades
et randos
NAUTIQUES
CALVADOS

ON BIKE ... by the sea, marsh or forest!

Along the coast, through the marshes or in the heart of the forest, hop on a bike and discover the beautiful picture-postcard scenes of our region at your own pace! Whether it's a full day or just a few hours, the choice is yours.

Our team will be delighted to advise you on various itineraries.
Enjoy the fresh air and the feeling of freedom!

The vélomaritime®



THE VÉLOMARITIME® is a cycle route linking Roscoff in Brittany to Dunkirk in the north of France over a distance of almost 1,500 km.

From spring 2022, the section from Port-en-Bessin to Isigny-sur-Mer welcomes you, so get ready to be amazed! A 14.5 km section between Vierville-sur-Mer and Grandcamp-Maisy runs along the coast on a greenway from start to finish, with views of the sea and the Pointe du Hoc ... The greenway between Port-en-Bessin and Sainte-Honorine-des-Pertes, more modest in length, is also well worth a visit as it more than lives up to its name: an explosion of green against a sea-blue backdrop!

A unique cycling experience along the cliffs of Isigny-Omaha and the D-Day Landing beaches.

Bonus: The Vélomaritime® can also be explored on foot!



the Port-en-Bessin to Isigny-sur-Mer circuit

the 'Accueil Vélo' label



Some of our accommodation and bike-hire companies along the route have been awarded the 'Accueil Vélo' cycle-friendly label. This guarantees a quality welcome, services and facilities to meet the needs of cyclists.

Isigny-Omaha Tourist Office has also been awarded this label.

➔ lavelomaritime.fr



Chloé's cycling advice



other routes

'Les Marais de l'Aure' loop

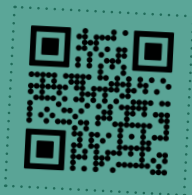
Perfect for a family bike ride!

Take advantage of the peace and quiet of the countryside, far from the hustle and bustle of the coast, to discover the marshes, their heritage and the storks that live there! Don't forget your picnic basket – several tables are dotted along the way. This loop is 30 km long (3 hours), with a 45 km variant that passes near Trévières (an additional 5 km, but you'll find Wi-Fi, amenities, restaurants and a cycle-service area upon your arrival).

Departing from Isigny-sur-Mer, this route is signposted, but you can also follow it on your smartphone!

www.cirkwi.com

By scanning the QR code, you'll find a number of cycling and walking routes in the Isigny-Omaha area: our hiking maps, the 'cyclo' d'Isigny-Omaha' routes and more.



THE VÉLOWESTNORMANDY: With a 190 or 210 km version, link the D-Day Landing beaches thanks to the three prologues from Utah, Omaha or Gold, to the famous Mont-Saint-Michel!

LA CHEVAUCHÉE DE GUILLAUME (WILLIAM'S RIDE): this 208 km equestrian route, which can also be followed by mountain bike, starts in Géfosse-Fontenay (near Isigny-sur-Mer) and leads to Falaise, William the Conqueror's home-town.

THE BAYEUX – L'EMBRANCHEMENT LINK: Near Bayeux and fancy a ride through the forest? No problem, just hop on your bike and follow the route to the Maison de la Forêt.

An extra tip

There, you'll discover a great bike ride in the shade of the hundred-year-old trees of the Cerisy forest! Tempted? Bikes are available to hire from the Maison de la Forêt. See P.44



PRACTICAL INFORMATION

To get started, you need to be well prepared! Here you'll find everything you need to know about hiring a bicycle, or other equipment more suited to the sunken path, plus the best gourmet stops, service areas and more.



VEL'OMAHA, bike hire

For 2026, discover our three VEL'OMAHA stations in Colleville-sur-Mer, Saint-Laurent-sur-Mer and Vierville-sur-Mer.

Standard and electric bikes for hire (adults and children).

Bikes can be delivered to Port-en-Bessin and Grandcamp-Maisy. Standard Fat-Bikes, only for riding on the beach, are also available to hire.

For 2026, enjoy two gourmet breaks in Saint-Laurent-sur-Mer (200 m from the Signal monument) and Colleville-sur-Mer.

PRICES: 'Electric bikes' by the day: From €30; 'Large Classic Bike' by the day: From €25 (depending on model).

OPENING TIMES: All year round, subject to availability of bikes and conditions

CONTACT

tel.: 06 52 01 45 91
velomaha.fr



Atelier du cycle JIYÙ

Jiyù, a cycling artisan, offers mobile bike repairs with a fully equipped workshop van, or at the workshop in Isigny-sur-Mer.

Repairing all brands, Jiyù works on both electric and mechanical bikes, directly along your cycling route or at your accommodation.

Other services include: custom new bike assembly, refurbishment, and bike electrification.

OPENING TIMES: All year round, Monday to Saturday (8:30 a.m. - 12:00 p.m. / 2:00 p.m. - 6:00 p.m.)

CONTACT

823, route d'Airel Neuilly La Forêt
14230 ISIGNY-SUR-MER
tél. : 06 15 38 51 95
jiyucycle.com

Bicycle service areas

Public service areas are accessible to all: you'll find secure bike boxes (only in Isigny), battery charge points, toilets, a tool station and bike pumps for a well-earned break!

Locations:

Le Fanal at Isigny-sur-Mer,
La Petite Halle market hall in Trévières.
Tourist Office at Colleville-sur-Mer.

ISIGNY BIKE

Bike hire from our shop in Isigny-sur-Mer or delivery in the surrounding area.

CONTACT

2 Place Charles de Gaulle
14230 ISIGNY-SUR-MER
tel.: 06 52 01 45 91

AN EXTRA TIP

Why not take a little detour to La Manche? To continue your Normandy tour, use the 'Wevisit' app to discover the medieval ramparts of Saint-Lô via VéloWestNormandy.



GET AWAY FROM IT ALL!



Why not discover Isigny-Omaha in a different way? On horseback? It's a great way to see the area from a different perspective and at a completely different pace. Aboard a Sulky? A truly extraordinary way to explore Omaha Beach. Up in the air? A first flight in a hot-air balloon is just the thing for you (or in an ULM, or even a helicopter! See p.14)



Hey! ÉQUIDAYS are back in Isigny-Omaha from October 17 to 21 for five days of events celebrating horses!



Sulky immersion

Sulky rides on Omaha Beach. A unique experience at the heart of the D-Day Landing beaches! The programme includes a briefing, followed by a ride along the beach at 3 different speeds: walking in the water, trotting and top speed. Unforgettable! Individual 1-hour session (45-minute activity). On request/reservation required. 1 person per session.



contact  small dog
Departure from the beach
14710
SAINT-LAURENT-SUR-MER
tel.: 06 15 51 89 18
sulky-immersion.com

PRICE: €150/pers.
OPENING TIMES: All year round

Horse riding

Center Pony Club des Louveaux

Enjoy wonderful horseback outings lasting 1 to 2 hours on ponies or horses, accompanied by a qualified instructor. Rides take place in the countryside, in the forest, or on the beach for more experienced riders. Outings are adapted to each rider's level. We also offer riding courses ranging from leisure to competition, for all ages from toddlers to adults (dressage, show jumping, horse-ball, polo, pony games, trail rides, etc.). Day or week-long camps available (with or without accommodation).

