



# The tourist magazine FOR YOUR DESTINATION Isigny-Omaha

COURTERA OF THE TOURIST OFFICE



# PDO Isigny Butter and Cream Traditional cheeses



FOR YOUR HEALTH, PRACTICE REGULAR PHYSICAL ACTIVITY. WWW.MANGERBOUGER.FR

In this issue, you'll find all the ideas you need for your next holiday !

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### **#AT A GLANCE**







# Normandy Landings

### COLLEVILLE SUR MER

NORMANDY AMERICAN CEMETERY +33(0)2 31 51 62 00 p.20

OMAHA BEACH TOUR +33(0)6 26 76 93 71

**OVERLORD MUSEUM** +33(0)2 31 22 00 55 ... **p.16** (carried)

### CRICQUEVILLE-EN-BESSIN

LA POINTE DU HOC +33(0)2 31 51 62 00 p.15

#### **GRANDCAMP-MAISY**

MAISY ARTILLERY BATTERY +44 7411 932197

### LA CAMBE

GERMAN WAR CEMETERY +33(0)2 31 22 70 76 p.20

### MAISONS

JEEP N DODGE EXPERIENCE +33(0)6 88 14 86 04 - +33(0)6 33 80 26 29 p.21

### OSMANVILLE

p.16

GEFOSSE WN88 BUNKER +33(0)6 74 72 25 15 p.17

### SAINT-LAURENT-SUR-MER

OMAHA BEACH MEMORIAL MUSEUM +33(0)2 31 21 97 44

(carried)

LA MAISON DE LA LIBÉRATION +33(0)6 87 40 35 63 p.16

CIVILIAN MUSEUM, BEFORE, DURING AND AFTER THE WAR +33(0)6 31 44 72 51 p.17

### VIERVILLE SUR MER

D-DAY OMAHA MUSEUM +33(0)2 31 21 71 80 p.17

WORLD WAR II VETERANS MEMORIES +33(0)6 76 24 14 84 Independant tour guides p.21



### Sites to visit

### BALLEROY-SUR-DROME

CHÂTEAU DE BALLEROY AND BALLOON MUSEUM +33(0)2 31 21 06 76 p.26 (on a leash, only in the park and museum)

### BERNESQ

MOHAIR BARN +33(0)2 31 22 47 52 p. 29

### CASTILLON

LES JARDINS DE CASTILLON +33(0)2 31 92 56 03 Garden p.48

#### COLOMBIERES

FORTIFIED CHATEAU DE COLOMBIERES +33(0)2 31 22 51 65 ... (on a leash, only in the park)

### FORMIGNY LA BATAILLE

FERME DU LAVOIR +33(0)2 31 22 56 89 Cider farm p.58



#### **GEFOSSE-FONTENAY**

**CIDDRICCHUS SIMON'S CIDER** +33(0)6 98 82 32 26 Cider farm **p.58** 

### ISIGNY-SUR-MER

ISIGNY CARAMELS VISITOR CENTRE +33(0)2 31 51 39 89 p.55

WALT D'ISIGNY MUSEUM +33(0)2 31 51 24 00 p.28

### LE MOLAY LITTRY

MINING MUSEUM +33(0)2 31 22 89 10 p.27

### MAISONS

ALPAGA NORMANDIE MINIATURE ANIMALS +33(0)6 08 74 41 43 p.29



### OSMANVILLE

RN13 STATION 70 MUSEUM +33(0)6 74 72 25 15 p.28

### SAINT GERMAIN DU PERT

LES VERGERS DE ROMILLY +33(0)2 31 22 71 77 p.58

### SAINT LAURENT SUR MER

LA FERME DE LA SAPINIÈRE +33(0)2 31 22 40 51



# Leisure activities

### BALLEROY-SUR-DROME

**BESSIN MONTGOLFIÈRE** +33(0)2 31 22 69 66 Hot air ballooning **p.48** 

### COLLEVILLE SUR MER

LA NOÉ EQUESTRIAN FARM +33(0)6 86 72 90 59 p.41

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### ENGLESQUEVILLE-LA-PERCEE

HÉLI'ÉVÉNEMENTS +33(0)6 22 69 08 79 Helicopter flights ٩٠٠٦ (on the ground) p.18

### GRANDCAMP -MAISY

LE FLIPPER II +33(0)6 61 46 38 98 Boat trips p.35

**INTERCOMMUNAL SAILING SCHOOL** +33(0)2 31 22 14 35 p.37

NORMANDIE PÊCHE SPORTIVE +33(0)6 82 78 00 69 p.35

YANN NORMANDIDF PÊCHE +33(0)6 80 56 96 23 p.35

### ISIGNY-SUR-MER

LES EMBRUNS STABLES +33(0)2 31 10 75 22 Les Oubeaux (j) p.41

### LE MOLAY LITTRY

LE HARAS DES LOUVEAUX +33(0)2 31 21 66 11 p.41

### OMAHA BEACH

EOLIA (3 STATIONS) +33(0)2 31 22 26 21 Nature sports p.37

VÉL'OMAHA +33(0)6 52 01 45 91 Cycle hire p.45

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### SAINT LAURENT SUR MER

**H'OMAHA NATURE** +33(0)6 21 31 50 79 Nature sports p.39

**ELAN NATURE** +33(0)6 89 11 44 01 p.42

### TREVIERES

LES ÉCURIES DU BESSIN +33(0)2 31 92 35 05 n.41



# **Craft and** country fare

### AURE-SUR-MER

LA CRÉMERIE D'EMILIE +33(0)6 15 66 69 04 Dairy products p.56

### BERNESO

**MOHAIR BARN** +33(0)2 31 22 47 52 Mohair products p.29

### BLAY

**ROCK'N'BROC SECOND-HAND** CURIOUSITIES +33(0)6 17 78 38 87 p.53

### CARDONVILLE

**LE JARDIN ADELIS** +33(0)6 14 26 64 90 Market gardener p.56

### COLLEVILLE-SUR-MER

FERME DES MOUETTES +33(0)2 31 22 42 53 Cider-based products p.58

LA FERME DU CLOS TASSIN +33(0)6 88 48 82 27 Country fare p.56

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### ENGLESOUEVILLE-LA-PERCÉE

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FERME SAINTE CLAIRE +33(0)2 31 22 70 72 Cider-based products p.58

2023 EDITION

### FORMIGNY LA BATAILLE

FERME DU LAVOIR +33(0)2 31 22 56 89 Cider based products p.58

**(**j)

#### **GEFOSSE-FONTENAY**

**CIDRICCHUS SIMON'S CIDER** +33(0)6 98 82 32 26 Cider farm p.58

### GRANDCAMP-MAISY

**GALERIE PRINCIPALE (ERIC JOLY)** +33(0)2 31 22 74 18 Art gallery **4**;•}} p.53

**CARREFOUR CONTACT** Supermarket +33(0)2 31 51 91 91 p.57

#### ISIGNY-SUR-MER

LES HALLES D'ISIGNY +33(0)2 31 51 66 57 Caramels and country fare p.55

LE CAÏEU D'ISIGNY +33(0)2 31 92 05 81 Seafood p.56



LA MARE MITONNE +33(0)2 31 92 84 62 Organic bottled vegetables p.56

### LE TRONOUAY

LA CAVE DU TRONQUAY +33(0)2 31 92 57 23 / +33(0)6 50 59 94 35 Cider farm p.59

### MOSLES

**ROLAND MOULIN SCULPTURE** STUDIO +33(0)2 31 10 02 45 p.53

### NORON LA POTERIE

LA POTERIE DES VIEUX FOURS +33(0)2 31 92 56 29 Pottery ł∵₽ p.53

### SAINT GERMAIN DU PERT

**VERGERS DE ROMILLY** +33(0)2 31 22 71 77 Cider farm p.58



### SAINT LAURENT SUR MER

FERME DE LA SAPINIÈRE +33(0)2 31 22 40 51 Cider-based products الغ p.58

### SURRAIN

**COSMHANA** +33(0)6 07 88 93 35 p.57



www.isigny-omaha-tourisme.fr



## A stone's throw from Isigny-Omaha

### AZEVILLE

AZEVILLE ARTILLERY BATTERY +33(0)2 33 40 63 05

### CAEN

LE MÉMORIAL DE CAEN +33(0)2 31 06 06 45 p.21

### CARENTAN-LES-MARAIS

COTENTIN AND BESSIN MARSHLAND NATURAL REGIO-NAL PARK VISITOR CENTRE +33(0)2 33 71 65 30 n.48

LES BATELIERS DES MARAIS DU COTENTIN ET LA GUINGUETTE DES MARAIS

+33(0)6 83 60 08 12 Marshland boat trips and boat hire + restaurant p.49

D-DAY EXPERIENCE +33(0)2 33 23 61 95 n.22

ATTELAGES DE LA NICOLLERIE +33(0)6 03 21 49 93 Horse-draw tours p.49

### CATZ

NORMANDY VICTORY MUSEUM +33(0)2 33 71 74 94

### **CERISY-LA-FORET**

CERISY ABBEY +33(0)2 33 57 34 63 p.26

#### CHERBOURG EN COTENTIN

LA CITÉ DE LA MER +33(0)2 33 20 26 69 Maritime museum 0.39

### COMMES

D-DAY SHIPWRECK MUSEUM +33(0)2 31 21 17 06

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### CUSSY

**BAYEUX AVENTURE** +33(0)2 61 79 02 79 Treetop adventure trails **p.50** 

### <del>ري</del>ه

### DOUVRES-LA-DELIVRANDE

RADAR STATION FRENCH-GERMAN MUSEUM +33(0)7 57 48 77 32 p.23

### ECAUSSEVILLE

ECAUSSEVILLE AIRSHIP HANGAR +33(0)2 33 08 56 02

### NONANT

DRAKKAR CHOCOLATE FACTORY AND MUSEUM +33(0)2 31 10 00 05 p.55

### PORT-EN-BESSIN HUPPAIN

OMAHA BEACH GOLF COURSE +33(0)2 31 22 12 12 p.50

### QUINEVILLE

**WORLD WAR II MUSEUM** +33(0)2 33 95 95 95 p.22 (in a suitable bag)

### SAINTE-MARIE-DU-MONT

UTAH BEACH LANDING MUSEUM +33(0)2 33 71 53 35 p.23

### ST MARCOUF DE L'ISLE

CRISBECQ ARTILLERY BATTERY +33(0)9 82 57 61 92

### STE MERE EGLISE

COTENTIN FARM MUSEUM +33(0)2 33 95 40 20

AIRBORNE MUSEUM +33(0)2 33 41 41 35 p.23 (in a suitable bag)

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### VILLIERS-FOSSARD

JARDIN D'ELLE +33(0)2 33 05 88 64 Garden p.49



# Practical information

SHELLFISH GATHERING

MARKET DAYS

WALKING AND CYCLING ROUTES p.41 à 45

RESTAURANTS p.60/61

ACCOMMODATION



(j) Holidaying with your dog!

How to make the most of your Isigny-Omaha holiday with your four-legged friend.

Thanks to the Toutouguide, available in our recently certified 'Toutourisme' (canine tourism) tourist information offices, you'll find the answers to all your questions: great tips, suitable outings and sites, useful contacts, etc. all to make sure you have a really tailwagging holiday!

And on a fine day, you'll find clever 'doggy bars' (bars à toutou) in front of the door of our tourist information offices.



### Data for Grandcamp-Maisy harbour.

Please allow an extra 5 to 15 minutes for tide times in Vierville-sur-Mer, Saint-Laurent-sur-Mer, Colleville-sur-Mer and Aure-sur-Mer.

U,	JNF								ULY			-			-
	Date	Time high tide	Range high tide	Time high tide	Range high tide	Time low tide	Time low tide		Date	Time high tide	Range high tide	Time high tide	Range high tide	Time low tide	Time low tide
ĺ	01/06	08:34	61	21:01	66	03:10	15:34		01/07	08:48	62	21:14	67	03:22	15:50
	02/06	09:18	71	21:42	75	04:02	16:25		02/07	09:43	72	22:04	77	04:21	16:48
	03/06	10:03	79	22:24	82	04:52	17:14		03/07 04/07	10:36 11:28	81 88	22:54 23:43	85 90	05:17 06:10	17:42 18:34
	04/06	10:48	84	23:06	86	05:39	18:00		04/07	12:19	92	23.45		07:01	19:25
	05/06 06/06	11:33 12:20	87 87	23:49 :	88	06:24 07:07	18:44 19:28		06/07	00:32	93	13:09	93	07:49	20:13
- i	07/06	00:35	86	13:09	84	07:51	20:13		07/07	01:20	92	13:57	89	08:37	21:01
i	08/06	01:23	81	14:02	77	08:37	21:02		08/07	02:08	86	14:45	83	09:23	21:49
i	09/06	02:16	73	15:00	70	09:26	21:57		09/07	02:57	78	15:34	74	10:11	22:38
j	10/06	03:16	66	16:05	63	10:23	22:59		10/07	03:50	69	16:30	64	11:00	23:32
j	11/06	04:21	60	17:19	58	11:27	:		11/07	04:50	59	17:37	56	11:55	:
I	12/06	05:33	57	18:34	57	00:07	12:35		12/07	06:03	53	18:51	51	00:32	12:57
	13/06	06:44	58	19:34	60	01:14	13:41		<u>13/07</u> 14/07	07:19 08:23	50 52	19:54 20:47	51 54	01:38 02:45	14:03 15:09
	14/06	07:46	62	20:22	64	02:18	14:43	-	15/07	09:17	57	21:33	59	02:45	16:07
	15/06	08:39	66	21:05	68	03:18	15:40		16/07	10:04	62	22:14	65	04:39	16:56
	16/06	09:27	70	21:47	71	04:11	16:29		17/07	10:45	67	22:51	69	05:23	17:38
	17/06	10:12	72	22:27	73	04:57	17:12		18/07	11:21	71	23:27	72	06:02	18:17
	<u>18/06</u> 19/06	10:54 11:34	74 74	23:05 23:42	74 73	05:37 06:14	17:50 18:28		19/07	11:56	73	:		06:40	18:55
	20/06	11:34	74	23:42		06:14	18:28		20/07	00:02	73	12:30	73	07:16	19:31
i i	21/06	00:19	72	12:48	69	07:29	19:44		21/07	00:35	73	13:02	72	07:51	20:04
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j	23/06	01:30	61	14:01	58	08:41	20:57		<u>23/07</u> 24/07	01:39	62	14:05 14:39	65 59	08:51	21:03
Ì	24/06	02:07	56	14:40	53	09:16	21:34		25/07	02:49	56	15:20	52	09:54	22:17
	25/06	02:48	50	15:27	47	09:55	22:18		26/07	03:35	49	16:13	46	10:38	23:09
	26/06	03:38	45	16:29	43	10:42	23:10		27/07	04:36	44	17:26	42	11:37	:
	27/06	04:41	42	17:37	41	11:36	:		28/07	05:58	42	18:45	43	00:16	12:51
	28/06	05:50	42	18:38	43	00:09	12:37	1000	29/07	07:19	45	19:54	50	01:36	14:14
	29/06	06:54	46	19:32	49	01:13	13:42	1000	30/07	08:30	55	20:56	62	02:53	15:26
	30/06														
	50/00	07:52	53	20:24	58	02:19	14:48	1	31/07	09:34	68	21:53	75	04:01	16:31
A <sup>·</sup>			53	20:24	58	02:19	14:48		-	09:34	68 R R R	21:53	75	04:01	16:31
A	UGU Date	JST Time	Range	Time	Range	Time	Time	S	31/07 EP1 Date	DIN Time	B B R Range	Time	Range	Time	Time
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A	UGI Date 01/08	<b>JST</b> <b>Time</b> high tide 10:31	Range high tide 82	Time high tide 22:45	Range high tide 88	Time low tide 05:03	Time low tide 17:32	S	EP1 Date	Time high tide	BBR Range high tide	Time high tide	Range high tide	Time low tide	Time low tide
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### **#TOURISTOFFICE**

# Services available in tourist offices

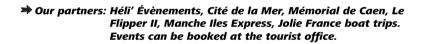


The team at the Tourist Office is at your disposal to help you arrange your stay, find the right addresses, make your life easier, and offer you deals. Consider stopping by!