OPENING TIMES: All year round except from 24 August to 13 September.

contact
1541 Rue Charles Gervais
14330 LE MOLAY LITTRY
tel.: 06 58 67 05 16 (english)
haras-louveaux.fr

Bessin Montgolfière

Come and discover our beautiful Normandy by taking to the skies aboard our hot-air balloon. You'll help set up the balloon, take a ride in the air and gather the equipment at the end of the flight, all in a lively, family-friendly atmosphere. Departure possible from Balleroy-sur-Drôme, Saint-Paul du Vernay, Barbeville, Ryes or Juaye-Mondaye, depending on weather conditions. Up to 6 people in a hot-air balloon.

PRICE: €225/pers
OPENING TIMES: All year round
14490 BALLEROY-SUR-DRÔME – 06 77 95 85 04
bessin-montgolfiere.com



In the mood to soar new heights?
See also page 14

Let's take a walk IN THE FOREST ...

Discover the area's natural riches on slow walks, nature outings or workshops. Let go, hug the trees, listen to the birds chirping, smell the moss in the undergrowth, build your own herbarium and more. Take your time, look, listen, breathe in, breathe out and respectfully touch this exceptional wealth of fauna, geology and flora.





exploring the CERISY forest

The 2,000-hectare state-owned forest, which once belonged to William the Conqueror, is mainly planted with beech trees.

It is home to a rich diversity of plants and wildlife: trees, flowers, mushrooms, insects, amphibians, birds and mammals such as deer, roe deer and wild boar ...

Managed by the National Forestry Office (ONF), the Cerisy forest has been classified as a national nature reserve since 1976. It is home to an endemic sub-species, a beetle unique in the world: the golden ground beetle with copper highlights, protected in France.

For a real breath of fresh air, sports enthusiasts can set off along the GR

long-distance hiking route, which runs for at least 15 km, while mountain bikers and horse riders can criss-cross the 20 km of trails and walkers can explore the many footpaths leading to the Étang du Titre lake, a must-see destination.

Depending on the season, you may also come across mushroom pickers, hunters or foodies making use of the picnic tables!



On Sunday, August 2, join our free festive day "Forest in Celebration." Concerts and numerous activities for all ages are planned!

People come here for its beauty, its nature and its peace and quiet.



The Maison de la Forêt's discovery outings

Creative Events

For all ages, the 'Creative Events' combine a walk in the forest followed by a creative workshop in the Maison de la Forêt's activity room. There's a different theme every month, all about learning and having fun! For example: 'When frogs predict the weather' was a great success!

OPENING TIMES: Once a month, except July and August, on Wednesdays or Saturdays
PRICES: Available on our web site

contact

ISIGNY-OMAHA TOURIST OFFICE
TEL.: 02 31 21 46 00



Guided walks

Aurélie and Chloé, nature guides, invite you to discover the Cerisy Nature Reserve on short (4 km) or long (8 km) guided walks on a range of very natural themes: Discover everything about deer, nocturnal animals, mushrooms in autumn... Something to satisfy your curiosity and that of your children!

OPENING TIMES:
01/07 > 31/08 on Tuesdays and some Wednesdays for evening outings, and during school holidays
PRICES: Available on our web site

Family workshops

Children of all ages love these workshops, leading them on a fun tour of the very heart of the area: Water animals (sea and freshwater), marshland wildlife, and forest species... We scratch, we dig, we scrutinise, we listen ... All five senses on alert.

OPENING TIMES: Fridays in July and August, and other days during school holidays
PRICES: Available on our web site
DURATION: 1.5 to 2 hours

1 • Recharge your batteries in the forest

Take a self-guided walk along one of the many signposted paths

2 • 'Forest animals' nature outing

As you search for traces of the forest's inhabitants, you might even be lucky enough to come across a deer!

3 • Family workshops

These exciting, fun-filled adventures are offered during the short holidays and on Fridays during the summer. For groups and schools, by prior arrangement.

La quête féérique

Stop off at the Maison de la Forêt (p.44) to hire your 'Fairy Quest' discovery pack! Equipped with your pack and other accessories, you'll have 1.5 hours to complete the quest and progress, step by step, through the forest, solving riddles and missions

Prices available on our web site





the Maison de la Forêt



extra tip

Escape to the forest trails to discover their treasures by renting a bike!



With a surface area of 350 m², the Maison de la Forêt welcomes visitors in a beautiful space dedicated to tourism, equipped with a shop. In a large adjoining room, a modern, educational and fun museum area presents the various environments that make up the Cerisy forest, along with their inhabitants. Access is free during opening hours! Why not come and recharge your batteries?

Take advantage of the chance to admire this resolutely modern building* and its environmentally friendly construction: a building made of wood and earth, extracted from the site itself, and committed to environmental and energy performance.

PRICES: Free admission during opening hours.

OPENING TIMES: scan QR code

contact

MAISON DE LA FORÊT  
L'embranchement
14490 Montfiquet
tel.: 02 31 21 46 00



**building co-financed by the Prefecture of Calvados, the Department of Calvados, the Normandy Region, European Leader funds and the Botanic private endowment fund.*



discovering the Marais du Cotentin et du Bessin Regional Nature Park



These marshes, nestled between two seas, make up an exceptional natural area characterised by its wet meadows and the phenomenon of 'whitening' in winter. A truly romantic landscape, perfect for posting some incredible snaps on Pinterest or Instagram!

The Maison du Parc is an excellent starting point for exploring the marshes:

museum space, information and themed exhibition. The signposted trail allows you to explore the Ponts d'Ouve marshes sensitive nature area while the observatories around the lake are the perfect place to spot birds in their natural environment.

PRICES: full price €5/reduced €2.50/free for under 25s

OPENING TIMES: all year round.

contact

LA MAISON DU PARC DES MARAIS
3 Village Ponts d'Ouve
SAINT-COME-DU-MONT - 50500 CARENTAN-LES-MARAIS
tel.: 02 33 71 65 30
parc-cotentin-bessin.fr



Les Bateliers des Marais du Cotentin

La Rosée du Soleil

The crew will immerse you in the world of the marshes, discovering the exceptional flora and fauna of this unspoilt environment. These enthusiasts will tell you all about the history and activities of the places crossed. Treat yourself to a guided river trip on the Taute aboard 'La Rosée du Soleil', departing from Saint-Hilaire-Petitville (with the option of a gourmet stopover at the Maison Éclésièrè for a meal featuring local produce).

PRICES: from €20 to €39/person
Children: from €15 to €20/pers. depending on the package

OPENING TIMES: April to October

Departing from Saint-Hilaire-Petitville



Les Barques du Marais

Why not take a self-guided tour of the marshes along the water's edge? Aboard a 5 - 9 or 12- seater electric boat, you'll be the captain of the boat (no driving licence required) as you sail for 1 or 2 hours in the marshes of the Douve. You'll have every chance of spotting herons, storks and kingfishers. And why not enjoy a 3-hour outing with a picnic, anchored in the heart of the marshes?

Discover our special outings! A guide will take you out on his boat for the day or evening.

Tip: take advantage of the Guinguette des Marais for a snack, a drink or even a barbecue!

PRICES: from €44 per hour hired/For special outings, from €25 per person.

OPENING TIMES: April to September

Departure from Saint-Côme du Mont at the Port Jourdan pier, village of Ponts Douve (follow signs for the Maison du Parc des Marais)



CONTACT 
50500 CARENTAN-LES-MARAIS
tel.: 06 83 60 08 12
decouvertemarais.com

Jardin d'Elle

A veritable botanical repertory containing more than 2,500 varieties of plant and spread over 2 hectares. This park is made up of several themed gardens: country, colourful, undergrowth, kitchen garden, waterfall and remarkable collections of hydrangeas, Japanese maple and more. Nursery on site.

PRICES:
Adults: €6/Children (8 to 14 years): €3
OPENING TIMES:
01/03 > 30/11

CONTACT 

15, Le Repas
50680 VILLIERS-FOSSARD
tel.: 02 33 05 88 64
dellenormandie.com



Attelages de la Nicollerie

To the rhythm of the Attelages de la Nicollerie's draught horses, discover our region's natural and built heritage. Enjoy these rides with friends, colleagues or family to share some quality time along the paths of the Cotentin and Bessin marshes or along the coast. Don't hesitate to contact us for a private carriage for your festive events.

PRICES: from €20 person
OPENING TIMES: All year round

CONTACT 

13 Rue d'Auville
LES VEYS
50500 CARENTAN LES MARAIS
tel.: 06 03 21 49 93
attelages.clublanicollerie.com



Bayeux Aventure

Bayeux Aventure is a leisure park open to all, in which you can enjoy a whole host of activities in the great outdoors! Our park is renewed every year: high-ropes, accrospider net, zorbing, reverse bungee and multi-sports court for older children; while the little ones will enjoy the mini diggers, mini tractors, mini farm, inflatable structures, aquatic area, ponies and more. Join us every Friday evening in July and August for our concert nights!

PRICES: Adventurer (+6 years): €23.50/Explorer (3-5 years): €16.50/
Accompanying person: €14.50

OPENING TIMES: From 4 April to 27 September

CONTACT 

Ferme de Rabodange
14400 CUSSY
tel.: 02 61 79 02 79
www.bayeux-aventure.fr



A close-up photograph of a hand holding a soft-serve ice cream cone. The cone is a golden-brown wafer. The ice cream is a thick, white, creamy swirl. A blue plastic spoon is positioned above the swirl, with a small amount of ice cream dripping from its tip onto the top of the swirl. The background is a blurred, light-colored wall with a grid pattern.

**HERE, WE
TAKE CARE OF
OUR
KNOW-HOW**

The famous Isigny Sainte-Mère cream ice-creams

AN EXCEPTIONAL TERROIR

caramels d'isigny and dairy products



The visitors area

Caramels d'Isigny invites you to take an immersive gourmet tour of their educational centre. Observe the production workshops and the caramels being made live through a glass gallery. Along the way, discover the richness of the Isigny terroir and the history of the Isigny Sainte-Mère cooperative. After visiting the caramel factory, why not stop off at Les Halles d'Isigny, the on-site shop, to pick up a few local sweets. And of course, don't miss the Isigny Sainte-Mère ice creams, served year-round at Le Glacier, the new space dedicated to gourmet breaks.

TOUR PRICES:

Adults: €4/Children (aged 6–17) €2.50

TOUR OPENING HOURS:

VISITORS AREA:

April, May, June: Monday to Saturday, 9:00 a.m.–6:00 p.m. (10:00 a.m. on Saturdays)

July, August: 7 days a week, 9:00 a.m.–6:00 p.m. (10:00 a.m. on Saturdays)

September to March: Monday to Friday, 9:00 a.m.–5:00 p.m. (Open on Saturdays in September and during school holidays – 10:00 a.m.)

HALLS D'ISIGNY:

Open year-round, 7 days a week, 10:00 a.m.–7:00 p.m.
January 1 to March 31: closed on Sundays



Rue du 19 Mars 1962/Z.A. Isypôle
14230 ISIGNY-SUR-MER

tel.: 02 31 51 39 89 / 02 31 51 66 57
caramels-isigny.com

The famous AOP Isigny butter

Butter, cream, cheese ... The producers of the region's finest milks are constantly improving their techniques for producing and processing their raw materials.

The Isigny Sainte-Mère dairy cooperative, with its world-famous AOP Isigny butter, is located at the gateway to Isigny-sur-Mer. Proof of its excellence? In 2025, it won no fewer than 11 medals for its products in the General Agricultural Contest at the Paris International Agricultural Show! A real pride!



visitez La Ferme de La Sapinière

In the Bessin region, apple trees are mainly grown for cider. And it is from cider that calvados and pommeau are made. Though Calvados is world-famous for its amber colour and inimitable flavour, pommeau is a somewhat lesser-known Norman aperitif – though it enjoys the same protection as Calvados de Normandie.

Ferme de la Sapinière, in the heart of Omaha Beach, offers an authentic guided tour of its orchards and cider cellars, followed by a generous tasting of its organic farm products – a warm and delicious welcome that delights visitors of all ages. On-site shop available.

PRICES: Adult: €4.80 / Child (12–17 years): €2.50

OPENING TIMES:

October to March: visits by appointment, shop closed on Sundays

April to September (and All Saints' holiday): Monday to Saturday – tours in French at 10:45 a.m. and 3:30 p.m., in English at 2:30 p.m.

January 1 to March 31: closed on Sunday



12, route de Port-en-Bessin
14710 SAINT-LAURENT-SUR-MER
tél. : 02 31 22 40 51
fermedelasapiniere.com



Les Halles d'Isigny - Magasin Caramels d'Isigny

Salted-butter caramel, apple caramel, creamy caramel spread, caramel popcorn... In short, caramel in all its forms. The Caramels d'Isigny factory offers a delightful shop full of delicacies. You'll also find a cheese/cream counter, souvenirs and other typically Norman local products.

New for 2026: From April, come and enjoy a delicious Isigny Sainte-Mère cream ice cream, crêpes, waffles or savory sharing boards in the new space, "Le Glacier," dedicated to gourmet breaks.

OPENING TIMES:

7 days a week, from 10am to 7pm (closed on Sundays from January to March).



Z.A. Isypôle
Rue du 19 mars 1962
14230 ISIGNY-SUR-MER
tel. : 02 31 51 66 57
caramels-isigny.com



La Crèmerie d'Émilie

Éric the farmer transforms his milk production into delicious dairy products: they've built a whole reputation on yoghurts, butter and cream! You'll also find a lovely shop/chalet right on the farm where you can buy home-made products and other delights.