.....

### **TICKET Service** To get where you're going while paying less!

The smart way to buy your tickets is through the ticket service at the Isigny-Omaha Tourist Office! Skip the gueue and get discount tickets, exclusive information, easy addresses, and good deals!





Since organising a trip with a group of children or adults brings its lot of questions, please feel free to contact Stessy, our professional group specialist, who is delighted to help you to create your project in your chosen destination: Isigny-Omaha. Our specialised brochure and website will also prove useful.

➡ Further information at : +33(0)2 31 21 46 00



### Gree wi-f

Tel.: +33(0)2 31 21 46 00 www.isigny-omaha-tourisme.fr



accueil@isigny-omaha-tourisme.fr

**OMAHA BEACH** 

Lotissement Omaha Center

**MONTFIOUET MAISON** 

14710 Colleville-sur-Mer

Reopening autumn 2023

April to October

**DE LA FORÊT** 

L'embranchement 14490 Montfiguet



OFFICE DE TOURISME

**Tourist Information Offices** 

**GRANDCAMP-MAISY** 26 quai Crampon 14450 Grandcamp-Maisy

ISIGNY-SUR-MER 16 rue Emile Demagny 14230 Isigny-sur-Mer

# This booklet offers a number of discounts\* at various tourist

sites in the Isigny-Omaha area (Normandy Landing museums, recreation, cultural heritage, and local foods and crafts). It'd be a shame to miss out!

➡ Find out more in one of the Isigny-**Omaha Tourist** Offices.

\*Service providers in the Pass Réduc grant these discounts and are committed to honouring them.

Service registered in the travel operator registry under the number IM014170004





www.isignv-omaha-tourisme.fr



### Consult the events calendar on our website



07

Don't forget to follow us on social media !

Isigny Omaha Tourisme
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 #IsignyOmaha

# Tips for your stay IF YOUR SCHEDULE IS TIGHT

It's not easy to come up with a holiday plan when there are so many things to choose from! And of course the weather, the mood of the day, and the time available can all affect your plans. So to make your job easier, here are a few suggestions drawn from our own regular habits, our little bits of heaven, and our favourite stomping grounds.



### #ISIGNYOMAHA



### Saturday: Hooray, it's holiday time!

Once your bags are unpacked, hurry over to Omaha Beach for a swim! It's a good evening for quiet dining in a small café and an ice cream by the seaside before slipping into bed to dream about what's in store for the week ahead.

### Sunday: Beach day

**Morning:** See the towering cliffsides of Sainte-Honorine des Pertes **(1)** and catch some mussels (p.34).

**Afternoon:** Stroll along the famous Omaha Beach and explore its dunes.

**Evening:** Browse the night market at Grandcamp (July-August) and wander aimlessly past the docks.

### Monday: Delights from Isigny-Omaha

**Morning:** Explore the foreshore and the oyster farms (July-August) or try other specialities at a cider farm **(2)**. (p.58-59)

**Afternoon:** Visit Isigny's caramel factories and browse local crafts. (p.52 to 59)

### Tuesday Landing beaches

**Morning:** Meet up in the American cemetery in Collevillesur- Mer **(3)**, then visit the German cemetery in La Cambe. **Afternoon:** Go to Pointe du Hoc by land or sea and visit D-Day museums. (p.15-23)

### Wednesday: At your own pace!

**Morning:** Take in the Isigny-sur-Mer market and try the famous sausage sandwich.

Afternoon: Explore Isigny- Omaha on horseback (only during the school holiday season) (4) or ride in the forest or through the verdant Normandy countryside. (p.41)

**Evening:** Watch the sunset on Omaha Beach.

### Thursday: Fun day!

**Morning:** Take a trip out to sea. And why not try your hand at sand sailing? (p.35 and 37)

**Afternoon:** Go boating at the intercommunal sailing school or Eolia, and test your balance on a stand-up paddle or fat bike. (p.38)

# Friday: Get in touch with nature

**Morning:** Discover the swamps and go stork-watching **(5)** on a hike. (p.43)

**Afternoon:** Visit the Mill at Marcy, or the Mining Museum (p.27), then admire the sun setting over the countryside from a hot air balloon heading off from Balleroy (p.48).

### Saturday : Before you leave... a little touch of originality!

There are several options, from a memorable moment with the Mohair Barn goats or with the alpacas in Maisons, a childhood experience at the Walt d'Isigny centre, or a tour of the RN13 Museum.

Fun times ahead! (p.28 and p.29)



# IF YOU'RE SEAYING FOR 2 days

### Day 1: The Normandy Landing beaches

**Morning:** Visit the history museums as a family to better understand the Landings, stop at the souvenir shop, take a contemplative stroll through the American Cemetery

**Afternoon:** Reflective moment on the Landing site at Omaha Beach, admire The Brave sculpture in Saint-Laurent-sur-Mer, lunch on a balcony, explore Pointe du Hoc, tour the Maisy artillery battery, visit the German War Cemetery. And what if you continued your tour aboard a period vehicle? (p.20 and 21).

Evening: Elegant seafood dinner

# Day 2: Local specialities and cultural heritage

**Morning:** Visit Isigny's caramel factories and go shopping, take a short stroll through Cerisy Forest (p.47)

Afternoon: Outdoor lunch, visit a gorgeous castle (p26/27) and admire the gardens of Castillon (p.48)

# Herveline's checklist for keeping the kids occupied in the summer

- Sail away as a family. (p. 35)
- Take a horse or pony ride. (p. 41)
- Join the enthusiasm of a range of family workshops (p.47)
- Do giant drawings on the beach (p.39)
- Walk along the Bay of Veys and watch the seals or stroll through the marshes to spot a few storks => Keep your distance and keep a low profile so that you
- don't disturb them!
- Visit La Grange au Mohair for free, and pet the goats. (p.29)
- Discover the fabulous Walt d'Isigny Museum. (p.28)
- Go on a treasure hunt with your family. There are five for you to choose from! (p.29)

# HISTORYAND MEMORY

Normandy American Cemetery

ww.isigny-omahartourisn

# ONE YEAR BEFORE THE BOLD AND OF D-DAY 79 years ago BUTNOT SO LONG AGO

#HISTORYANDMEMORY

In the spring of 1944, the Second World War seemed to have reached a stalemate. Hitler and his generals were sure that the Allies would land in Europe, but where? The Third Reich built up the 'Atlantic Wall' to stop an invasion by Great Britain. The British, American, and Canadian Allies came up with a grand plan to disrupt the German Army from the French coastline: Operation Overlord.





The battle plan: to launch a simultaneous assault on five coastal areas of Normandy, in western Calvados and the eastern Channel coast.

On 5 June 1944, under General Eisenhower's command, the operations began with the aerial then naval bombardment of the German defenses before the landing beaches and the artillery located further inland.

June 6th brought 'The Longest Day': Thousands of ships crossed the Channel, bringing infantry and armoured vehicles to attack the German Army from the beaches. Meanwhile, Pointe du Hoc was scaled and captured by American Rangers. This amphibious operation, codenamed 'Operation Neptune', marked the start of the Battle of Normandy. This was the most important phase in Operation Overlord, which sought to create an Allied beachhead in Northwestern Europe and a new Western Front.

3

Once the beaches and surrounding areas had been captured, they had to be cleaned and cleared of debris to allow the larger-scale landing of troops and supplies. The Allies set up two harbours (Project Mulberry) on two of the beaches taken, Omaha Beach and Gold Beach. In the entire history of the Normandy Landings, their construction was the most demanding project, and of the greatest technical prowess.

 D-Day Festival
 Military vehicle parade in Isigny-Omaha during the June festivities.

2 • The GIs from the 116th Infantry Regiment/29th Infantry Division Medal awarded by the National D-Day

Memorial in Vierville-sur-Mer **3 • Veterans: Our war heroes** Isigny-Omaha hosted the Best Defense Foundation at its schools in 2018

# DIA YOU KNOW?

The harbour (known as Mulberry A) in Saint-Laurentsur-Mer was destroyed by a storm not long after it was built. One of its floating piers is now on display at Vierville-sur-Mer.

# **D-DAY YESTERDAY**

The number of Allied soldiers who landed on the Normandy beaches on D-Day of Operation Neptune.

.....

THE NUMBER OF ALLIED PLANES THAT FLEW ATTACK AND SUPPORT MISSIONS ON

DDAY





The number of women buried in the American Cemetery in Colleville-sur-Mer.

Women played a major role during the Battle of Normandy, serving as labourers, resistance fighters, and auxiliary nurses in the Army. In figures

The number of obstacles and traps deployed by the Germans on the Normandy beaches.

# 200 000

# 10 500

The number of Allied losses at midnight on 6th June.



**2I 222** 

The number of German soldiers buried in the German Cemetery in La Cambe. Most were only 18, 19, or 20 years old. They comprised POWs, Hilter Youth and many others engaged by the Nazi regime in a war they had never wished to wage.



### IISTORYANDMEMORY

5:00 am

06:45 am

6:00 pm

13

# $\sim$ LANDMARKS

12:05 am



The moon is nearly full and over 5,000 tons of bombs have been dropped by Allied planes onto the German artillery along the coast from Le Havre to Cherbourg.

Hitler is asleep, and his staff feel it unwise to wake him. Awaiting the Allies in Calais, the Germans do not think a massive landing could happen in Normandy.



Day breaks and the tide is low. The plan calls for the Allies

to land some 5,000 ships on

5:58 am



the beaches of the Normandy coast. 'Utah' and 'Omaha', were the two names given to the American sectors.

On Omaha Beach, a massive and totally exposed shore, the Landing becomes a nightmare. Heavily strapped soldiers sink to the depths. Others perish under German gunfire.





From London, De Gaulle declares, 'The final battle is joined!' Of the 156,000 Allied soldiers who land, 10,000 are killed or injured. The Germans lose around 6,500 men.



Colonel Rudder confirms that the WN75 at Pointe du Hoc, a 30m cliffside, is partially under control after the heroic attack by the 225 Rangers under his command.



2023 EDITION



### The Lady of Trévières

This bronze statue was sculpted in 1921 by Monsieur Edmond Le Tual de Laheudrie and represents an allegory of victory. Mutilated by shellfire, it was deliberately left in the same state, so that the history of this French town may always remain visible.

A copy produced in the United States was unveiled in 2002 by Georges W. Bush, at the entrance to the National D-Day Memorial in Bedford.

Join our Rallye-Jeu, a playful rally to discover the town centre with your children! (p.29)



# DIA YOU KNOW ?

**The Ritchie Boys** Trained in psychological warfare, the Ritchie Boys were a group of 10,000 mostly Jewish Germans who had fled Nazi Germany and chosen to join the U.S. Army. Their main goal: study and demoralise the enemy in order to achieve unconditional surrender. The Ritchie Boys helped break the German defenses by fighting enemy troops in overt or covert operations. After the war, many Ritchie Boys served as interpreters in the Nuremberg Trials. Many of them went on to shining careers



> Visit the Ritchie Boys exhibition in Colombières (p.27)

### Commandant Kieffer

www.isigny-omaha-tourisme.fr

**Commandant Kieffer** Philippe Kieffer will be remembered for playing an important role in the Normandy Landings. Leading a unit of 177 men, the only French soldiers to take part in the operation (1er Bataillon de Fusiliers Marins Commandos, later known as the Green Berets), he landed at Sword Beach in Colleville-Montgomery. Despite significant casualties and injury to himself, he achieved his goal, and began the liberation of Ouistreham. After the war, the Liburton of Commander moved to Grandcamp-Maisy.

# **D-DAY TODAY**

Admire the headlands, explore the batteries and the museums, visit the American and German cemeteries and set foot on the sandy beaches that will take you back to the heat of the Landings. Imagine the deafening sound of gunfire, the panic among the soldiers, their cries and the trap that was gradually closing in on them...



These stainless steel sails sparkle in the sunlight on the legendary sands of Omaha beach, in Saint-Laurent-sur-Mer. Created by the artist Anilore Banon, this exceptional sculpture can be admired from afar, boasting 15 metres in length and 9 metres in height. As they reach towards the skies, amidst the ebb and flow, these monumental sculptures break the waters, as did some 35,000 GIs on the dawn of D-Day. At the entrance to Grandcamp-Maisy, some 12 tonnes of steel reach out to a height of 20 metres, forming the 'V' for Victory. Created by the Chinese artist Yao Yuan, this striking statue was donated to the people of Normandy by the China World Peace Foundation, on the occasion of the 60th anniversary of the Normandy Landings.

### 2023 EDIT

1 • The Brave, sculpture by Anilore Banon, in Saint-Laurent-sur-Mer 2 • US flag-lowering ceremony

A solemn and emotional moment, every day at the Normandy American Cemetery



# Why and how ?

### For the Landings to succeed, the right weather conditions were crucial:

- a clear night under a full moon for advance bombings
- calm winds for the paratroopers
- low tide at dawn to see the many traps set on th beach
- few waves at shore.

Eisenhower planned the operation for Monday 5 June 1944, but cloudy skies and rough seas forced the postponement of the Allied Landings. Hoping for a moment of calmer weather, Eisenhower approved the launch of Operation Overlord for the morning of 6th June.



### D-Day, 07:00 am

The first Rangers attempted to scale the 30-metre-tall cliff with hooks and ladders to reach the bombarded summit and clear the way for the other soldiers. It was one of the most difficult battles on D-Day. Today, the breathtaking scars are still visible, bearing witness to the heroic action of the American soldiers.

These sites are steeped in gravity and it is a chilling experience for visitors to the artillery battery to imagine the violence of the assault, over a tour of the firing command station, casemates, bunkers and craters.





There is a free 'Pointe du Hoc' mobile app; download it before you come.







# **D-DAY MUSEUMS**

No trip to Isigny-Omaha would be complete without touring the museums! They're a gold mind for history buffs, military vehicle enthusiasts, espionage lovers, would-be explorers and curious youngsters. They're also a reminder of the terrible years of war that affected millions of lives.

### OVERLORD MUSEUM 🟶

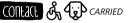
Located 500m from the Normandy American Cemetery in Collevillesur-Mer and the famous Omaha Beach, the Overlord Museum hosts a unique collection of over 10,000 displays covering the history of the Battle of Normandy up to the liberation of Paris. The 6 belligerent armies are shown via life-size period scenes that combine soldiers' personal effects and over 40 vehicles, tanks and guns. 2,200 m<sup>2</sup> of completely immersive exhibition space.



RATES : Adult : €9,50 / Student, Child (7 to 15) : €7 <u>OPEN:</u> 01/06>31/08: 9:30am to 7pm 01/04>31/05 and Sept: 10am to 6:30pm 01/10>30/12 and 11/02>31/03: 10am to 5:30pm

.....

Closed : 24, 25,31 Dec. and from 01/01 to 10/02



Lotissement Omaha Center Rond-point du cimetière américain 14710 COLLEVILLE-SUR-MER Tel.: +33(0)2 31 22 00 55 www.overlordmuseum.com

# LA MAISON DE LA LIBÉRATION

The Flowers of the Resistance welcome you to the first house freed by the Americans on the morning of 6 June 1944 in Saint Laurent sur Mer. D-Day site devoted to the Resistance fighters, to the TOP SECRET operation of the SUSSEX/

PROUST PLAN and Mission ASCAIN, which took place during the night of June 5-6 and to the memory of the paratroopers from 101st Airborne lost over Omaha: the 'Stone of Remembrance' to Allies and the civilians. Unaccompanied tour of outdoor areas from 10am to 6.30pm. Private guided indoor tours: Every day from 6.30 to 7.30pm and on Wednesdays from 2.30 to 7.30pm. All visits to the Maison de la Libération are exclusively by appointment, made by phone or e-mail (contact@maisondelaliberation.fr) and are subject to availability. The 'Omaha Vigils', by appointment, at 9pm (visit, film projection and testimonies).