OPENING TIMES:

All year round, Fridays and Saturdays from 15:30 to 18:30 (closes at 17:30 from November to Easter)



Chemin des Poissonniers
Sainte-Honorine-des-Pertes
14520 AURE-SUR-MER
tel.: 06 15 66 69 04



Clos Tassin Boutique

Here, you'll discover calvados (3, 7, 15 and 30 years aged), aperitifs (pommeau, etc.), typical Normandy liqueurs, cider, perry, tripe, andouille de vire and apple jelly. Our recommendation: Tasting and commentary on how these products are made.

OPENING TIMES:

All year round: 09:00-19:00



Le Clos Tassin
14710 COLLEVILLE-SUR-MER
tel.: 02 31 22 41 51
06 88 48 82 27
clostassin.fr



Fromagerie d'Isigny

The Isigny Sainte-Mère cooperative is the symbol of milk production in the Bessin region. Today it offers the very best of Normandy: Isigny AOP Butter and Cream, Normandy AOP Pont l'Évêque and Camembert, Label Rouge mature and extra mature mimolette and more.

Not to forget, the 'homemade' ice-creams are a treat for young and old alike!

OPENING TIMES: All year round, Monday to Saturday, 10:00-13:00/14:00-19:00 (all day in July and August).



2 Rue du Docteur Boutros
14230 ISIGNY-SUR-MER
tel.: 02 31 10 12 06



Télémaque

Fish and seafood sales

Virginie sells fish and shellfish direct from the Normandy coast and Grandcamp-Maisy. At the farm (call ahead) or at the vending machine in Vierville-sur-Mer in the Cocci-market car park, you'll enjoy the freshest products, guaranteed. Don't hesitate to order if you're looking for something in particular.

Chronofresh delivery across France.

OPENING TIMES: All year round

contact  

14710 VIERVILLE-SUR-MER

tel.: 07 86 49 46 53

telemaque1.fr



OYSTERS and SHELLFISH

Normandy is one of Europe's leading oyster producers! A maritime terroir, Isigny grows its 'appellation spéciales d'Isigny' oysters in the heart of Veys Bay, at the Grandcamp-Maisy shellfish farm.

Good to know: the Tourist Office organises guided tours of the Grandcamp-Maisy oyster beds every Tuesday and Thursday day during the summer!

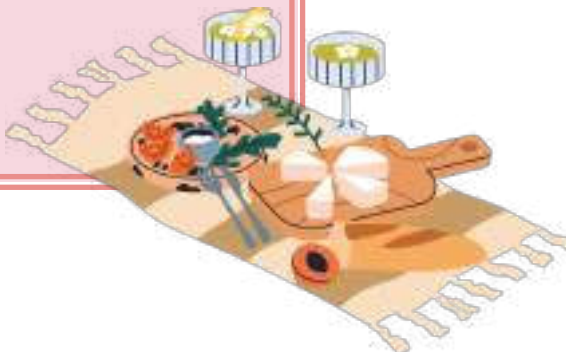
See p.28



The Perfect Norman Picnic

Depending on the season, you'll need ...

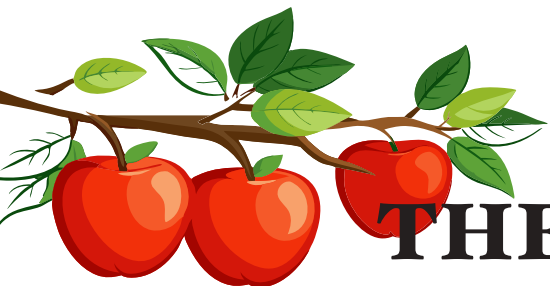
- 1/ a nice green salad with Normandy apples and Grandcamp 'bouquet' (prawns)
 - 2/ oysters from the Veys Bay or scallop carpaccio from the Seine Bay
 - 3/ fresh bread and Isigny butter
 - 4/ a Camembert made from raw Isigny milk
 - 5/ a Norman teurgoule
 - 6/ a bottle of Normandy cider
- ➔ To find out more, see p.47 to 51



More info

Find out more about market days to create your picnics and find the best picnic spots on page 61...





THE CIDER FARMS



La Sapinière Farm

The shop at Ferme de la Sapinière invites you to discover the full richness of its organic farm products: ciders, Calvados, pommeau, juices, and local specialties. A warm and welcoming space where everyone can take home authentic flavors from the Norman terroir. Cellar visits available (see p.47).

OPENING TIMES:

01/04 > 31/08: 7 days a week from 09:30 to 18:30 - Sunday 10:00
01/09 > 31/03: 10:00 to 18:00 - Closed on Sundays.



12 Route de Port-en-Bessin
14710 SAINT-LAURENT-SUR-MER
tel.: 02 31 22 40 51
fermedelasapiniere.com



Sainte-Blaise Farm

In this pretty 18th-century farmhouse, you can buy high-quality farmhouse cidre bouché.

All the apples used to make this cider are organically grown. Mr and Mrs Dauvers have been awarded the 'Eurofeuille' label. You can also stay in one of their guest rooms.

OPENING TIMES:

All year round



Saint Blaise Farm – Castilly
14330 ISIGNY-SUR-MER
tel.: 02 31 22 52 06
ferme-saint-blaise.com



Les Vergers de Romilly

Apple juice, cider, pommeau, calvados, jams, cider confit and more. 100% pure organic juice products made with respect for farming traditions.

Our recommendation: on-site tasting.

Free guided tour of the orchards, the still and the cellar on Wednesdays at 14:30 in FR.

OPENING TIMES:

April to September, Monday to Saturday, 09:30 to 18:30
From October to March, Monday to Friday, 09:30 to 18:00.



Les Vergers de Romilly
14230 SAINT-GERMAIN-DU-PERT
tel.: 02 31 22 71 77
vergersderomilly.com



Les Mouettes Farm

Producer of minimum-10-years-aged farmhouse AOC hors d'âge calvados, cidre bouché, Norman aperitifs, apple juice and homemade jams. Tastings are available on request from the cider shop. Our recommendation: Mr and Mrs Anquetil also offer bed and breakfast accommodation on the cider farm.

OPENING TIMES:

All year round



14710 COLLEVILLE-SUR-MER
tel.: 02 31 22 42 53



Cidrerie Lebrec

In a former 16th-century château, Bernard Lebrec offers you his cider production: cidre bouché, calvados, apple-based aperitif, jelly and apple juice. Good to know: Don't hesitate to phone ahead before visiting the shop to make sure you can get through the building's monumental gates.

OPENING TIMES:

All year round



Ferme Ste Claire
Le Haut Chemin
14710 ENGLÈSQUEVILLE-LA-PERCEE
tel.: 06 76 37 46 21



CIDRICCHUS Simon's Cider

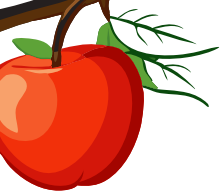
Continuing the family farming tradition, Simon Lemarie has been developing a production of ciders and spirits made with apples from his orchards since 2015. All the apples used are old, local varieties. In July and August, guided tours on Thursdays at 11:00.