<u>RATES:</u> Donation to the association «Les Fleurs de la Résistance». <u>OPEN:</u>

01/05 > 12/09

27 rue du Val 14710 SAINT-LAURENT-SUR-MER Tel.: +33(0)6 87 40 35 63 www.maisondelaliberation.fr

# OMAHA BEACH 🟶 MEMORIAL MUSEUM

Delve into the history of the Landings. 200m from the beach, the Memorial Museum has, for the past 28 years, paid homage to the soldiers who landed on our beaches. Numerous dioramas, a large collection of memorabilia, archive photos and a 25-minute period documentary, accompanied by witness accounts from veterans, highlight the courage of these men who came to set us free. The visit is suitable for children and is unaccompanied.



RATES: Adult : €7,50 / Student (16 à 25 ans) : €5.80 / Child (7 à 15 ans) : €4,50 <u>OPEN:</u> 01/06>31>08: 9:30am to 7pm April, May and Sept: 9:30am to 6:30pm March: 10am to 6pm; Otc, Nov: 9:30am to 6pm





Avenue de la Libération 14710 SAINT-LAURENT-SUR-MER Tel.: +33(0)2 31 21 97 44 www.musee-memorial-omaha.com

### «If I were told the story of Omaha Beach»

They were aged 9 and 21; they lived near the beach of the golden sands when, in 1944, it became... Omaha Beach! Eight witnesses tell their stories over this poignant documentary film available on YouTube.



SI OMAHA BEACH M'ÉTAIT CONTÉ



### 2023 EDITION

### CIVILIAN MUSEUM. **BEFORE. DURING AND** AFTER THE WAR

Come and discover an exhibition on day-to-day life via ordinary objects in the kitchen, bedroom, bathroom, wardrobe, etc. Focus on a number of objects used during the occupation.

### Great idea: quest rooms available nearby.



RATES: Adult : €5,50 Child (8-16 ans) : €4.50 OPEN: 01/02 > 30/09 From 2pm to 6pm. 1/10 > 31/01 by appointment, except during school holidays, when open from 2.30 pm to 6 pm.

CONFACE

8 rue Durant 14710 SAINT-LAURENT-SUR-MER Tel.: +33(0)6 95 11 29 24 +33(0)6 31 44 72 51 www.cmlesvignets.com

# D-DAY OMAHA 🟶 MUSEUM

Thousands of original exhibits on display in the very heart of Omaha Beach, in a genuine American period building. Located between the Normandy American Cemetery and Memorial and Pointe du Hoc, this museum boasts a brand-new scenography and a unique collection of treasures, including an Enigma machine, an FG 42 rifle, a Goliath tank, original landing barges, material used by the Resistance, excavation equipment, etc. all reunited over 50 years by a family with a passion and a will to pass on this precious heritage. Fresh local produce awaits you aboard the nearby Embusqué food truck.



RATES: Adult: €7 / Student: €5,50 / Child (8 à 15 ans) : €4 OPEN: 01>06>31/08: 10am to 7pm 01/04>31/05 and Sept: 10:30am to 6pm

Route de Grandcamp Maisy 14710 VIERVILLE-SUR-MER Tel.: +33(0)2 31 21 71 80 www.dday-omaha.fr





### Maisy Battery 🚼

Come and see this former German military post comprising 2.5 km of trenches, tunnels, emplacements for six 155mm artillery platforms, and other underground facilities. This large German battery opened fire on the liberating forces, vehemently defending Utah and Omaha Beaches. Its final assault, by one of the battalions of American Rangers on 9 June 1944 was to last 5 long hours! This visit is unaccompanied and maps of the site are available on request. Bring a torch, and boots if it is raining. Ticket sales close 1 hour prior to site closure.



### **Bunker WN88 in Géfosse**

Don't miss this tour! Every Sunday morning at 10am, Luc Le Gleuher, a colourful character, offers a guided tour of the 'WN 88', a former German bunker located in Géfosse-Fontenay. You'll learn the entire history of this element of the Atlantic Wall, in perfectly preserved condition. Booking required.



2023 EDITION

# **THINGS TO SEE AND DO**

A tour of the museums on Omaha Beach is not the only way to learn the story of the D-Day Landings. You can discover these emblematic sites in a number of different ways: from above, by bike, aboard a kayak or in the company of a specialised tour guide, who can offer a simple insight into historic events and the landscape around you.



Raïssa's

eco-frienaly advice

Indulge yourself in a panoramic flight aboard an Écureuil helicopter to seat 6 passengers! From the skies, discover the striking site of Pointe du Hoc and the incredible Normandy American Cemetery, by

Omaha Beach - a truly original insight into the immensity of the task undertaken by the Allied soldiers.

# see pointe du hoc from the sea



See the Pointe du Hoc like you've never seen it before! Paddle a kayak around the foot of the cliff that was captured by the Rangers on the morning of 6 June 1944. Today, they are home to one of the largest shearwater colonies in France. These birds are well-sheltered at this rocky site. It's easy to see why so many soldiers didn't make it to the top!



### # HISTORYANDMEMORY



# Guided Lours of the Tourist Office

### **Tell Me About Omaha**

During a walking tour, your guide will tell you how, in just a few hours, the magnificent 'Beach of the Golden Sands' became the tragic 'Bloody Omaha'.

<u>RATES</u>: Adult - €6 / Child (age 5 to 12): €3 <u>OPEN</u>: July and august on Thursdays and during school holidays <u>PLACE</u>: Saint-Laurent-sur-Mer

> Tell Me About D-Day on Omaha and Utah tours

### Tell me about Omaha

In a horse and carriage Climb on board a carriage drawn by Norman Cob horses and head off for a gentle tour of the famous commune of Vierville-sur- Mer (Omaha Beach).

<u>RATES</u>: Adult - €20 / Child (age 5 to 12): €15 / Family: €60 <u>OPEN</u>: July and August, on some Thursdays and during school vacations. Duration: 2.5 hours PLACE: Vierville-sur-Mer

CONLack Tourist Office, Tel: +33(0)2 31 21 46 00

# original !

 OMAHA BEACH
 D-DAY STORY
 Commented electric fatbike ride



➡ Information on Eolia p.37





## D-DAY FESEİVAL NORMANAY

Every year on 6th June, the towns, villages, associations and Tourist Offices in the vicinity of the Normandy Landing beaches celebrate their return to freedom with the D-Day Festival, a programme of tourist and popular events and demonstrations, in complement to the commemorative ceremonies.

The official programme includes over 100 events from Utah Beach to Sword Beach.

The D-Day Festival Normandy awaits you from 27 May to 18 June 2023. We are all already on the move to make sure you find a rich and varied programme to commemorate the 79th anniversary of the D-Day Landings.



### # HISTORYANDMEMORY



### Normandy American Cemetery 🐳

Overlooking Omaha Beach, this 70-hectare cemetery is the final resting place of over 9,300 soldiers who fell in combat during the Normandy Landings. The Visitor Center pays respects to the courage and sacrifice of those who are laid to rest here. The Chapel, the Memorial, and the Garden of the Missing honour their memory. The powerful image of this vast and solemn garden of 9,300 white crosses leaves no visitor unmoved. Don't miss the raising or lowering of the flag. A unique, captivating moment.

Self-guided visit or guided tour. Picnicking is prohibited within the cemetery and car park. RATES: Free OPEN: 1st April to 30th September: 9am to 6p.m. 1st October to 31st March: 9a.m. to 5p.m. Last entry 15 minutes prior to closing.





# 

Set up and maintained by the VOLKSBUND (Maintenance Department for German Military Tombs), the cemetery houses the graves of over 21,200 German soldiers. 1,220 maple trees were planted here as living symbols of peace and reconciliation between nations. The new trilingual exhibition addresses the themes of Man in wartime, German tombs, the civilian population, the meaning of commemorations and the duty to remember. The complexity and tragedy of war are showcased.

Self-guided visit: Allow 1 hour to 1 hour 30 minutes. **RATES:** Free

OPEN: 1st April to 31st October: 8a.m. to 7p.m. 1st November to 31st March: 8:30a.m. to 5p.m.

Saturday and Sunday: Open at 9a.m.



www.isignv-omaha-tourisme.fr

ONE YEAR BEFORE THE 80th 2001/0015214 OF D-DA



# OMAHA 🏶 **BEACH TOUR**

<u>RATES:</u> From €18/person for 40 minutes, €34/person for 1 hour 15 minutes.

No booking required from 15 July to 15 August. With or without booking on-site the rest of the season.

### CONFACE (small dog)

American Cemetery access roundabout **Lotissement Omaha Center** 14710 Colleville-sur-Mer Tel.: +33(0)6 26 76 93 71



#### 20 2023 EDITION

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# WORLD WAR II 🕀 VETERANS MEMORIES

Florent and Jenny have devised several itineraries aboard a genuine period Jeep (immersion guaranteed!) or a luxuriously equipped van with foldaway step. Whether you choose a few hours or several days, these tours include a host of key sites associated with the Normandy Landings, over some fascinating tales and anecdotes.



### OPEN: All yea

Jeep (max 3 passengers) - 1h45/€150 half day/€350 - full day/€550 Van (max 8 passengers) - half day/€300 - full day/€500

### CONFACE 🖑

Plages du Débarquement tél : +33(0)6 76 24 14 84 ww2veteransmemories.org

# OPT FOR A FOUR APOARA A PERIOD VEHICLE!

# JEEP N DODGE

Bastien and Nicolas are two brothers with a passion for the history of the Normandy Landings. They propose a unique experience aboard their historic vehicles dating from 1944 (a Willys Jeep and a Dodge WC 51). Let them take you on a journey in the footsteps of the Allies and an insight into some of the most emblematic D-Day sites, with period images and some fascinating tales along your way.



<u>RATES:</u> €50 to €240 (30 minutes to 2 hours). Prior booking is mandatory. Not suitable for children aged under 8. <u>OPEN:</u> All year

CONFACE

Moulin de la Fosse Soucy 14400 MAISONS Tel.: +33(0)6 88 14 86 04 +33(0)6 33 80 26 29 www.jeepndodgeexperience.com



### Azeville artillery battery 🕏

The site comprises four casemates and 350m of underground galleries housing ammunition holds and serving as shelter for the garrison. An audio-guided tour (7 languages, adults/children) explains the construction of this element of the Atlantic Wall, the daily lives of its garrison, relationships with the locals, camouflage painting, the battle in June 1944. Guided tours by appointment on Tuesdays (adults) and Wednesdays (families) at 10am during school holidays. On Thursdays at 6 pm, on Friday at 5pm (families) during summer holidays.

<u>RATES:</u> Adults: €8 / Children (7-18 years): €4

Guided tour: +€1. Audio guide in English, Dutch, Portuguese, Spanish, Italian, German and French. Children's version in English, Dutch, French and German. Guided tours in English exclusively by appointment.

6/02 to 7/04 and from 23/09 to 11/11: 1pm to 6pm (closed on friday and saturday) 8/04 to 07/07 and from 1st to 22/09: 10am to 6:30pm 8/07 to 31/08: 9:30am to 7pm

### CONFACE

La rue 50310 AZEVILLE Tel.: +33(0)2 33 40 63 05 www.manche.fr/patrimoine



### Mémorial de Caen, visitor centre 🗘

From the origins of the Second World War to the end of the Cold War, the museum areas at the Mémorial visitor centre tell of the most tragic pages in 20th century history. During school hoildays, make the most of guided tours specially designed for families.

From 24 June, make sure you don't miss our new temporary exhibition: 'Années pop, années choc' (Pop years, shock years).

Save time by purchasing your tickets through our new on-line ticketing service on our website.

RATES AND OPENING HOURS: normandy.memorial-caen.com

CONFACE &

CS 55026 14050 CAEN Tel.: +33(0)2 31 06 06 45 www.memorial-caen.fr



www.isigny-omaha-tourisme.fr

### #HISTORYANDMEMORY



### **D-Day** Experience



flight simulator, giant screen 3D cinema, memorial in memory of the airborne troops, military antique store and souvenir shop. <u>RATES:</u> With or without cinema - Adults - €9,90 to €19,90 Children (6-17 years) - €6,90 to €15,90 Families (max 3 children) - €45 to €65

OPEN: 01/10 to 31/03 - 10am to 6pm / 01/04 to 30/09 - 9.30am to 7pm

### CONFACE

D-DAYMUSEUMS

2 Village de l'Amont Saint-Côme-du-Mont 50500 CARENTAN-LES-MARAIS Tel.: +33(0)2 33 23 61 95 www.dday-experience.com On-line store : www.paratrooper.fr



#### < 1 **Normandy Victory Museum**

Airfield), offers several activities including an obstacle course, an armoured vehicle tour in a British troop transport vehicle. On site, there is a large car park, a multi-purpose hall and a restaurant, the A10 Canteen

<u>RATES:</u> Adult - €9 / Child (age 7 to 17): €6 reduced rate : €6, family : €30 <u>OPEN:</u>

April to Oct: everyday/ Nov. to March: only weekend and school holidays / closed on January

### CONFACE 🖓 💮

Tel.: +33(0)2 33 71 74 94 www.normandy-victory-museum.fr



### Airship hangar in Écausseville

structure offers a four-step visit: Its history, the Battle of Montebourg in 1944, the 1944 battlefield tour, and the hangar tour.

Rest of the year: 2p.m. to 6p.m. Closed from Dec. to March inclusive (excluding February school break).

### CONFACE 🗞 🐼

La Lande 50310 ÉCAUSSEVILLE Tel.: +33(0)2 33 08 56 02 www.aerobase.fr



### World War II Museum

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the second word way, wa minersive scenes that plunge visitors into the wartime atmosphere. Walk down a typical street from the 40s, ful-ly rebuilt complete with stores and houses. Numerous period vehicles and pieces of equipment, with an original blockhaus included in the visit looking out over the anti-tank wall that still remains on Quinéville beach. For the first time, discover the Second World War at 1/6th scale. An must-see only 10 minutes from Sainte-Mère-Eglise.

RATES: Adult: €9 / Child: €6

March 29 to August 31: 10a.m. to 7p.m. Sept. and Oct. : 10 a.m-6p.m.

#### CONFACE & 🔅 (In a suitable bag)

18 avenue de la Plage 50310 QUINEVILLE Tel.: +33(0)2 33 95 95 95 www.worldwar2-museum.com



### Crisbecq Battery



Immerse yourself in the largest artillery battery along the Normandy Landing beaches, the famed site where the first shot was fired at dawn on 6 June 1944.

See the entire German battery with its 22 underground blockhauses, refurnished to their original state, a surprising complex of bunkers and trenches across a vast 12-acre site. More than just a battery: a genuine

RATES: Adult - €10.50 / Child (age 6 to 14): €6.50

July 1 to August 31: 10a.m. to 7p.m. April 1 to November 11: 10 a.m-6p.m.

### CONFACE (2)

A1 route de Crisbecq 50310 SAINT-MARCOUF-DE-L'ISLE Tel.: +33(0)9 82 57 61 92 +33(0)6 68 41 09 04 www.batterie-marcouf.com



### # HISTORYANDMEMORY



#### **ZD** Utah Beach - Landing museum

and discover a vast collection of objects, vehicles and equipment. The Museum's highlight is an authentic American B-26 Marauder bomber jet, on display in a specially designed hangar. Guided tour available by prior booking ( $\leq 2.50$  surcharge for guided tour only /  $\leq 5$  surcharge for guided tour of museum and beach).

<u>OPEN:</u> 01/06 to 30/09: 9:30a.m. - 7p.m. 01/10 to 31/05: 10 a.m-6p.m. 26/12 to 30/12 : 10am to 6pm Closed : from 1st to 25th Dec + 31/12

### CONFACE G

Utah Beach La Madeleine 50480 STE-MARIE-DU-MONT Tel.: +33(0)2 33 71 53 35 www.utah-beach.com



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#### **Airborne Museum** বচ

can paratroopers from 82nd and 101st Airborne. From the preparation collection of historical objects, an authentic glider and a C-47 aircraft. In the 'Operation Neptune' building, prepare to experience the para-chute jumps on 6 June 1944! Board a C-47 aircraft by night in England, then land on the beach at Saint-Mère-Eglise in the throes of the battle. <u>RATES</u>: Admission: €9.90 / Child (age 6 to 16): €6 Histopad tablet included.

May 1 to August: 31: 9a.m. to 7p.m. October 1 to March 31: 10 a.m-6p.m.

### CONFACE 🖧 🐨 (In a suitable ba

14 rue Eisenhower 50480 SAINTE-MERE-EGLISE Tel.: +33(0)2 33 41 41 35 www.airborne-museum.org



#### **STATION RADAR 44** ক

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### **French-German museum**

Housed within the former German detection station, codenamed 'Distelfink', the museum's period bunkers present the history of the site and of the radar.

Today, it is the only one in France to display one of the 5 remaining examples in the world of the Würzburg radar.

The radar station is also the only D-Day Landing heritage site where

<u>RATES:</u> Adults: €6.50 / Children (10-16 years), Students, physically impaired visitors: €5.00. Family pass on request

<u>OPEN:</u> 08/04>30/06: 10am-6pm (closed on Monday)

### CONFACE 4. CONFACE

Route de Bény - D83 14440 DOUVRES-LA-DELIVRANDE Tel.: +33(0)7 57 48 77 32 www.musee-radar.fr





Thirty-five years of underwater exploration have brought to the surface

An extremely moving film projection (52 mins), illustrated by several testimonies, is included in the visit.

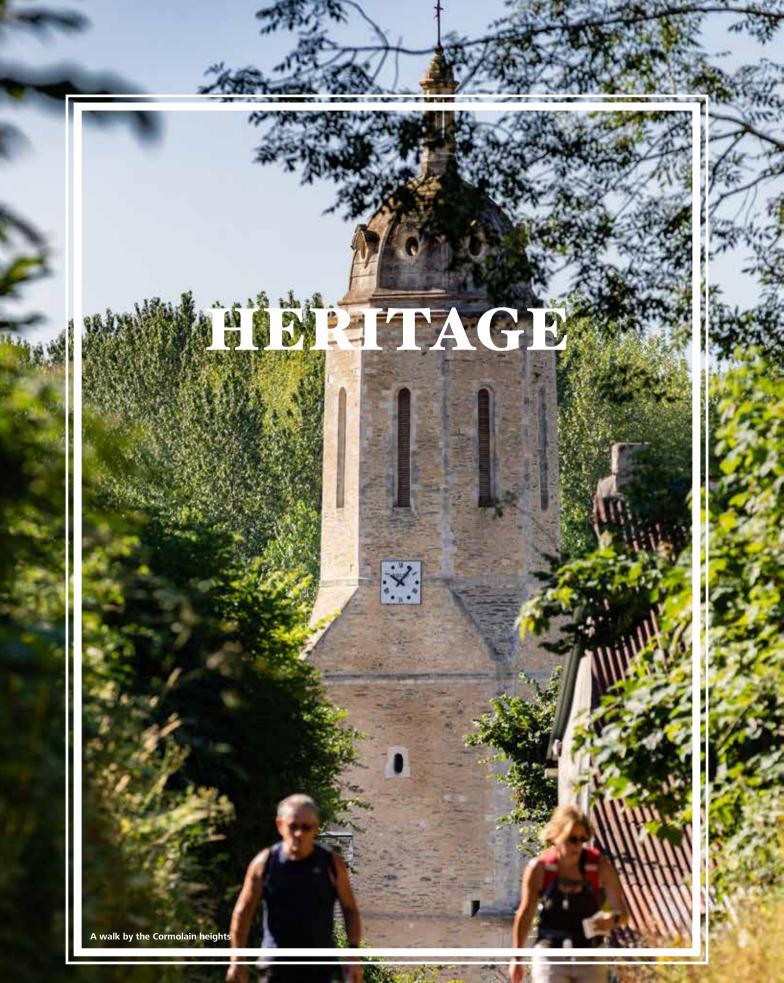
RATES: Adults: €7.50 Children (6-16 years): €5

<u>OPEN:</u> May: weekends and public holidays 01/06>30/09

#### $\mathcal{C}_{\mathcal{A}}$ CONFGCF

RD 6 Lieu-dit Escures **14520 COMMES** Tel.: +33(0)2 31 21 17 06 +33(0)6 77 51 68 34





# CASTLES, MANORS, AND LOVELY BUILDINGS

Whether travelling on horseback, by bike or on foot, your country tour around Isigny-Omaha will offer you a glimpse of many a castle, farm-manor and other beautiful building.



### all under their speli

### The night of your dreams

Most of the farm-manors here are private; however, some genuine pearls of local heritage welcome visitors for bed & breakfast. The perfect opportunity to enjoy a taste of the good life, over an evening or two...



### Tourist Office horse-drawn tours

Fall for the literary charm of riding in a carriage drawn by Norman Cobs! Marvel at our landscapes, from land to sea, over oyster farms and endearing residences, Omaha Beach, the woods, or the delightful marshes and bocage. A 'slow life' attraction for those in quest of calm and respite!

<u>OPEN:</u> During school holidays and in July / August <u>RATES:</u> From €20 to €25 / children: from €15 / Family pass available + More info: Tourist Office, Tel: +33(0)2 31 21 46 00



# our 'Jon't-miss' (ultural encounters

Sharing, discovering the world around, having fun... such are the promises of the Isigny-Omaha Intercom cultural season.

Theatre, music, dance... you'll be spoilt for choice. And here, culture is for all ages, with specially designed events for children: sensory theatre, storytelling, puppet shows, etc.

Further information at https://isigny-omaha-intercom.fr/ loisirs/saison-culturelle/







ADTLB is a cultural association proposing a complete programme of events throughout the year, including music festivals, village vigils, theatre, etc. Full programme available at the Tourist Office on on the website: www.adtlb.com

### #HERITAGE

info +

Hot air

balloon

available

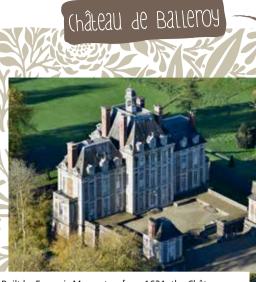
Drôme

leaving from

Balleroy-sur

See page 48, Bessin Montgolfière

flights



Built by François Mansart as from 1631, the Château de Balleroy is an intact masterpiece of French classical architecture. It was acquired in 1970 by the famous American press tycoon, Malcolm Forbes. Since 2020, the castle is owned by Roy Eddleman, another American who was equally smitten by this exceptional site. Bring the whole family to the castle, the park and grounds, the balloon museum, not forgetting the boutique and tearoom.

+ Further information on the Balleroy fun tour (p29) and the classic hike on page 43.



### CALVADOS

Have you heard of our 'Astonishing Heritage' tours? For the whole family, with or without a guide, discover heritage sites, castles and towns, over these off-beat, recreational and original tours.

At your Isigny-Omaha destination, you will be invited to:

- Question the Lady of Trévières with Noémie
- Reproduce a medieval soundtrack at the Chateau de Colombières
- Enjoy your first tour of the Moulin de Marcy
- Take a trip back in time, to the late 19th century with Noémie and Pierrot at the Mining Museum

Further information at www.calvados-tourisme.com/ les-etonnants-patrimoines/

### Balloon Museum

In the castle's former stables, take a self-guided trip through the Balloon Museum, created by Malcolm Forbes, a hot-air ballooning enthusiast. Its scenes retrace the epic story of the titans of the sky and the history of ballooning. Children love it and adults will too, as long as they have their head in the clouds!

> RATES: Castle and museum: Adult: €9 / Child or Students: €6.50 <u>OPEN:</u> July > August: open every day April > September: open from Wednesday to Sunday from 10.45am to 6pm. Open during the autumn break. CONLACE

Château de Balleroy 14490 BALLEROY-SUR-DROME Tel.: +33(0)2 31 21 06 76 www.chateau-balleroy.fr

Cerisy Abbey

With its 15-window, 3-story apse, which subtly combines finesse and light, this 11th-century abbey is a gem of Roman art, the only one of its kind in Normandy. Marvel at the 13th-century abbot's chapel, another masterpiece, reminiscent of the Sainte Chapelle in Paris. Guided tour available. RATES: Adult - €6 / Child (age 12 to student): €4

TWO

AWAY

<u>OPEN:</u> May 1 to August 21: 10 a m-6n m

May 1 to August 31: 10 a.m-6p.m. April and Sept.: 11a.m.-6p.m. closed on Monday in April

### CONFACE

Rue Sangles 50680 CERISY-LA-FORET Tel.: +33(0)2 33 57 34 63 www.abbaye-cerisy.fr



D

### #HERITAGE

Inter

Guided tours at 2pm, 3pm, 4pm and 5pm. No prior booking required. Recreational 'Astonishing Heritage' tour for the family. Book in advance.

<u>RATES:</u> Admission: €6 / Free under age 12 <u>OPEN:</u> July and August: Mon. to Thu. 2p.m.

to 7p.m. September: Sat. and Sun. 2p.m. to 7p.m.



Tel.: +33(0)2 31 22 51 65 www. chateau-colombieres.fr

Flanked by imposing towers and surrounded by a moat, this listed historic monument dating back to the 14th century is one of feudal Normandy's most noteworthy military fortresses. From William the Conqueror to the Second World War, when it became the first centre of psychological warfare (p.13 Ritchie Boys exhibition by prior booking), Colombières Castle has a thousand years of history to learn over a guided tour (at fixed time).

Fortified Château de colombières

<u>Worthy of note:</u> The castle has been owned by the same family for 300 years. Today, they propose exquisite guest rooms. ON THE CASTLE AGENDA IN 2023: 5th Playmobil exhibition from 13 to 16 July. Richard II outdoor theatre on 4 and 5 August.



NO THE SEC.



Nestling in a verdant setting by the Siette stream, the Marcy flour mill is a rare example of a working water mill. The site comprises several outbuildings: bakery, stable, cowshed, dairy, wagon shed, large pond and pasture, collectively forming a small farm abounding with agricultural and milling tools representative of bygone rural life.

Unaccompanied or guided tour at 2.30pm and at 4pm

CONLICE (only in the park) Moulin de Marcy 14330 LE MOLAY-LITTRY Tel.: +33(0)2 31 21 42 13 www.ville-molay-littry.fr

<u>RATES:</u> Adults: €6 / Children: €3 / Free under 6

<u>OPEN:</u> April, May and June: Wednesday to Sunday, 2pm-6pm. / July and August: 2pm-6pm, every day except Tuesday. / 1 Sept to 17 Sept: Wednesday to Sunday, 2pm-6pm / 21 Oct to 5 November: Wednesday to Sunday, 2pm-6pm.

A coal mine in Normandy is at the centre of this fascinating museum devoted to Littry's coal mining history. Via a scenography entirely reviewed and updated in 2021, including geological samples, steam engines, pictures, scale models and original documents, relive around 150 years of industrial history that highlights the daily lives and work of the men who kept the mine alive. The replica of an underground gallery and ground-level vestiges of the Frandemiche mine (1759-1864) complete this immersive experience.

Unaccompanied tours



Rue de la Fosse Frandemiche 14330 LE MOLAY-LITTRY Tel.: +33(0)2 31 22 89 10 www.ville-molay-littry.fr



Twin tickets available for visiting Le Molay-Littry's two museums Adults: €9 / Children: €4 / Under 6 years - free

# Little treasures FROM OURVILLAGES

### - What were things like when you were little, grandma?

- Well, I lived on a farm, where life changed with the seasons. We wore homemade clothes, and galoshes on our feet. Come with me to the attic, I'll show you some treasures... We'll dust them off together... You'll know all about what it was like when I was a child!





# The RN13 MUSEUM

A museum of automobiles and other wheeled vehicles. Popular among its peers (including recognition by the French Federation for Historic Vehicles and a Rétro-tourisme award from Route Nostalgie), with over 70 vehicles on display, including automobiles, motorcycles and bikes. There are also 10,000 miniatures and 150 enamel advertising signs from the 1920s to 80s. Whether you head for the reconstructed 1950s garage or its old-fashioned bistro for a drink or meal (prior booking required for groups), you're sure to be taken back in time!

### RATES: €5 / Free under age 12

OUVERTURE: all year round, 7 days 2p.m-7p.m



Ancienne RN13 14230 OSMANVILLE Tel.: +33(0)2 31 51 07 61 +33(0)6 74 72 25 15 www.station70.org

# Walt d'Isigny Museum

Walt Disney's ancestors originally came from Isigny-sur-Mer. Hugues and Robert Suhard, the Counts of Isigny, left Normandy for England in 1066 as comrades-in-arms of William the Conqueror. As their travels continued, their name gradually changed into 'Disney'... Delve into the magical world of Disney with an exhibition of over 600 items bearing Mickey's likeness! The atmosphere - a medley of vintage and modern is sure to delight visitors of all ages. Visitors can also learn the history of the various designers behind the famous mouse over the years. Self-guided visit.

<u>RATES:</u> Free <u>OPEN:</u> School term: Saturday 2pm to 5pm School holidays, all zones: Tuesday Thursday, Friday and Saturday 2pm to 5pm



Hôtel de ville - Rdc de l'aile gauche 14230 ISIGNY-SUR-MER Tel.: +33(0)2 31 51 24 00 www.isigny-sur-mer.fr

### #HERITAGE





# ALPaga Normandie

A breeding farm for adorable and quite surprising animals, just 5 minutes from Bayeux. A guided tour is the perfect way to get close to the baby alpacas and their mothers, miniature donkeys, Falabella horses, miniature goats, sheep, etc. Walks with the alpacas and miniature donkeys, in the countryside or on Omaha Beach.

<u>RATES:</u> advance booking is mandatory via our website - alpaganormandie.com Guided tour 3-18 year: €10, over 18 years: €15

CONLa(L) မို့ ( ငွာ) 14400 MAISONS Tel.: +33(0)6 08 74 41 43

# Anita's advice to keep the Whole Family on the move



If you never have, you absolutely must visit an angora goat farm, in the company of a guide. Come and discover mohair spinning, transformation, and garment design and production. On site: production and sale of garments, knitting yarn and woven goods. Just for kids: direct contact with these exceptionally softhaired animals. <u>RATES:</u> Free for private individuals <u>OPEN:</u>

- Monday to Saturday

from 2pm to 5.30pm, 11 January to 31 December Easter and All Saint's holidays (all 3 French zones),

- and from 1 July to 21 August: from 10am to 12.30pm and 2pm to 5.30pm. - Closed on Sundays and public holidays,
- and from 1 to 10 January inclusive.

### CONFACE

La Harmonière 14710 BERNESQ Tel.: +33(0)2 31 22 47 52 +33(0)6 82 85 51 39 www.la-grange-au-mohair.fr

2023 EDITION

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# STEPS AWAY

TWO

### Cotentin Farm Museum

This former manor farm will take you on a journey back to the early 20th century, over a fascinating insight into the daily life and atmosphere of a grassland farm.

All five senses are aroused as you visit the main hall, the cellar, the cider press, the cowshed, etc.