OPENING TIMES:

All year round



L'Hermerel
3 Route des Manoirs
14230 GEFOSSE-FONTENAY
tel.: 06 98 82 32 26
cidricchus.com



#ATASTEFORTHEFINERTHINGS



La Cave du Tronquay

Our cellar is located in the heart of the Bessin, in the Calvados de Normandie appellation area. Our parents have always grown apple trees in this region. Our apple varieties produce a particularly distinctive cider. Our calvados, matured in oak casks, ages with the passage of time, giving it that much sought-after 'authentic' flavour.

OPENING TIMES:
All year round



Rue de Campigny
14490 LE TRONQUAY
tel.: 02 31 92 57 23/06 50 59 94 35

RECIPE SUGGESTED
BY MICHEL LEGALLOIS
FROM THE LA SAPINIÈRE FARM

THE POCITO

It's the trendiest cocktail for the summer.

Ingredients

- 7 cl Normandy pommeau
- 2 cl lemon juice
- 5 cl tonic
- ice cubes

Serve in a tall glass!



For your health, eat at least 5 fruits and vegetables a day. Alcohol abuse is dangerous for your health, please drink in moderation.

D-DAY LANDING

HERITAGE

SEA AND WATERSPORTS

NATURAL ACTIVITIES

CRAFTS AND GASTRONOMY

Découvrez les marais
au fil de l'eau
Croisières commentées
Location de barques électriques



Le snack du terroir
et ses cuissons au brasero !



www.decouvertemarais.com accueil@decouvertemarais.com - Tél. : 06 83 60 08 12

THE RESTAURANTS

To fully relax, there's nothing like taking a seat at a good restaurant at least once during your stay. Traditional, gourmet, trendy or on-the-go: the choice is yours!

gourmet

Le Mathélia at the Hôtel du Casino

Julia and Mathieu Le Guillois welcome you to their historic seafront establishment. The chef presents Mathélia, the gastronomic restaurant awarded the "Table Savoureuse" distinction by Logis de France, as well as quicker, more affordable cuisine at the brasserie Le Salvados.

contact 

Boulevard de Cauvigny
14710 VIERVILLE-SUR-MER
tel.: 02 31 22 41 02
omaha-beach-hotel.biz

semi-gourmet

La Trinquette

In a refined setting, young Michelin-starred chef François Germain serves up an incomparably fresh, sea-salted cuisine using organic vegetables, catch of the day and local produce cooked on site.

Our recommendation: try the 'Marmite Grandcopaise' stew, his speciality.

Good to know: booking recommended

contact 

7 Route du Joncal
14450 GRANDCAMP-MAISY
tel.: 02 31 22 64 90
restaurant-la-trinquette.com

Bistronomique

L'Éphémère

Set in a former fortified farmhouse near Omaha Beach, this tapas restaurant-bar offers several spaces – an outdoor terrace, Touareg tents, and indoor dining rooms – in a chic guinguette atmosphere. It serves homemade cuisine blending global inspirations with local products.

Open from mid-April to late August, Tuesday to Sunday. Private events on request.

contact 

Le Haut Chemin
14710 ENGLÉSQUEVILLE-
LA-PERCÉE
tel.: 07 57 85 06 34
lephemere-restaurant.fr

Brasserie

Chez François

A self-service style restaurant, Chez François offers homemade, locally inspired cuisine for breakfast, lunch, and afternoon snacks – the French touch for those in a hurry! Ideally located at Omaha Beach, next to the American Cemetery.

Open 7 days a week from February 13 to October 31, 8:30 a.m. to 6:30 p.m. during high season. Group bookings available. Events organized on request.

contact 

Route du Cimetière Américain
14710 COLLEVILLE-SUR-MER
tel.: 02 58 47 22 22

Brasserie

La Crémaillère

Located at the intersection between the beach, the American Cemetery and Pointe du Hoc, the La Crémaillère restaurant serves up simple, traditional cuisine. The set menu with all-you-can-eat buffet, dish of the day and dessert for €17.90 is guaranteed to delight your taste buds :)

Open all day, with groups welcome.

contact 

Route de Formigny
14710 SAINT-LAURENT-SUR-MER
tel.: 02 31 22 44 22

Brasserie

La Marine

By the early 20th century, the Café de la Marine was already a meeting place for villagers. From steak camembert to sole meunière and moules-frites, you'll be spoiled for choice.

Our recommendation: Don't miss the haddock and seafood gratin in cider ... all our local produce in one dish!

contact

1 Rue de la Libération
14450 GRANDCAMP-MAISY
tel.: 02 31 22 61 79

Brasserie

Le Central

Le Central is a lively, traditional brasserie. It's always busy at lunch-time, with tourists and locals alike enjoying a good meal. Dishes of the day, desserts of the day, pizzas, salads, crêpes and more, to be enjoyed inside or on the terrace (20 covers). In the evening, Le Central offers a warm welcome to families and friends amid a comfortable setting.

contact

15 Place Général de Gaulle
14230 ISIGNY-SUR-MER
tel.: 02 31 51 09 60
Le Central at Isigny-sur-Mer



ROTISSERIE

Wood fired Omelette de Père 'O'lard

AT Omaha Beach, in a 1940s atmosphere and within the Maison de Libération, discover the street rotisserie, grilled meats, oysters, mussels, fish and special omelettes offered up by Sébastien Olard. From May to mid-September, by reservation at least 48 hours in advance and subject to availability.

contact

27 Rue du Val
14710 SAINT-LAURENT-SUR-MER
tel.: 06 87 40 35 63
maison-de-La-liberation
Omaha-beach



crêperie

La Gavotte

Angèle welcomes you to her crêperie along the banks of the Aure River, where she serves customizable buckwheat galettes and sweet crêpes, all homemade with local ingredients.

The crêperie is open from Thursday to Monday, lunch and dinner.

contact (Petit chien)

2, quai surcouf
14230 ISIGNY-SUR-MER
tel. : 07 66 79 37 00

on the go

Aux Délices d'Alice

Aboard her foodtruck, Alice serves up sweet and savoury homemade crêpes made with fresh local produce. Hot and cold drinks are also available. On-site and takeaway catering. **OPENING TIMES:** From 1 May, every day (except Thursday) from 12:00 to 18:00.

contact

On the market square
in Vierville-sur-Mer
14710 VIERVILLE-SUR-MER
tel.: 07 81 61 28 98
aux.delicesdalice



on the go

L'Embusqué

In the heart of Omaha Beach, on the site of the D-DAY OMAHA Museum, come and enjoy quality cuisine in a genuine 1970s English double-decker bus, from Avril to the end of oct. In this unusual setting, the burgers and salads are sure to delight. With family or friends, L'Embusqué will delight your taste buds while you enjoy the terrace.

contact

Route de Grandcamp
14710 VIERVILLE-SUR-MER
tel.: 07 86 05 56 64
L'Embusqué



on the go

Eolia snack

The club house is the place to be for sailors, beach-goers and sports enthusiasts on Omaha Beach. Between sporting activities, they come here to enjoy a meal on the terrace with its panoramic view over the beach, or to enjoy a lunch break by the fire in low season.

Good to know:
meeting room available to hire

contact

Le Cavey
14710 COLLEVILLE-SUR-MER
tel.: 06 74 74 85 17
eolia-normandie.com

on the go

Le Camping d'Omaha

The restaurant, featuring a terrace with panoramic sea views, offers simple and friendly cuisine, ideal for families. In July and August, a takeaway service provides burgers and kebabs, while the crêperie delights guests in the afternoon with crêpes, ice creams, and granitas.

Open from April 3 to November 1, daily from 8:00 a.m. to 8:00 p.m.

contact

Rue de la Herode
14710 VIERVILLE-SUR-MER
tel. : 02 31 22 41 73

tea room

Aux Délices d'Alice AT THE FARM

Come and enjoy a delicious moment in a bucolic setting, just a stone's throw from Omaha Beach. The à la carte menu includes sweet and savoury crêpes, homemade desserts and local drinks. On-site catering.

From 29 March, open from 12:00 to 18:00.
Closed on Tuesdays and Thursdays.

contact

12 Vacqueville
14710 VIERVILLE-SUR-MER
tel.: 06 30 96 01 73
aux.delicesdalicealaferme

THE REALM OF ARTISTS AND ANTIQUE DEALERS

Admiring nature stimulates creativity and has already inspired more than one artist, both here and abroad, past and present! Painting, sculpture and pottery are just some of the artistic expressions to be found among our local craftspeople. Enter the world of the guardians of the past ... These passionate collectors present shops full of treasures, souvenirs and anecdotes from yesteryear.

Like a real Ali Baba's cave!

Les Trouvailles du Bessin

Flea market (Flohmarkt, Vloienmarkt, Loppemarked, Mercado de Pulgas, Mercato delle Pulci.)

A little bit of everything, for every budget! Vintage, antique and unusual items, costume jewelry, model collectibles, toys, and militaria.

OPENING TIMES: Open all year round
Variable timetables updated weekly and available on Facebook, Instagram and Maps



17, route de Bayeux
14400 TOUR-EN-BESSIN
tel.: 06 04 48 53 96

Facebook Trouvailles Du Bessin



Brocante Culture Grenier

Culture Grenier is an authentic and charming boutique set in the heart of the countryside, housed in a 19th-century barn just 10 km from Bayeux. Inside, you'll find a selection of antiques and quality vintage items, along with a wide range of antique tableware and cultural objects.

OPENING TIMES: : Open year-round, variable hours



429, rue du Douet Bérôt
14400 BLAY
tel.: 06 17 78 38 87
culturegrenier.fr



Chiner à Marée Basse

A true hidden treasure tucked behind a small side gate. As soon as you step inside, you enter a peaceful haven filled with wonders: decorative objects, jewelry, furniture, and garden finds... there's truly something for every taste!

OPENING TIMES: Open year-round, Friday, Saturday, and Sunday afternoons.



68, route de Bayeux
14400 TOUR-EN-BESSIN
tel.: 06 03 08 64 61



La Petite Station 70

The small shop at the Musée de la RN 13 (see p.24) offers vintage novelty toys, numerous model cars, books, and souvenirs. A must-see stop – both for the museum visit and for the shop!

OPENING TIMES:
Open year-round, daily from 2:00 p.m. to 7:00 p.m.



Ancienne RN13
14230 OSMANVILLE
tel.: 02 31 51 07 61
06 74 72 25 15
station70.org



La Poterie des Vieux Fours

In the heart of Noron-la-Poterie, an authentic potters' village, you'll find a 300 m2 indoor shop and a 3,000 m2 outdoor exhibition of culinary pottery and home and garden decor.

OPENING TIMES:
Open all year round, Tuesday to Sunday, 09:30 to 12:00 and 14:00 to 18:00.
Closed for the Christmas holidays



41, route des Potiers
14490 NORON-LA-POTERIE
tel.: 02 31 92 56 29
moulins-aublet.com



CRAFTSMEN AND ANTIQUE DEALERS

♥ **OUR FAVOURITE:**
NORON-LA-POTERIE

The first traces of pottery activity in the village of Noron-la-Poterie date back to 1745.

The famous stoneware jugs were made here, particularly those decorated with an embossed apple branch or gold enamel. These made it possible to easily store and transport calvados and cider. For a long time, they charmed tourists and distillers alike, before the arrival of the glass bottle at the end of the 19th century. During the First World War, Noron's clay pots were used by soldiers to store gunpowder. Today, there is only one potter left in the village.

info +

At **La Grange au Mohair**, you can buy handmade clothing made from Angora goat's wool.

See p.25



Atelier D'art
Roland Moulin

Roland Moulin, artist and sculptor, invites you to discover his studio: natural limestone, wood and terracotta. This artist has a predilection for the human body and busts, as well as faces and animals. Courses offered for beginners.

OPENING TIMES: All year round, 10:00 to 12:00 and 15:00 to 18:00

contact 

34, route des forges
14400 MOSLES
tel.: 09 55 30 22 23
rolandmoulin.blogspot.com




Galerie d'Aure & d'Arts

Open for two years now, the gallery offers an eclectic program blending figurative and abstract art. It showcases artists with diverse creative worlds and invites visitors to freely explore a rich range of contemporary art.

OPENING TIMES:
Opening times vary according to exhibitions.
Please call for information.

contact   (on a lead)

73, route d'Omaha Beach, Sainte
Honorine des Pertes
14 520 AURE-SUR-MER
tel.: 07 87 10 75 23
galerie.daure.et.darts 

Maison du Parc

Espace naturel sensible des marais des Ponts d'Ouve

NORMANDIE 

Découverte des marais,
Observation des oiseaux, sentiers
Exposition, boutique

Maison du Parc - Carentan-les-Marais
02 33 71 65 30 - parc-cotentin-bessin.fr

  #maraisverts



THE TOURIST OFFICE'S SERVICES



The Tourist Office team is on hand to help you organise your stay, find the best spots, make your life easier and offer you great deals. Don't hesitate!

Ticket OFFICE

Buy smart to explore our destination!

With the Isigny-Omaha Tourist Office's ticket office, you can take advantage of reduced-price tickets, fast-track tickets, great information, the best spots and great deals! You can also book your events at the Tourist Office.

➔ Our partners: Héli' Évènements, La Cité de la Mer, Le Mémorial de Caen, Le Flipper II.

Hey!

Even better, you can now book all the outings and events organised by the Tourist Office online via our website. You'll be spoiled for choice!