Across the outdoor areas, a pleasant trail offers you a close encounter with some typical animals from Normandy.

Don't miss the presentation on the horse-drawn and motorised machines that revolutionised farm work.

- April, May, June, September, spring and autumn holidays: Sunday to Friday. 2pm to 6pm. Closed on 1st May.

- July and August: every day except Saturday, 11am to 7pm.

RATES:

- Adults: €6 / Children (7-18 years): €3 / Reduced: €4

### CONFACE

Ferme-musée du Cotentin 1 rue de Beauvais 50480 SAINTE-MÈRE-ÉGLISE Tel.: +33(0)2 33 95 40 20 manche.fr/patrimoine/ ferme-musee-cotentin-N.aspx



# PORTFOLIO

















1 - Remembrance Omaha Beach, a site steeped in history and emotion. © *E. Berthier* 

2 - A stroll through the woods Meander your way through Cerisy Forest and simply admire nature's best. © *T. Houyel* 

3 - Beautiful stonework The splendid fortified Château de Colombières. © *F. Thériaux* 



4 - The simple way of life
A family walk by Trévières. © *T. Houyel*5 - The charm of Isigny
The Hogues quarter is well worth a detour. © *F. Thériaux*

6 • The joy of hiking Charming trails and beautiful country stonework © *T. Houyel* 

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7 • Summer marsh A moment of quiet and nature along the edges of the marshlands © T. Houyel

8 • Freedom All alone against the blue backdrop of Omaha Beach © *T. Houyel* 

9 - A seafront stroll
 Behind the dunes, blue and yellow are your colours. © F. Thériaux

2023 EDITION

### www.isigny-omaha-tourisme.fr

# A HOST OF OF ACTIVITIES

A host of activities in Grandcamp-Mais

# **BEACH DAY**

.....

Summer is made for tanning to sand castle contests, eating ice cream, wading in the water, and reading books. And the ideal place do it all is on the beaches of Isigny-Omaha. Set out for the golden grains of fine sand that make your day so much fun! A genuine moment of relaxation with a stunning view, the gentle surf, skin tanned and hair shining - perfectly by the sun - and refreshing swims to wash away the heat. Ah, the beach! A pure moment of timeless pleasure.



# Long beaches of fine golden sand for relaxing

Omaha Beach, formerly referred to as the Plage d'Or, or Beach of the Golden Sands, is 6km long. This gives you a choice between the lively beach at Saint-Laurent-sur-Mer, beloved by locals, the family-friendly beach referred to as the Plage d'Or, or Beach of the Golden Sands, at Vierville-sur-Mer on a gentle slope - with ponds naturally heated by the sun - or the immense beach at Colleville-sur-Mer, which becomes more remote as you move east, offering dunes and verdant cliffs. Meanwhile, Grandcamp-Maisy, west of the area, happens to be an excellent fishing spot, perfect for keeping your children busy. Smart picnickers will time their arrival to watch the tide go in and out. Here, the sea can recede very, very far, before returning to reclaim the sand.

toes spread out

# Enjoy a swim, the lifeguard's watching

For a safe day with kids, head for the parts of the beach that are monitored by SNSM lifeboats, present at all four beaches of Isigny-Omaha.

- Lifeguard posts in Collevillesur-Mer, Saint-Laurent-sur-Mer and Vierville-sur-Mer From 1st July to 31st August, every day from 12 to 7pm.
- Grandcamp-Maisy lifeguard post

From 1st July to 31st August, every day. Times vary in line with the tides.





1 • Omaha Beach Showers and toilets are located near the

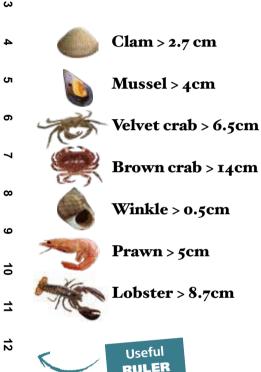
lifeboat stations. 2 • Grandcamp-Maisy

Artificial beach near the lifeboats. Shower, toilets, and playground.



# **Excellent shellfish GATHERING SPOTS!**

Grandcamp-Maisy, Aure-sur-Mer (Sainte-Honorine-des-Pertes), Vierville-sur-Mer and its cliffs... are all excellent shellfish gathering spots! Outdoor enthusiasts of all ages can flock to the coast to indulge in the pleasures of hunting out the sea's finest treasures: prawns, velvet crabs, cockles, mussels, and even crab or spider crab for the most talented.





Important to know: before setting off, make sure you check regulations and lowtide times. Forewarned is forearmed!

+ More info:

Tide times and tidal coefficients are available on our website. There is also a permanently accessible sign just outside the Tourist Office in Grandcamp-Maisy that tells you all the legal information about shellfish gathering.













# The Perfect Normanay Picnic

### In your hamper, depending on the season, vou'll need...\*

1/ a salad of avocados, Normandy apples and Grandcamp shrimps

- 2/ Bay of Veys oysters or a Bay of Seine scallop carpaccio
- 3/ Good fresh bread and Isigny butter
- **4/** Isigny raw-milk camembert
- 5/ Normandy rice pudding (teurgoule)
- 6/ A bottle of Normandy cider
- ➡ More on p.55-57

#### A A N DW AT FRSDOR

# FOR CURIOUS KIds





## **Our tourist office outings** Oyster farms

#### in a horse-drawn carriage?

Board a horse-drawn carriage if you're in a romantic mood, or hike on foot to stretch your legs. Either will get you to the Bay of Veys oyster farms for a visit that's both educational and food-themed. This experience with Éric is sure to surprise! He's just as passionate about tasty, fleshy oysters as he is about kayaking and hiking. From spawning to maturing, he'll teach you the secrets of the oyster breeding cycle and will take you out to the foreshore, then to an oyster shed to see the whole process. There, you'll learn the subtle art of opening up their shells, and as a reward for your efforts, you'll get to taste-test them, like the real gourmet you are. Place: Grandcamp-Maisy

RATES: On foot: Adult: €6 / Child (age 4 to 12): €3 July 1 > August 31 on Mondays and during school holidays Carriage ride: Adult: €25 / Child (age 4 to 12): €15 / Family: €70 July 1 > August 31 on Tuesdays and during school holidays

+ More info: Tourist Office, Tel.: +33(0)2 31 21 46 00

# BOAL LIP and sea fishing in Grandcamp-Maisy





#### Yann Bouilly fishing guide

Fishing and nature guide and instructor, proposing an initiation into sea fishing aboard a boat, with family or friends.

I also propose outdoor activities in aquatic or marshland environments and, finally, a walking tour to discover the Grandcamp foreshore. See you soon on board or on the water. RATES:

Sea fishing (3 to 5 hours depending on offer): from €75. Outdoor nature activities: Adults: €18

Children: €7

Family: (2 adults+2 children): €35

**OPEN: April to late November** 

CONFSCF

Tel.: +33(0)6 80 56 96 23 www.guidedepeche-yannbouilly-normandie-idf.fr

### **Family sailing**

If you're not afraid of getting your feet wet, now's the time to try out the pleasure of sailing, with the whole family! Aboard the RS Venture sailing dingy 'Le Cormoran', which can take up to 6 passengers, enjoy a one-hour sailing experience accompanied by a gualified instructor.

RATES: Adult : Adult: €10 /Child : €5 OPEN: 01/07>31/08

#### CONFACE

Intercommunal sailing school Ouai Crampon 14450 GRANDCAMP-MAISY Tel.: +33(0)2 31 22 14 35 www.isigny-omaha-tourisme.fr

#### Normandie Pêche Sportive

Jérémie, a qualified fishing quide, offers an initiation into sport fishing off the D-Day Landing beaches. Board his specially designed boat for a safe day out. Beginners and experienced fishers alike are sure to appreciate his expert advice on fishing techniques.

OPEN: All year RATES: By boat, from €120/pers (min. 3 participants) Seafront fishing (3 hours) €130/pers (min. 2 participants)

ia-tourisme.fr

14450 Grandcamp-Maisy Tel.: +33(0)6 82 78 00 69 www.normandie-peche-sportive.fr

## Flipper II, boat trips and sea fishing

With 48 years of tales to tell, Michel proposes fishing for beginners and experienced visitors alike. All the necessary equipment is available on loan, and the day's catch shared by the whole crew! Not so keen on setting off at 5am?

No problem - Flipper also proposes great guided boat trips to Pointe du Hoc. Excursions to the Îles Saint-Marcouf are also available, with departures from Carentan harbour.

BOAT TRIP RATES: From €12 to €25 FISHING RATES: From €30 to €60 OPEN: 1st April > 30th October

## CONTACT die

14450 GRANDCAMP-MAISY Tel.: +33(0)2 31 21 46 00 +33(0)6 61 46 38 98 +33(0)6 37 17 20 98 normandie-promenade-peche.fr



# **TAKE THE PLUNGE!**

Activities in store: windsurfing, catamaran, kite landboarding, sand sailing on the vast, fine sandy beaches, and even sailing excursions. We also have kayaking and stand-up paddles! This highly popular sport helps to work out your glutes, triceps and abs. A real plus when trying to fit into a swimsuit!

.....



# HOORAY FOR BLIDING

36

Water sport centres have innovated and developed new sailing activities: although catamarans and surfboards may be a delight for the headstrong, stand-up paddleboarding and windsurfing are also available for when you just want to glide over the water! You can hire equipment or request private classes. At the Grandcamp-Maisy sailing school, catamaran and Optimist classes are available by the week in July and August, for ages 6 and up.



## sea wading in any season

Just off the coast, waist-deep or even deeper, equipped with wetsuit, you can walk forward, run, or even walk backwards... And do it all again! It feels easy, but it's a great way to work your thighs, venous return, and cardiac output! Not convinced? Once you're in the water with a group of happy athletic people, you'll be feeling good for sure!

#### Allow: 1 hour

- + More info: Cap 21 Sailing School - Eolia
  - H'Omaha Nature p.39

## #SEAANDWATERSPORTS



#### What do you get out of catamaraning?

I love feeling the adrenaline rise as the cat picks up speed! There are several places aboard and the one I like best is the helm, to set the pace for my crew

Is it easy to get started sailing when you don't know anything about it? Yes, because the boating centres here have a solid reputation and attract both experienced sailors as well as novices who just want to learn the rudiments of sailing.

#### I'm often scared to venture far from the beach... What advice can you give?

Don't worry, the navigation zone is well-sheltered here, so it rarely gets rough winds. Grandcamp-Maisy is an ideal spot to learn how to sail.

## Portrait



#### HAS BEEN CATAMARANING AT THE SAILING SCHOOL SINCE 2019



# OF NOLE

# x.x.x.x.x.x.x.x.x.x.

Intercommunal sailing school In a friendly, welcoming, sporty atmosphere, everyone can learn quickly with Sabine and her team X•X•X•X•X•X•X•X•X of instructors, no matter what their starting level is, so they can become self-sufficient at sea and feel fulfilled on land! Sailing (catamaran, Optimist, windsurfing), paddleboarding and kayaking are available for lessons and rentals. Coastal sea OPEN:

April 1 to October 31 based on tides CONFA(F

Quai Crampon 14450 GRANDCAMP-MAISY Tel.: +33(0)2 31 22 14 35 +33(0)6 07 24 84 03 www.isigny-omaha-tourisme.fr <•וו

## EOLIA, an ocean of water sports and activities

Located at a magnificent spot on Omaha Beach, the Éolia centre is home to a wide variety of nature sports, including land sailing, catamaraning, kayaking, stand-up paddleboarding, kiting, sea wading, Nordic walking, and hiking, lessons, initiation, discovery and itineraries departing from the three EOLIA bases on Omaha Beach (Vierville-sur-Mer/Saint-Laurentsur-Mer/Colleville-sur-Mer).

And because effort must be followed by comfort, you'll also be able to refresh yourself in its panoramic clubhouse where you can warm up in the winter by a fireplace. OPEN: Year-round

CONLACE of Only in the equipment rooms Le Cavey 14710 COLLEVILLE-SUR-MER

Tel.: +33(0)2 31 22 26 21 +33 (0)6 52 01 45 91 www.eolia-normandie.com

# Ideas to keep in mind **ON DRY LAND**

.....

Because the seashore, waves, salt spray, and sailing boats are all well and good... as long as you don't get wet! Here are a few ideas for super-fun things to do as a family, without getting your shirt damp... or just a little!

# sabine's useful lips

.....

How can you make your kite fly? Or even soar! It's a fun activity that the whole family can enjoy, if you learn the basics. With the kite on elbows against your body and your arms parallel to the ground, then tug sharply backward, while taking a step back. Yeah! The kite's in the air! The kids are really proud. Keep your elbows along the body and make it zig-zag by moving one forearm forward, go back, then the other... Are you ending up on the ground too often? Are you doing the same thing over and over? Do what I did, and take kite-flying classes! Does it come too easily? Take the next step and try kite landboarding on Omaha Beach! What a thrill!

+ More info: Sailing school and Eolia, p.37





## Tested just for you

#### 'Omaha Beach story' by electric fatbike

**by electric fatbike** 'I feel really tiny on this next- generation bike, which my teenagers took to immediately because it looks cool. Its extra-wide tires are perfect for the sand, and you really feel free! We set off for a 3.5-hour ride, on our electric fatbikes. I'm not sporty at all, but it was easy for me. Laurent, our guide, told us about Omaha Beach and its history associated with the war, as we stopped off at 7 places. He even brought digital tablets and a portable projector to show us period films. As he likes to say, it is an outing for 'your head and your legs alike ;-)'

+ Further information: velomaha.fr or +33(0)6 52 01 45 91 From age 14. Occasional dates. 2-hour, 5-hour or 8-hour outings.



#### **#SEAANDWATERSPORTS**

#### H'Omaha Nature

On the fine sands of Omaha Beach, leave from Ruquet in Saint-Laurent-sur-Mer or from the pontoon in Vierville-sur-Mer in the company of Anne-Ingrid, H'omaha Nature's bubbly 'coach', for a choice of original and innovative activities and sports on sand and water: • Land art and giant drawing workshops for children and families, on the sand • Outdoor sports such as: sea wading, sea trekking, sea gym, Nordic sea walking, muscular exercises on the beach, etc.

<u>RATES:</u> Land Art - Adults €12 / Children €5 / Sea wading, sea trekking, sea gym - €15 + wetsuit hire €5 / Nordic sea walking, muscular exercises: €12 **OPEN** Land Art during school holidays and in the summer, once a week

Outdoor sports, all year.

Tel.: +33(0)6 21 31 50 79



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# GOOD DEAL

TWO AWAY

© © õ õ õ õ õ õ

## TAKE OUR ADVICE Fancy a cycle along the coast? **Pumptrack for young visitors?**

 Make the most of a whole range of activities on offer around the Vélomaritime cycling route. There's an activity to suit everyone. Standard or electric, choose your own vehicle!



+ Further information p.45

# tried it out for you

NOVICE AT SAND SAILING AND EXPERT AT LOSING HER BALANCE ;-)

I didn't set off full speed ahead but I still got a real feeling of speed. There's no risk - whatever happens, you can always stop. I loved the thrilling feeling of freewheeling and pushing my boundaries!

#### + More info: Eolia p.37



39



Housed within the former transatlantic cruise ship terminal, the Cité de la Mer is Normandy's tourist attraction focusing on the great adventure associating humans and the sea. The site was the French people's favourite attraction in 2022, on the grounds of its building, the former transatlantic cruise ship terminal, and the nearby *Redoutable* submarine. In the great gallery, follow in the footsteps of the great explorers and machines that the last moments aboard the *Titanic*, with - from the spring of 2023, a new exhibition of objects recovered from the wreck. In the Ocean of the Future, explore the planet's last truly wild territory, over spectacular multimedia areas, an abyssal aquarium and pools straight from a fairy tale.