➔ isigny-omaha-tourisme.fr

explore normandy pass



Enrichissez votre visite

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EXPLORE
NORMANDY
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to the sites of D-Day and the Battle of Normandy.



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group service

Because there are so many questions to ask when organising a holiday with a group of children or adults, don't hesitate to contact Stessy, our pro/group assistance advisor, to help plan your trip in the Isigny-Omaha Tourist Destination. A special tourist brochure and website are also available.

➔ Further information on 02 31 21 46 00



Holidays with my dog!

How can I make the most of my stay in Isigny-Omaha with my dog? Thanks to the Toutouguide for furry friends available in our Tourist Information Offices, certified with the guide "Mes vacances avec mon chien", you'll find the answers to your questions: handy tips, suitable outings and places to go, useful contacts and more.

Everything you need for a perfect holiday!

In fine weather, 'doggie bars' are set up in front of our various tourist information offices.



A SHOPPING SESSION TO SNAG THE ULTIMATE SOUVENIR!

As well as information on your favourite holiday destination, our Tourist Information Offices also offer fantastic shops stocked with souvenirs.



Our must-haves?

Fallen for our 'Ici, on a le goût de la Liberté' Isigny-Omaha brand merch? Pen, cap, t-shirt, mug, tote bag ... You're sure to find something to delight, reminding you of your unforgettable holiday memories all year round!

Candy's shopping tip

'The 'Ici on a Goût de la Liberté' cap is a big hit! Its caramel colour appeals to both men and women'.



Little ones, teenagers and all those **curious about nature** will be delighted at the Maison de la Forêt shop!

All our addresses are provided on the back cover.



GETTING AROUND WITH ISIGNY-OMAHA

To discover our beautiful territory, you can of course use your car to reach all the hidden gems Isigny-Omaha has to offer. Other means of transport are also available: bus, train or bike. For an 'à la carte' trip, call on our partner taxi service at Grandcamp-Maisy Taxi.



Our tip for finding the best transport solutions in Normandy:

➔ the Atoumod! website or app.

A simple solution for finding itineraries, schedules and buying transport tickets, to discover the region, its beaches and historical sites.

BY TRAIN:

The Isigny-Omaha area is home to a train station and a railway stop:

- ★ **Lison station**
Good to know: Support for people with disabilities or reduced mobility.
- ★ **Molay Littry railway stop**



Grandcamp-Maisy Taxi


Grandcamp-Maisy Taxi offers taxi services with a 6-seater SUV. Our yellow taxi is available 24/7.

Whether you're visiting the D-Day landing sites or the wider region, or for any other private, business or medical trip,

Grandcamp-Maisy Taxi is here to make all your journeys as comfortable as possible.

OPENING TIMES:
Available all year round.

PRICES:
day rate: €2.00/km
night rate: €3.00/km
Pick-up: €3.20
5th-person supplement: €4.00
Sightseeing tour package; please contact us

CONTACT 

Across the region and beyond.
tel.: 06 72 79 30 34
grandcampmaisytaxi.com



More info

Need to make a short trip from your accommodation? The towns of Isigny-sur-Mer and Trévières offer a daily electric car-sharing service at very attractive rates!

secure.clem.mobi



BY BUS:

The Nomad bus network serves the coastline:

- Aure-sur-Mer,
- Colleville-sur-Mer,
- Saint-Laurent-sur-Mer,
- Vierville-sur-Mer,
- Louvières,
- Grandcamp-Maisy,
- Cricqueville-en-Bessin (with a stop at the Pointe du Hoc),
- Saint-Pierre-du-Mont
- Englesqueville-la-Percée,
- as well as other towns along the coast and Bayeux with its train station.

OPENING TIMES:
All year round.
Find details on nomad.normandie.fr

WHERE TO BUY TICKETS:
M'Ticket app, Grandcamp-Maisy Tourist Office or on board the coaches.

ACCOMMODATION



Find all the information on accommodation in the Isigny-Omaha destination on our website



DES ACTIVITÉS

pour un été animé



**Find out more about the events programme
et réservez on our website**

<https://isigny-omaha-tourisme.fr/mon-sejour/agenda-programme-animations-evenements/>

**And don't forget to follow us on
our social media**

f Isigny Omaha Tourisme
@ isignyomahatourisme
#IsignyOmaha



MARKET DAYS

To take advantage of our excellent products and taste the finer things in life, our local markets are a must!

Market days

TUESDAY
GRANDCAMP-MAISY
(starting at 7am)
TRÉVIÈRES
(small market from 4pm)

WEDNESDAY
ISIGNY-SUR-MER

THURSDAY
LE MOLAY-LITTRY

FRIDAY
TRÉVIÈRES

SATURDAY
ISIGNY-SUR-MER
(small market)
GRANDCAMP-MAISY
(small market in the fish-market hall, except in July and August)

SUNDAY
GRANDCAMP-MAISY
(July and August small market from 4pm)
LE MOLAY-LITTRY
(in summer)

TOUS LES JOURS
GRANDCAMP-MAISY
fish market

Night markets, summer markets, local markets and more.

GRANDCAMP-MAISY NIGHT MARKETS
Along the Quai Crampon, also known as Le Perré, with the stalls on your right, and the sea on your left.
Every Sunday in July and August, from 17:30 to 23:00.

ISIGNY-SUR-MER NIGHT MARKETS AND FREE CONCERTS
Thursdays in July and August

MARKETS IN TRÉVIÈRES
2 summer markets: please enquire.

LOCAL PRODUCERS' MARKETS
at the La Sapinière Farm in Saint-Laurent-sur-Mer
Wednesdays 16 July, 30 July and 13 August from 14:00 to 18:30.

Organisation and dates subject to change



sandra's
flavour
tips



Fresh fish, seafood and shellfish ... Every morning at the fish market in the port of Grandcamp-Maisy, 3 to 4 fishing boats offer up ultra-fresh products to fill up on trace elements!



Data for the port of Grandcamp-Maisy.

Allow an extra 5 to 15 minutes to calculate the tide times for Vierville/Mer, St Laurent/Mer, Colleville/Mer and Aure/Mer