Full calendar on the websit

#### CONFACE O

Gare Maritime Transatlantique 50100 CHERBOURG-EN-COTENTIN Tel.: +33(0)2 33 20 26 69 www.citedelamer.com



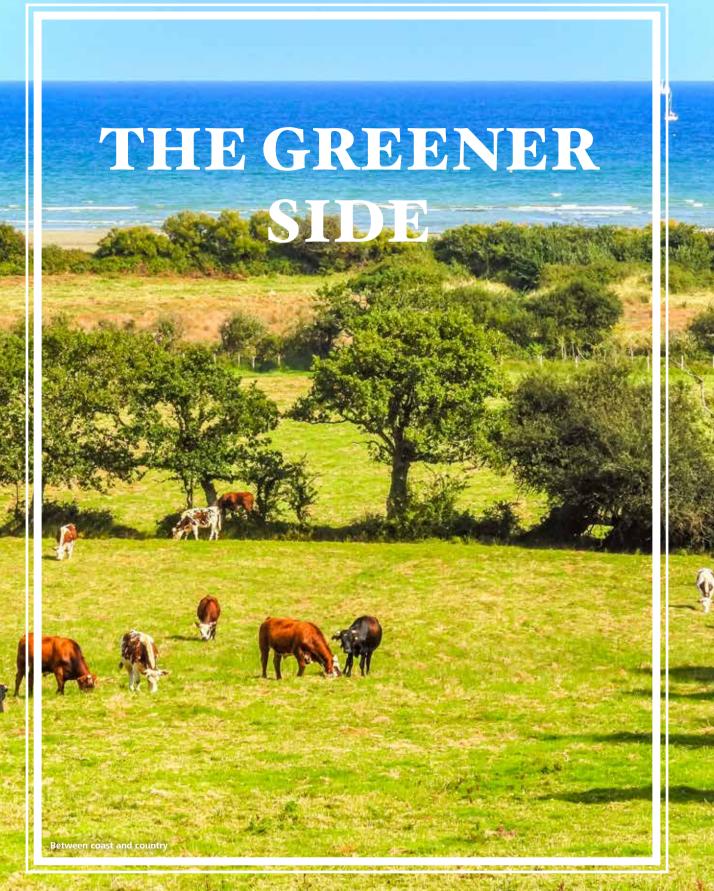


#### Festy Plage!

In 2023, Festy Plage is back for a new edition, on Saturday 8 July in Grandcamp-Maisy

It is one of the leading events of the year, and will mark the start of the summer season at your Isigny-Omaha destination! On the agenda: a host of events and demonstrations for all to enjoy, by the beach.





# Discover Normandy's lush countryside on an excursion... ON HORSEBACK, BIKE, OR FOOT!

It's time to get out of the comfort zone of your gym, your living room couch in front of the TV, or the seat of your exercise bike! Choose between different themed excursions in the heart of the marshlands, along the historic coast, by gorgeous riverbanks, in the depths of the preserved forest, through apple groves, or in the Bay of Veys. It's up to you to decide your mode of transport!



# Horse riding

### **Ready for adventure?**

Here's one way that has local appeal. It's an excellent way to embrace the territory with a different perspective and at a different pace. Whether you're a beginner or experienced rider, the clubs will offer you levelappropriate activities, lessons and rides in the company of an instructor on the beach or country trails!

### Ferme équestre de la Noé

This equestrian farm offers rides for beginners and advanced riders alike, on a mount and route matched to your suit level. And for true horse lovers, the Ferme Équestre arranges multi-day outings with a B&B/horse combo. Feel like a ride by the seaside? It's available on Omaha Beach if you're an advanced rider. <u>OPEN:</u> Year-round in Castillon April 1 to November 2 in Colleville-sur-Mer

CONLA(L ()) 14710 COLLEVILLE-SUR-MER Tel.: +33(0)6 86 72 90 59

# Les Louveaux pony

#### centre

Make the most of some great horse or pony riding outings across the Normandy countryside, in the company of a qualified instructor. You can head for the country, the forest and even the beach for advanced riders. The club also proposes horse and pony riding lessons, for leisure (horse ball, polo, pony games, etc.) or competition (dressage, jumping) adapted to suit all, from toddler to adult.

<u>OPEN:</u> all year except the first week in September

#### CONFACE

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1541 rue Charles Gervais 14330 LE MOLAY LITTRY Tel.: +33(0)6 87 70 40 01 +33(0)6 58 67 05 16 (English spoken) www.haras-louveaux.fr

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#### Écurie des Embruns Every year, in a welcoming setting, Céline, a licensed instructor, teaches

people from beginners to competitive riders. During the summer, the stables also offer classes and rides with instructors over land, by prior appointment. Worthy of note: if you'd like to come with your own mount, the Embruns stables also proposes a livery service. Consider stopping by!

<u>OPEN:</u> Year-round.



La Vallée - Les Oubeaux 14230 ISIGNY-SUR-MER Tel.: +33(0)2 31 10 75 22 +33(0)6 38 14 58 19 www.ecuriesdesembruns.fr

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2023 EDITION

#### welcome you to this magnificent location in Trévières. They are experienced riders and instructors and offer lessons an

instructors and offer lessons and courses in pony- or horse-riding, horseback archery and rides through the marshes for all the family. OPEN:

Écuries du Bessin

Laurence and Laurent will

#### Year round (closed on Sundays)

CONFACE

321 Rue du Pont de la Barre 14710 TREVIERES Tel.: +33(0)6 12 85 72 31 +33(0)6 10 11 15 34 www.ecuries-du-bessin.fr SEAAND watersports

#### #THEGREENERSIDE

# Eric's sporting advice

## HIKING Friday

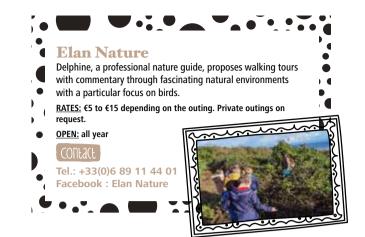
#### Hiking

From mid-June to mid-August, every Friday, discover the historic charm and heritage of our home region in a group of about a hundred hikers. The trip is free, without commentary. Of course, that doesn't mean no friendly chatting! I can promise a fun atmosphere and a feeling of wellearned friendship by the end..

Good to know: one outing per week from June to August then one per month (on Saturday) in the low season. Distance: 8km Leaves at 8pm. Tel.: +33(0)2 31 21 46 00









#### At your own pace

The Tourist Office organises 3 to 5km Nature outings with commentary through the forest, marshlands, or seashore so visitors can learn more about the diversity and uniqueness of local flora and fauna.

OPEN: July 1 > August 31 and during school holidays

<u>RATES:</u> Adult - €6 / Child (age 4 to 12): €3 + *More info: Tourist Office* 

Tel.: +33(0)2 31 21 46 00



# Trail running fans

## EOLIA, for fans of no-

#### madic adventures... Fancy exploring with the reassurance of qualified company?

Eolia organises point-to-point tours over a half day, full day (walking tours with commentary, sea wading, trail running, cycling, etc. on various themes including the history and territories of D-Day or Omaha Beach's fauna and flora).

#### CONFACE

+ More info: Eolia Tel.: +33(0)2 31 22 26 21



www.isigny-omaha-tourisme.fr

#### # T H E G R E E N E R S I D E

smiles



# Noraic Walking

Use your holiday as an opportunity to get better at Nordic walking - or just to get started! There's nothing better to help your heart and fight cellulite (sh!). Recreational outings and competitive training are arranged at Omaha Beach, leaving from Colleville-sur-Mer. Enough km to get yourself really going!

More info: Eolia, p.37 ou H'Omaha Nature p.39

SPORES (LOEHING

FLEXIBLE SHOES

### ANJ JON'E FORGET YOUR POFFIE OF MAFEL

## trails for solo running

#### FROM BRIDGES TO WALKWAYS

Permitted travel: On foot, on bike, on horseback *Distance: 13km, Time: 3.5 hours* Starts from Longueville. Through marshland, trails without difficulty. Stork sightings possible.

OMAHA BEACH, WHERE HISTORY MEETS NATURE Dunes, woods, hills and cliffs...a beautiful landscape to explore around the American cemetery. Permitted travel: on foot Distance: 9 km, Time: 3 hours Leaves from Colleville-sur-Mer.

#### ALL ABOUT THE DRÔME

Discover the River Drôme, a traditional village and the forest of Cerisy. Permitted travel: on foot **Distance: 12.7 km, Time: 4 hours** Leaves from Balleroy-sur-Drôme.

# PRACTICAL INFORMATION

## 7 topoguide leaflets available

On sale at the Tourist Office or free to download from our website.





Leaving from Neuilly-la-Forêt, discover the richness of the marsh ecosystem bit by bit in an appealing, original way. This kayaking trip on the Elle, at an even level and without rapids, led by our old friend Eric in a fun, educational style, is sure to delight the whole family! Bring a change of clothes. Children who cannot swim prohibited. Reservation required. For trips leaving from Trévières, contact Eolia (see p.37).

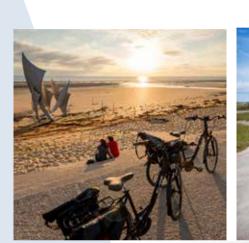
<u>OPEN:</u> July 1 > August 31 on Wednesdays and Fridays, and during school holidays RATE :  $\in$  15

Duration: About 2 hours. + More info: Tourist Office, Tel.: +33(0)2 31 21 46 0





Along the coast, through the marshes or in the depths of the forest, take to your 2-wheeler and discover our beautiful picture postcard landscapes, at your own pace! Packages from a few hours to a whole day, the choice is yours. Our team is delighted to advise you on the various itineraries on offer. The great outdoors and an immense sense of freedom await you!



The velomaritime®





**The Vélomaritime**<sup>®</sup> is a cycling route linking Roscoff in Brittany with Dunkirk in Nord, over a distance of around 1,500km. A 14.5km green way portion from Vervillesur-Mer to Grandcamp-Maisy runs alongside the coast, offering views over Pointe du Hoc... The green way between Port-en- Bessin and Sainte-Honorine-des-Pertes is of a more modest distance, yet well worth the detour: verdant landscapes with a sea blue backdrop! A unique cycling experience to enjoy along the clifftops of Isigny-Omaha and the D-Day Landing beaches.

Good to know: You can also travel along the Vélomaritime on foot !

# Certified (ycle-friendly )

Certain accommodation providers or cycle hire outlets along the way boast the 'Accueil Vélo' cycle-friendly label, which guarantees a quality welcome, services and facilities to suit travelling cyclists.

Find out more! → lavelomaritime.com



#### #THEGREENERSIDE



#### **Aure Marshes Loop**

Perfect for a family cycle! Make the most of this calm country itinerary, far from the busier coast, and discover the marshes, their heritage and their storks! Don't forget your picnic hamper, for you will find tables along your way. 30km loop (3 hours), with an alternative 45km route nearby by Trévières. Allow for an extra 5km to find WiFi, stores, restaurants, etc.)

Departing from Isigny-sur-Mer, the route is marked out, but you can also follow the itinerary via your smartphone: www.cirkwi.com

Scan the QR code to find a choice of cycling or walking loops throughout Isigny-Omaha via our 'cyclo' d'Isigny-Omaha' topographical guides.

## other Itineraries

**THE VÉLOWESTNORMANDY:** Over 190 or 210km, link all the D-Day Landing beaches, thanks to our three trails from Utah, Omaha or Gold Beach to the Mont Saint-Michel!

**WILLIAM'S EPIC RIDE:** 208km equestrian itinerary leaving from Géfosse-Fontenay (near Isigny-sur-Mer) and heading for Falaise, William the Conqueror's birthplace..

**THE BAYEUX - L'EMBRANCHEMENT LINK:** If you're staying near Bayeux and would like to enjoy a forest stroll, then just take to your bikes and follow the route to the 'Maison de la Forêt' Forestry Visitor Centre.



## VELOMAHA, innovative cycle stations.

Located along the Vélomaritime cycling route, the VELOMAHA stations (in Isigny-sur-Mer/Pointe du Hoc/Vierville-sur-Mer/Saint-Laurent-sur-Mer/Colleville-sur-Mer/Port-en-Bessin) propose a range of useful services over your cycling tour, in particular the hire of all types of cycle. Foot scooters and fatbikes also for hire in 3 stations. New for the 2023 season: Take a gourmet or mechanical break at the new EOLIA BEACH HOUSE in Saint-Laurent-sur-Mer, just 200 metres from the SIGNAL Monument, opposite the beach, and leave your youngsters to enjoy a ride round the pumptrack.

 RATES: Adult electric bike, daily hire: from €30 (depending on model)

 Adult standard bike, daily hire: from €25 (depending on model)

 OPEN: 01/04 to 12/11

 CONL2(L)

 Tel.: +33(0)6 52 01 45 91

 www.velomaha.fr



# Take a walk through the woods in SEARCH OF...

The best way to discover our area's natural treasures is over a slow trek and during nature outings or workshops. Loosen up, hug trees, listen to birds chirping, smell the moss of the undergrowth, build your herbarium on Instragram... Take time, watch, listen, breathe in, breathe out, and make respectful contact with this exceptional flora, fauna, and land.





## **Discover** Cerisy Forest

People come here for its beauty, nature, and calm. Also known as Balleroy Forest, this 8-square-mile state-owned forest that once belonged to William the Conqueror is mainly populated by beech trees. It is rich in plant and animal life: trees, flowers, mushrooms, insects, amphibians, birds, and even mammals like deer and boar. Managed by the Office Nationale des Forêts (ONF) since 1976, Cerisy Forest is also a national nature reserve. It is home to an endemic species, a beetle found nowhere else in the world: the copper-flecked gold ground beetle, a national protected species. The arboretum and the Maison de la Forêt offer us a fascinating insight into all these species. A real breath of fresh air, where athletes can work out on the GR, a trail running at least 15km, while off-road bikers and horse riders cross paths on around 20km of trails and hikers and can take many footpaths to the Titre pond, a must-see site. Depending on the season, you might also come across mushroom gatherers or picnickers.



#### 1 • Family workshops

These fun, exciting adventures are offered every friday during school holidays and during the summer. For groups and students - prior booking required.

#### 2 • Hikes with commentary

Discover Cerisy Forest through the 'Promenons-nous dans les bois' hike.

#### 3 - Guided walking tours

Discover the Cerisy National Forest over a walking tour.

## Adventure excursions From Maison de la Forêt

#### **Family workshops**

#THEGREENERSIDE

Children of all ages love these workshops, which take them on a fun adventure into the heart of local heritage: fishermen's villages, forest butterflies, the mysterious denizens of the dunes, little sea creatures, and more. Time for scratching, digging, examining, and listening. All five senses get a work-out, and little tots are left spellbound.

**<u>OPEN:</u>** Wednesdays during mid-term holidays and Fridays in July and August

**RATES:** Adult: €3/ Child (age 4 to 12): €6 **Duration: 1.5 hours to 2 hours** 

#### **Initiation into mushrooms**

In the autumn, when the forest changes colours and scents, all kinds of mushrooms sprout in the undergrowth from the heat and humidity. How are they identified and gathered? During a walk through Cerisy Forest, the Association Mycologique du Cotentin invites you to try it out for yourself or expand your existing knowledge. For beginners and advanced pickers alike.

RATES: Adult - €6 / Child (age 4 to 12): €3 **Duration: 3 km - 3 hours** 

#### **Hikes with commentary**

Aurélie and Chloé, nature guides, will show you the Cerisy nature reserve during walks with commentary on different nature topics: the forest, the five senses, fauna and flora. Plent to satisfy your curiousity and that of your kids!

**<u>OPEN</u>**: July 1 > August 31 on Wednesday and during school holidays

<u>RATES:</u> Adult - €6 / Child (age 4 to 12): €3

#### CONFACE

Isigny-Omaha Tourist Office L'Embranchement 14490 MONTFIQUET Tel.: +33(0)2 31 21 46 00



CRAFTAND CASTRONOMY

**«Maison de la Forêt» is getting a makeover !** Reopening in autumn 2023.

tourisme.fr

**Our Tourist Office** 

023 E

#### #THEGREENERSIDE

# **GETAWAYFROM IT DIFFERENTLY**!

#### **Bessin Montgolfière** Discover all the beauty of Normandy from the skies in our hot air balloon. Help prepare the ballon, enjoy a flight and tidy up the equipment afterwards, in a friendly family atmosphere. Leaves from Balleroy-sur-Drôme, Barbeville or Juaye-Mondaye, depending on weather conditions. Up to 6 people in the hot air balloon. 14490 BALLEROY-SUR-DRÔME - Tel.: +33(0)6 77 95 85 04 <u>RATES:</u> €200 www.bessin-montgolfiere.com **╱**▼⋏▼⋏▼⋏▼⋏▼⋏ Les Jardins de Castillon How nice it is to daydream in these magnificent gardens, one of which is made up of successive terraces punctuated with topiary yews opening up on a grassy fringe and ending in a small arboretum and a maze. The other is a series of charming 'rooms': pools of water, Japanese and landscaped gardens, aromatic plants, etc. A true peaceful haven. Outside opening hours, visits are by appointment only. Good to know: plants are on sale in the adjacent nursery. RATES: Adult - €7 / Child (age 5 to 15): €4 OPEN: May 1 to September 30: 2pm to 5pm (Tuesday to Saturday). Open Sundays in June and July 2.30pm to 5.30pm.. CONFSCF AVAVAVAVAVA D73 - 14490 CASTILLON - Tel.: +33(0)2 31 92 56 03 / +33(0)6 07 04 21 75 www.jardinscastillonplantbessin.com/fr/ <u>─</u>人▼人▼人▼人▼人▼人▼人▼人 The COLENLIN and Bessin marshland natural

regional park

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## Marshes Visitor Centre 🔒

These marshes between two seas offer an exceptional natural site, with characte-ristic wetlands and winter whitening phenomena. An idyllically romantic landscap and the perfect picture postcard for your social media posts! The Maison du Parc visitor centre offers the perfect departure point for your marshland tour: museum area, information and a themed exhibition. A path has been developed through the sensitive natural area of the Ponts d'Ouve marshes and observatories, located RATES: Full rate : €5 / reduced rate : €2,5/ free under 25

OPEN: All yea



3 village Ponts d'Ouve SAINT-COME-DU-MONT 50500 CARENTAN-LES-MARAIS www.parc-cotentin-bessin.fr





2023 EDITION





## Les Bateliers des Marais du Cotentin

#### La Rosée du Soleil

Your crew will take you on an immersive journey through the marshes, in search of the exceptional fauna and flora in this preserved environment. Guides with a genuine passion and the desire to share the history and activities of the sites you will see. So treat yourself to a river cruise on

<u>RATES:</u> Adults - €16 to €33 Children (4 to 12 years) - €11 to €18 depending on your package <u>OPEN:</u> from April to October



Departure from Saint-Hilaire-Petitville: <u>Embarcad</u>èrede la Taute, rue du Cotentin, j

#### The marsh boats

And how about a tour of the marshes at your own pace, aboar d your own craft? A 5 to 9-seater electric boat - no permit required - and you'r captain for an hour or two on the Douve marshes. You are sure to spot the odd heron, stork or kingfisher. And why not opt for the 3-hour outing including time for a picnic?

<u>RATES:</u> from €39/hour for boat hire Guided tours from €25/pers..

the Port Jourdan jetty/Village des Ponts Douve (follow signs for 'Maison du Parc des Marais')



#### The Guinguette des Marais

Located by the Port Jourdan slipway, this open-air café proposes food and drink on the water's edge. Local beverages and country fare, brasero cuisine.

## CONFACE & 🔅

50500 CARENTAN-LES-MARAIS Tel.: +33(0)6 83 60 08 12 www.decouvertemarais.com

## **Jardin d'Elle**

A 4-acre botanical garden with over 2,500 varieties of plants, made up of several themed gardens: countryside, colours, undergrowth, vegetables, waterfall, and remarkable collections of hortensias, Japanese maple, and more. Plant nursery on site.

<u>RATES:</u> Adult <u>-</u> €6 / Child (age 8 to 14): €3 March 1 to November 30

## CONFACE 4:0

15, le Repas 50680 VILLIERS-FOSSARD www.dellenormandie.com



## Attelages de la Nicollerie

Take a gentle ride with the Attelages de la Nicollerie horse-drawn friends or colleagues. Feel free to contact us if you wish to privatise a carriage for a festive event.

## CONFACE 4:0

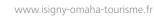
LES VEYS 50500 CARENTAN LES MARAIS Tel.: +33(0)6 03 21 49 93 www.clublanicollerie.com





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## Omaha Beach Golf Course 🔒

The course offers two 18-hole rounds, boasting quite different landscapes, from coast to country. Succumb to the beauty of the 'La Mer - Par 72' round overlooking the sea and the village of Port-en-Bessin. You are also sure to appreciate the undulating and wooded 'Le Manoir - Par 71' round, via ponds, woods and fruit trees.

<u>RATES:</u> from €44 to €115 (low to high season) <u>OPEN:</u> All year

## CONFACE & 🔄

Ferme Saint Sauveur 14520 PORT-EN-BESSIN HUPPAIN Tel.: +33(0)2 31 22 12 12 www.golfomahabeach.fr



## Bayeux aventure 駖

₀ ©` @ ⊍

Bayeux Aventure is a leisure park offering a multitude of outdoor activities to enjoy! Adapted to suit visitors of all ages, the park adds novelties every year: come and explore our treetop adventure trails, our accro-spider, our mazes, our mini-farm, Vertigo Fly and inflatable aquatic structures, etc. Discover all the new activities on the 2023 agenda!

<u>RATES:</u> Adventurer (+6 years): €21.50 / Explorer (3-5 years): €15.50 Accompanying person: €13.50

<u>OPEN:</u> April to September

### CONFACE

Ferme de Rabodange 14400 CUSSY Tel.: +33(0)2 61 79 02 79 www.bayeux-aventure.fr



on the move



## FOR A SUSTAINABLE HOLIDAY ATYOURISIGNY-OMAHADESTINATION



Take it easy, go 'slow', over a soft mobility break: on foot, by bike, on horseback, etc. a whole range of possibilities await you!



Does our destination not offer the most stunning of landscapes?! To preserve them, we take all our waste with us when we leave...



We explore in a manner that is harmonious with the local fauna and flora. Our seals, kittiwakes and wild orchids will be forever grateful.

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We prefer to consume local produce. There's no need to look very far, all the best produce is right here, on the market stalls and in our local stores.



We preserve natural resources. Water for example, for it is the very heart of our area: it flows through our marshes, goes underground at La Fosse Soucy, before meandering its way to the sea.



# ISI9NY-OMAha as the seasons pass



Clémence's advi(e

DISCOVER ALLOUR SUGGESTED FINERARIE on pages 38 to 47



# in the summer

### Cool coastal breezes and harbour seal watching

Close to the coast, in the heart of the Bay of Veys, lucky observers can catch sight of the harbour seals all year round, especially in the summer. A colony of over 150 seals has sprung up in this sandy haven.



## New Street

and wellness!

Storks in the marshes

In the spring, many storks take up residence in the Cotentin and Bessin marshland natural regional park. And it's not by happenstance that they set their sights on this land during their migration: for it offers them both room and board as well as rest



# in the autumn

#### It's time for mushrooms and stag mating calls in Cerisy Forest

Autumn is ideal for gathering porcini and horn-of-plenty. But it's also mating season for deer. A fine time to hear the bellowing of the stag; when night falls, he comes out to seek the favour of the does. Keep watch, and make sure you are quiet so as not to disturb them!

# in the winter

### The 'blanchie' a stunning marshland phenomenon

From January to March, it's wintertime in the marshes. Here, they are said to be 'whitened' when flooded by rains that expand the waterways that pass through. A beautiful and peaceful experience for visitors to enjoy over a tour with commentary.



# CRAFTAND GASTRONOMY

Famous ices made with Isigny cream

# Artists' (orner

Contemplating the natural environment of the high and low country stimulates creativity, and has inspired more than one artist from both here and elsewhere! Painting, sculpture, and pottery are just some of the forms of expression found among the craftworkers of Normandy.

# La POLEITIE des vieux fours

In the heart of Noron-la-Poterie, an authentic potter's village, the shop sells pottery, decorative objects for the home, and garden ornaments.

#### RATES: Free

<u>OPEN:</u> Year-round, every day 9.30am to 12 noon. and 2pm to 6pm. Closed during the Christmas school holiday



41 Route des Potiers 14490 NORON-LA-POTERIE Tel.: +33(0)2 31 92 56 29 www.moulins-aublet.com

#### PERSONAL FAVOURITE: NORON LA POTERIE VILLAGE 🌣

In the picturesque village of Noronla- Poterie, the first signs of pottery crafting date back to 1745. They are famous for making stoneware jugs, especially those decorated with an inlaid apple tree branch design or gilt enamel. They were used at the time to easily store and transport calvados and cider. They were long prized by tourists and distillers before the arrival of glass bottles in the late 19th century. During the Second World War, Noron earthen pots were used by soldiers to store their gunpowder. Today, there is only one single potter left in the village.





### **Atelier d'art Roland Moulin**

Roland Moulin, artist and sculptor, will take you on a tour of his workshop: natural limestone, wood and terracotta. The artist has a predilection for the human body, creating busts and faces, as well as animals. Courses and lessons available for beginners.

<u>OPEN:</u> All year round, from 10am to 12 noon and 3pm to 6pm.

#### CONFACE

34 route des forges 14400 MOSLES Tel.: +33(0)2 31 10 02 45 +33(0)6 45 56 78 06 rolandmoulin.blogspot.com

## Art gallery

With an enthusiastic, sensitive palette, Éric Joly reflects the shades and contrasts of 'his' horizon, from dawn to sunset. Daydream before the harmony of these small fragments of infinity, and if you end up in the painter's studio, choose the creation that moves you most. OPEN:

May 1 to September 30 except Wednesdays and Sundays October 1 to April 4 except Wednesdays, Saturdays, and Sundays



74 rue Aristide Briand 14450 GRANDCAMP-MAISY Tel.: +33(0)2 31 22 74 18 +33(06 83 44 03 76 www.atelier-eric-joly.com



# CRAFT

# info +

**Knitting and creativity** 

the perfect medley At the Grange au Mohair, you can purchase garments, handknitted with genuine angora goat's wool.

See page 29

# Brocante Rock'n'Broc

Rock'n'Broc is an original second-hand goods store established within a 19th-century barn, selling a host of curiousities of all sorts, from antiques to clothes, via records! New arrivals and carefully selected objects offer collectors an ever-renewed choice of rarities and decorative knick-knacks to

admire and take home. <u>OPEN:</u> All year Opening times varv.

## CONF9(F

429, rue du Douet Bérot 14400 BLAY Tel.: +33(0)6 17 78 38 87 www.rocknbroc.fr



# ATASTE FOR VERY GOOD THINGS because temptation and indulgence are good for you!

Fleshy oysters, delicious scallops, a glass of cider or calvados, fine dairy products as diverse as fromage blanc, butter, and camembert, caramels galore... Isigny-Omaha's culinary specialities are sure to delight gourmet palates and families alike!



To keep healthy, make sure you eat at least five fruit and veg per day. Alcohol abuse is a health hazard - consume in due moderation.



# Other delights

## Apples

In Bessin, apple trees are mainly grown for cider. Cider is used to make calvados and pommeau. Although calvados is world-famous for its amber hue and inimitable taste, pommeau is a much better-kept secret among before dinner drinks from Normandy but its designation of origin is just as protected as calvados...



⇒ Some cider farms offer guided tours. See p.58-59

## $\checkmark$

### Visitor Centre

The Isigny Caramels visitor centre offer you a gourmet and immersive walk in their new teaching space open in 2022. Observe the workshops production and manufacturing of caramels through a glass gallery. During your visit, also discover the richness of the terroir of Isigny and the history of the Isigny Sainte Mère cooperative. After visiting the manufacture of caramels, you can stop at the factory store «Les Halles d'Isigny» to leave with some local sweets. Don't forget, famous ice with Isigny cream served from April to the end of October.

#### RATES OF VISITOR CENTRE:

Adult: €4/ Child (6-17 years): €2.50 <u>OPEN:</u> VISITOR CENTRE: April, May, June and September: Monday to Saturday : 9am to 6pm July-August : 7 days, 9am to 6pm Oct. to March : Monday to Friday, 9am to 5pm and open on saturdays during school holidays. HALLES D'ISIGNY : All year, 7 days, from 9am to 7pm

All year, 7 days, from 9am to 7pm January 1 to March 31: closed on sundays.

## CONFACE Q





## The famous 'Isigny Butter'

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The dairy farmers who produce the finest milk in the region are constantly improving their techniques for producing and processing this raw material! Butter, cream, cheeses and more. The Isigny-Sainte-Mère dairy cooperative, and its 'Isigny butter', famous the world over, can be found at the outskirts of Isigny-sur-Mer. If you want proof of its excellence, in 2020, it won no fewer than 7 medals for its products at the General Agricultural Competition at the Salon d'Agriculture in Paris! Something to be proud of!

## Le Drakkar chocolate factory

**TWO** 

STEPS

AWAY

They say it is aphrodisiac, euphoriant, good for your health... chocolate, is also a delicious gourmet pleasure. Over a tour of this 350m2 site, you will find out all you ever wanted to know about its history and how it is made. Through the laboratory window, you can even watch the famous 'Drakkar' chocolates being made. Complete your visit, of course, over a traditional tasting session!

RATES: Adults €4 / Children under 12 years €3.50 / Family pack €12 <u>OPEN:</u> All year, Monday - 2pm to 6pm and

All year, Monday - 2pm to 6pm and Tuesday to Saturday - 10am to 11.30am and 4pm to 6pm.

## CONFACE &

Zone d'Activité Bayeux Intercom rue des Longues Haies 14400 NONANT Tel.: +33(0)2 31 10 00 05 www.chocolateriedrakkar.com





Here are some of our favourite outlets for you to relish in Normandy's country fare!



Lobster, spider crab, crab, velvet swimming

whelks and other shellfish, fresh from the

enjoy a taste on site, accompanied with a

glass of cider or wine! Gourmet seafood

From Tuesday to Sunday morning

55, rue du Docteur Boutrois

14230 ISIGNY-SUR-MER

Tel.: +33(0)2 31 92 05 81

Normandy coast! Loïc and Maxime also

offer seafood delicatessen. Great idea:

platters from €12.

CONFACE 4:50

OPEN:

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Le Caïeu d'Isigny

crab, all in a sea-water tank. Mussels,

2016

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## La Mare Mitonne

A whole range of vegetables for aperitif platters, salads and dishes. Laure-Emmanuelle grows organic vegetables which she processes in her own laboratory via an age-old conservation technique: lactofermentation. Neither cooked nor pasteurised, her vegetables retain all their vitamins and are enhanced with probiotics. are easier to digest and sure to tantalise your tastebudes.

**OPEN:** Farm shop open on Fridays from 5:30pm to 7:30pm excepted in july and august : 4pm to 7:30 pm.



La Mare 3638 Route de la Madeleine 14230 ISIGNY SUR MER Tel.: +33(0)2 31 92 84 62 www.lamaremitonne.fr



## Ferme du Clos Tassin

You will find calvados (aged 3, 7, 15 and 30 years, etc.) typical aged liqueurs, pommeau, Normandy liqueurs, cider, perry, tripe, etc. Worthy of note: tasting sessions and lectures on how products are made. OPEN:

Year-round. 9am to 7pm.