JUNE

Date	High tide time	high tide coef.	High tide time	high tide coef.	Low tide time	Low tide time
01/06	11:18	71	23:30	71	06:04	18:21
02/06	11:53	70	---	---	06:39	18:55
03/06	00:03	69	12:26	68	07:13	19:29
04/06	00:36	66	13:00	64	07:46	20:02
05/06	01:11	62	13:37	59	08:21	20:39
06/06	01:51	57	14:22	54	08:59	21:21
07/06	02:39	52	15:16	50	09:43	22:11
08/06	03:37	48	16:24	47	10:35	23:10
09/06	04:44	47	17:31	47	11:35	---
10/06	05:50	49	18:32	52	12:40	00:15
11/06	06:52	55	19:29	60	13:49	01:22
12/06	07:52	64	20:24	69	14:57	02:29
13/06	08:52	74	21:19	79	15:59	03:33
14/06	09:51	83	22:13	87	16:57	04:33
15/06	10:47	90	23:04	93	17:52	05:29
16/06	11:41	94	23:54	95	18:44	06:22
17/06	12:33	94	---	---	19:34	07:12
18/06	00:42	93	13:22	90	20:22	08:01
19/06	01:30	87	14:10	83	21:10	08:48
20/06	02:17	79	14:58	74	21:58	09:35
21/06	03:06	69	15:50	64	22:47	10:23
22/06	04:00	59	16:52	55	23:39	11:12
23/06	05:05	51	18:01	48	---	12:05
24/06	06:18	47	19:02	46	00:36	13:02
25/06	07:24	46	19:55	47	01:37	14:04
26/06	08:19	49	20:42	51	02:40	15:05
27/06	09:08	54	21:23	56	03:37	15:59
28/06	09:50	59	22:02	61	04:26	16:46
29/06	10:28	63	22:38	65	05:08	17:27
30/06	11:04	67	23:14	69	05:48	18:06

JULY

Date	High tide time	high tide coef.	High tide time	high tide coef.	Low tide time	Low tide time
01/07	11:40	70	23:49	71	06:25	18:43
02/07	12:15	71	---	---	07:03	19:20
03/07	00:25	72	12:50	72	07:39	19:55
04/07	01:01	71	13:26	70	08:13	20:31
05/07	01:38	69	14:04	68	08:48	21:07
06/07	02:18	66	14:46	64	09:24	21:46
07/07	03:02	61	15:33	59	10:04	22:31
08/07	03:53	56	16:29	54	10:52	23:27
09/07	04:56	52	17:36	52	11:52	---
10/07	06:08	52	18:49	53	13:07	00:37
11/07	07:25	56	20:00	60	14:27	01:55
12/07	08:40	65	21:07	70	15:36	03:07
13/07	09:47	76	22:05	81	16:41	04:13
14/07	10:44	86	22:57	90	17:42	05:16
15/07	11:35	94	23:45	96	18:38	06:14
16/07	12:22	98	---	---	19:27	07:06
17/07	00:30	98	13:05	97	20:12	07:52
18/07	01:12	94	13:45	91	20:52	08:34
19/07	01:53	86	14:23	81	21:29	09:13
20/07	02:32	75	15:01	69	22:08	09:49
21/07	03:13	63	15:43	57	22:44	10:25
22/07	04:01	50	16:40	45	23:33	11:05
23/07	05:12	40	18:04	37	---	12:00
24/07	06:46	35	19:20	35	00:40	13:13
25/07	08:00	37	20:20	40	01:59	14:33
26/07	08:59	44	21:08	48	03:12	15:40
27/07	09:42	53	21:46	57	04:09	16:32
28/07	10:15	61	22:22	65	04:55	17:15
29/07	10:49	69	22:57	72	05:35	17:54
30/07	11:23	75	23:33	78	06:13	18:31
31/07	11:59	80	---	---	06:50	19:07

AUGUST

Date	High tide time	high tide coef.	High tide time	high tide coef.	Low tide time	Low tide time
01/08	00:09	82	12:33	83	07:26	19:42
02/08	00:43	83	13:06	83	08:00	20:15
03/08	01:17	82	13:39	80	08:30	20:47
04/08	01:52	77	14:14	74	09:01	21:19
05/08	02:31	70	14:53	66	09:34	21:57
06/08	03:16	61	15:44	57	10:15	22:48
07/08	04:18	52	16:56	48	11:13	---
08/08	05:45	46	18:28	46	12:39	00:02
09/08	07:22	48	19:56	53	14:13	01:35
10/08	08:48	59	21:07	66	15:29	02:56
11/08	09:49	74	22:00	81	16:38	04:08
12/08	10:37	87	22:46	93	17:38	05:11
13/08	11:21	97	23:29	100	18:28	06:06
14/08	12:01	102	---	---	19:12	06:53
15/08	00:09	102	12:38	101	19:49	07:33
16/08	00:46	98	13:12	95	20:23	08:09
17/08	01:22	90	13:45	84	20:54	08:40
18/08	01:56	78	14:16	71	21:21	09:08
19/08	02:29	64	14:48	57	21:50	09:34
20/08	03:04	49	15:27	42	22:28	10:04
21/08	03:55	36	16:46	30	23:36	10:53
22/08	06:13	27	18:46	26	---	12:25
23/08	07:41	28	19:59	32	01:27	14:15
24/08	08:50	38	20:51	44	02:55	15:26
25/08	09:29	51	21:27	57	03:51	16:14
26/08	09:56	63	22:00	68	04:35	16:55
27/08	10:26	74	22:35	78	05:15	17:34
28/08	11:00	83	23:11	86	05:53	18:11
29/08	11:35	89	23:46	91	06:29	18:47
30/08	12:09	93	---	---	07:04	19:21
31/08	00:20	93	12:40	93	07:39	19:54

SEPTEMBER

Date	High tide time	high tide coef.	High tide time	high tide coef.	Low tide time	Low tide time
01/09	00:53	91	13:11	89	08:08	20:24
02/09	01:27	85	13:44	81	08:38	20:55
03/09	02:05	75	14:24	69	09:09	21:31
04/09	02:52	62	15:16	55	09:50	22:22
05/09	04:01	48	16:39	43	10:51	23:44
06/09	05:50	40	18:28	41	12:34	---
07/09	07:40	45	20:02	52	14:14	01:31
08/09	08:55	60	21:03	68	15:32	02:58
09/09	09:42	76	21:47	83	16:34	04:06
10/09	10:20	90	22:27	95	17:25	05:02
11/09	10:57	98	23:05	101	18:09	05:49
12/09	11:32	102	23:41	101	18:46	06:30
13/09	12:05	100	---	---	19:19	07:05
14/09	00:16	97	12:36	93	19:47	07:36
15/09	00:49	89	13:07	83	20:15	08:03
16/09	01:20	77	13:35	70	20:38	08:27
17/09	01:48	63	14:02	56	21:00	08:48
18/09	02:17	49	14:33	41	21:32	09:12
19/09	02:57	35	15:25	28	22:31	09:54
20/09	05:37	24	18:07	22	---	11:26
21/09	07:07	24	19:23	29	00:49	13:48
22/09	08:15	35	20:19	42	02:24	14:56
23/09	08:56	50	20:57	57	03:18	15:42
24/09	09:25	64	21:31	71	04:01	16:23
25/09	09:56	77	22:06	82	04:42	17:02
26/09	10:31	87	22:42	92	05:22	17:42
27/09	11:06	95	23:19	97	06:01	18:20
28/09	11:40	99	23:54	99	06:37	18:57
29/09	12:12	98	---	---	07:14	19:31
30/09	00:29	96	12:45	92	07:46	20:04

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Du 30 MAI au 08 JUIN 2026, du 19 juillet au 16 août 2026.*

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Tourist Office
Classified in category II

CONTACT

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14230 Isigny-sur-Mer

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L'Embranchement
14490 Montfiquet



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