#### CONFACE

Le Clos Tassin 14710 COLLEVILLE-SUR-MER Tel.: +33(0)2 31 22 41 51 +33(0)6 88 48 82 27 www.clostassin.fr









# FILL YOUR hamper at the market

SATURDAY

ISIGNY-SUR-MER

(small market)

**GRANDCAMP-MAISY** 

(small market in the covered

fish market except during

July and August)

SUNDAY

**GRANDCAMP-MAISY** 

(July and August) LE MOLAY-LITTRY

(in the summer)

#### TUESDAY BALLEROY-SUR-DROME GRANDCAMP-MAISY TRÉVIÈRES

(small market from 4pm)

WEDNESDAY ISIGNY-SUR-MER

#### THURSDAY LE MOLAY-LITTRY

FRIDAY TRÉVIÈRES

**BONUS:** Fresh fish, seafood and shellfish... every morning in the covered fish market in the port of Grandcamp-Maisy, 5-6 fishing boats sell ultra-fresh produce so you can stock up on your micro-nutrients!

# Evening, summer and country fare markets ..

EVENING MARKETS AT GRANDCAMP-MAISY Along quai Crampon, also known as Le Perré, the stalls on your right and the sea on your left! Every Sunday in July August, 6pm to midnight!

REGIONAL AND EVENING MARKETS ISIGNY-SUR-MER Enquire for dates!

#### TRÉVIÈRES MARKETS

2 summer markets (or maybe more) in July and August Enquire for dates!

#### LOCAL PRODUCERS' MARKET

At the Ferme de la Sapinière in Saint-Laurent-sur-Mer Wednesdays: 19 July, 2 August, 9 August, from 2pm to 6.30pm.

#### LOCAL PRODUCERS' MARKET

At the Le Picard campsite in Tournières Every other Tuesday from 5pm to 7pm, 27 June to 22 August.

Organisation and dates subject to change





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www.isigny-omaha-tourisme.fr

# CIDER FARMS

#GOODFOOD



## Ferme de la Sapinière

A guided tour on the secrets of making calvados, cider, and Normandy pommeau, in an organic agriculture farm. Worthy of note: tasting sessions. Guided tours at a fee from Monday to Saturday - In French: 10.45am

and 3.30pm. In English: at 2.30pm. OPEN:

Store: April 1 to August 31: 7 days a week 9.30am tp 9.30pm. September 1 to March 31: 10am to 6pm. Closed on Sundays.



12, Route de Port-en-Bessin 14710 SAINT-LAURENT-SUR-MER Tel.: +33(0)2 31 22 40 51 www.fermedelasapiniere.com



## Ferme du Lavoir

Drop in for taste! With our 20 hectares of orchards, organically farmed since 2003, we produce a range of cider-based produce according to traditional methods. Since 2019, the farm has played host to the La Fort Mignonne Brewery, which brews

organic beers, on sale in our store. In July and August, free tours are organised every Tuesday and Friday at 11am. <u>OPEN:</u> July 1 to August 31: 9am to 7pm. Rest

of the year: Monday to Saturday, 9am to 7pm.

Route de Saint-Laurent-sur-Mer 14710 FORMIGNY-LA-BATAILLE Tel.: +33(0)2 31 22 56 89 +33(0)6 24 25 53 88 www.fermedulavoir.fr



## Les Vergers de Romilly

Cider, pommeau, calvados, and jams... 100% pure juice organic products, made according to farming tradition. Take note: on-site

tasting. Free guided tour of the orchards and cellar, Wednesdays at 2.30pm in French or English.

#### OPEN:

All year round, from Monday to Saturday 9.30am to 6.30pm. From October to March, closed on Saturdays.



Vergers de Romilly 14230 SAINT-GERMAIN-DU-PERT Tel.: +33(0)2 31 22 71 77 www.vergersderomilly.com



## Ferme les Mouettes

A farm producing CDO aged vintage calvados (10 years or more), corked cider, typical Normandy aperitifs, apple juice, and homemade jams. Tasting is available upon request at the cider products store. Good to know: Mr. and Mrs. Anquetil also offer guest rooms for rent at the cider farm. <u>OPEN</u>: Year-round

CONLACL 14710 COLLEVILLE-SUR-MER Tel.: +33(0)2 31 22 42 53 **Cidrerie Lebrec** 

Cidre Bouché & Calvados

In a former 16th-century château, Bernard Lebrec will show you his cider production: corked cider, calvados, apple-based aperitifs, jelly and apple juice. Good to know: please call before stopping at the shop to ensure that you can make it through the building's monumental gate.

OPEN: Year-round

Ferme Ste Claire Le Haut Chemin 14710 ENGLESQUEVILLE-LA-PERCEE Tel.: +33(0)6 76 37 46 21

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www.isigny-omaha-tourisme.fr

## CIDRICCHUS Simon's Cider

Perpetuating a family tradition of cidermaking, Simon Lemarié has, since 2015, been developing a range of ciders and spirits made using the apples from his orchards. Entirely organically grown, his apples are all old and local varieties. In July and August, guided tours on Thursdays at 11am. <u>OPEN:</u> All year



L'Hermerel 14230 GEFOSSE-FONTENAY Tel.: +33(0)6 98 82 32 26 www.cidricchus.com



## La Cave du Tronquay

Our cellars are located in the heart of the Bessin area, within a 'Calvados de Normandy' denomination. Our parents have always grown apples in this area. Our apple varieties produce cider with a particularly distinguishable taste. Our calvados, which is aged and embellished in oak vats, to offer all the genuinely authentic aromas one would expect from a quality calvados. OPEN:

All year



Rue de Campigny 14490 LE TRONQUAY Tel.: +33(0)2 31 92 57 23 +33(0)6 50 59 94 35



#GOODFOOD



With J'origine, finding local farmers and artisans is child's play.





2023 EDITION



# RESTAURANTS

To ensure a totally relaxed holiday, there's nothing quite like letting others do the hard work for you, at least once during your stay. Traditional cuisine, gourmet, trendy or on the go, you'll be spoilt for choice!

## ON the 90

### Eolia snack

The clubhouse is a place for sailors, beachgoers, and athletes at Omaha Beach. Between outdoor activities, they come to eat at the patio, offering panoramic views over the beach, or to take a lunch break by the fireplace in the low season.

Good to know: conference room for hire

## CONFACE

Le Cavey 14710 COLLEVILLE-SUR-MER Tel.: +33(0)9 77 95 91 54 www.eolia-normandie.com

## ON the 90 L'Embusqué

Right in the middle of Omaha Beach, on the site of the D-DAY OMAHA Museum, climb on board a genuine British double-decker bus from 1970 and enjoy fine cuisine prepared by a chef. In this original location, you can enjoy dishes prepared from fresh, local ingredients. Take your family or friends to L'Embusqué and treat your taste buds as you sit outside and soak up the view of the sea.



Route de Grandcamp 14710 VIERVILLE-SUR-MER Tel.: +33(0)7 86 05 56 64 Facebook L'Embusqué

## ON the 90 Aux délices d'Alice

Aboard her food truck, Alice proposes home-prepared sweet and savoury pancakes made from fresh, local produce. You can also choose from a selection of hot and cold drinks. To enjoy on site or to take away.

Opening Hours: Every day, from 1 May. (except Thursday), 12pm to 6pm.



Sur la place du marché de Vierville-sur-Mer 14710 VIERVILLE-SUR-MER Tel.: +33(0)7 81 61 28 98 Instagram : aux.delicesdalice

# Brasserie

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#### **Chez Louisette**

In a stylish setting, Louisette serves traditional brasserie fare (burgers, salad of the day, fish and chips, etc.) and a daily lunch menu.

Open from Monday to Friday, from 9am to 6pm, and Friday evening.

Practical: meeting room available upstairs



35, rue de Bayeux 14330 LE MOLAY-LITTRY Tel.: +33(0)2 31 22 95 38

# Brasserie

### La Marine

Even at the turn of the 20th century, La Marine café was a meeting place for villagers. From steak with camembert to sole meunière via mussels and fries, you won't be short on options.

Take note: don't miss the cider-cream seafood sauté... all of our local favourites in a single dish!



1, rue de la Libération 14450 GRANDCAMP-MAISY Tel.: +33(0)2 31 22 61 79

## Brasserie

## Le domaine de l'Hostréière

Fine dining room with a large sunlit patio in a verdant setting. we offer you : burger, snack and traditional food! Le Domaine de l'Hostréière is located in Colleville-sur-Mer, by the Landing beaches and near the American Cemetery.



Route du Cimetière Américain 14710 COLLEVILLE-SUR-MER Tel.: +33(0)2 31 51 64 64 www.domainehostreiere.com

## Brasserie

## La Crémaillère

Located at the intersection between the beach, the American Cemetery and Pointe du Hoc, the La Crémaillère restaurant serves simple and traditional cuisine. The set menu with all-you-caneat buffet, dish of the day and dessert for 16 euros will hit the spot! :)

Open all day, and can cater for groups.



Route de Formigny 14710 SAINT-LAURENT-SUR-MER Tel.: +33(0)2 31 22 44 22

Pizzeria

Le Débarquement

des saveurs

On one of the freshly redeveloped town

squares, Anthony welcomes you - indoors or

on the sunny patio. Relish in a taste of his

wood-fired pizzas and home-made burgers,

made from local produce. Take-away service

available.

CONFACE 4:20

48, rue Jean-Pierre Richard

14710 TREVIERES

Tel.: +33(0)9 82 21 64 87

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# La Sapinière

This brasserie-style restaurant with a friendly, relaxed atmosphere serves mussels and fries, salads, daily catch, and seafood... on a wooden seasidestyle patio.

Good to know: Sandwiches, waffles, beverages.



100, rue de la 2è infanterie US 14710 SAINT-LAURENT-SUR-MER Tel.: +33(0)2 31 92 71 72 www.la-sapiniere.fr

# pancake house

#### La Gavotte

Come and relish in a delicious home-made pancake, by the famous Hogues quarter, once home to the local fishermen, in Isigny-sur-Mer.

Open all year round.

### CONFACE

2 Quai Surcouf 14230 ISIGNY-SUR-MER Tel.: +33(0)9 70 66 98 80

## Brasserie

## Le Central

Le Central is a lively traditional brasserie. It is always busy at lunchtime, with tourists and locals good-naturedly sharing tables. Dishes of the day, desserts of the day, pizzas, salads, sweet and savoury pancackes, etc. Eat inside or outside (20 seats). In

the evening, Le Central extends its warm welcome to families and friends and offers a comfortable setting...



15 place Général de Gaulle 14230 ISIGNY-SUR-MER Tel.: +33(0)2 31 51 09 60 Facebook Le Central à Isigny-sur-Mer

# Restaurant

## L'Hôtel du Casino

In this pretty stonebuilt house with wooden patio and sea views, Suzel & Bruno Clémençon welcome you to their historic establishment. Indulge in a taste of their delicious seafood as you watch the fun and activities on the beach. Pure pleasure!

Worthy of note: the establishment boasts 2 'cocottes' in the Logis de France rating.

## CONLACL

Boulevard de Cauvigny 14710 VIERVILLE-SUR-MER Tel.: +33(0)2 31 22 41 02 www.omaha-beach-hotel.biz

# semi-gourmet

#### La Trinquette

In an elegantly decorated setting, the young Chef François Germain, noted by the Michelin Guide, offers incomparably fresh, tasty cuisine from organic vegetables, the catch of the day, and local products, all cooked on the premises.

Take our advice: Try the 'Grandcopaise pot', his speciality. Booking required.

## CONFACF

7 route du Joncal 14450 GRANDCAMP-MAISY Tel.: +33(0)2 31 22 64 90 www.restaurant-la-tringuette.com



## OYSEERS AND SCALLOPS

Normandy is one of Europe's leading producers of oysters! In its coastal environment, Isigny breeds the only oysters that get to be called 'Isigny specials' in the Bay of Veys, at the Grandcamp-Maisy farming station. Worthy of note: the Tourist Office organises guided tours at the Grandcamp-Maisy oyster farm every Monday and Tuesday in the summer!

See p.35

# PORTFOLIO









**5 - Glide along the water** Initiation into sailing © *F. Thériaux* 

6 - Marshes in the summer A moment's respite in the heart of nature, on the edge of the marshes © T. Houyel





**1 - The road to the sea** At the end of the road, all the immensity of the sea awaits you. © *F. Thériaux* 

2 - Monumental! Yao Yuan's statue to commemorate peace, in Grandcamp-Maisy. 3 - Try your hand at Fat Bike ... and marvel at the beauty of the landscapes © T. Houyel

**4 - Yum yum** Autumn is the mushroom gathering season © *P. Cosne* 

#### 2023 EDITION

# ACCOMMODATIONS

# Find all useful information on accommodation in the Isigny-Omaha destination

on our website







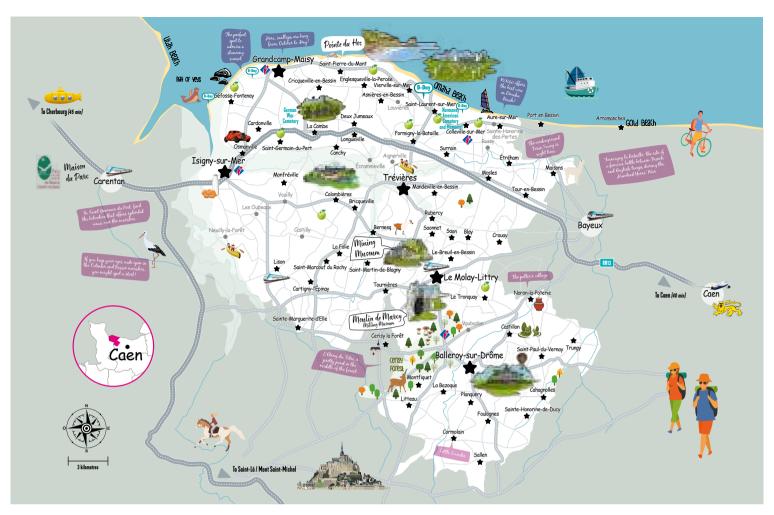
# Musée Mémorial-Memorial Museum



6 Juin 1944

PLONGEZ AU COEUR DE L'HISTOIRE DU DÉBARQUEMENT DIVE INTO THE HEART OF THE LANDING STORY

> Avenue de la libération 14710 Saint Laurent Sur Mer vw.musee-memorial-omaha.com



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Main photographs : Thierry Houyel and Isigny-Omaha Tourisme Th. Houyel, F. Thériaux, P. Cosne, Les Droners, C. Par, Best Defense Foundation p.11, F. Mathy p.18,M. Rama p.23, D. Herbreteau p.27 . Emmanuel Berthier / Calvados Attractivité p.44, Région Normandie - Inventaire général - Manuel de Rugy p.13 / The Brave sculpture by Anilore Banon@ADAGP, UCL Isigny Ste Mère p.52. Certain illustrations and photographs are provided by our tourism partners.

PRINTING: Imprimerie Corlet

**TRANSLATION:** Abaque Traduction Heather Inglis

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isigny-omaha-tourisme.fr





CONFACE

Isigny-Omaha Tourist Office information kiosks:

GRANDCAMP-MAISY 26 quai Crampon 14450 Grandcamp-Maisy

ISIGNY-SUR-MER 16 rue Emile Demagny 14230 Isigny-sur-Mer

OMAHA BEACH Lotissement Omaha Center 14710 Colleville-sur-Mer From April to October

**MONTFIQUET MAISON DE LA FORÊT** L'embranchement 14490 Montfiquet *Reopening autumn 2023* 

Tel.: +33 (0)2 31 21 46 00 accueil@isigny-omaha-tourisme.fr



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