

NORMANDIE

2024 edition

80^e
ANNIVERSAIRE
D-DAY & BATAILLE
DE NORMANDIE



The tourist magazine FOR YOUR DESTINATION Isigny-Omaha



Courtesy of the Tourist Office



PDO Isigny Butter and Cream
Traditional cheeses



FOR YOUR HEALTH, PRACTICE REGULAR PHYSICAL ACTIVITY. WWW.MANGERBOUGER.FR

In this issue, you'll find all the ideas
you need for your next holiday!

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Tips for your stay IF YOUR SCHEDULE IS TIGHT

It's not easy to come up with a holiday plan when there are so many things to choose from! And of course the weather, the mood of the day, and the time available can all affect your plans. So to make your job easier, here are a few suggestions drawn from our own regular habits, our little bits of heaven, and our favourite stomping grounds.



1



2



3



4



5

IDEAS FOR ACCOMMODATION

If you're staying for 7 days

Saturday: Hooray, it's holiday time!

Once your bags are unpacked, hurry over to Omaha Beach for a swim! It's a good evening for quiet dining in a small café and an ice cream by the seaside before slipping into bed to dream about what's in store for the week ahead.

Sunday: Beach day

Morning: See the towering cliffsides of Sainte-Honorine des Pertes (1) and catch some mussels (p.34).

Afternoon: Stroll along the famous Omaha Beach and explore its dunes.

Evening: Browse the night market at Grandcamp (July-August) and wander aimlessly past the docks.

Monday: Delights from Isigny-Omaha

Morning: Explore the foreshore and the oyster farms (July- August) or try other specialities at a cider farm (2). (p.58-59)

Afternoon: Visit Isigny's caramel factories and browse local crafts. (p.52 to 59)

Tuesday Landing beaches

Morning: Meet up in the American cemetery in Colleville-sur-Mer (3), then visit the German cemetery in La Cambé. **Afternoon:** Go to Pointe du Hoc by land or sea and visit D-Day museums. (p.15-23)

Wednesday: At your own pace!

Morning: why not browse the market at Isigny-sur-Mer and sample the famous sausage sandwich, or take a horse-drawn carriage ride (4) through Isigny-Omaha (only in the school holidays).

Afternoon: enjoy a horseback ride through the forest or our verdant Normandy countryside (p.40).

Evening: Watch the sunset on Omaha Beach.

Thursday: Fun day!

Morning: Take a trip out to sea. And why not try your hand at sand sailing? (p.35 and 37)

Afternoon: Go boating at the intercommunal sailing school or Eolia, and test your balance on a stand-up paddle or fat bike. (p.38)

Friday: Get in touch with nature

Morning: Discover the swamps and go stork-watching (5) on a hike. (p.43)

Afternoon: Visit the Mill at Marcy, or the Mining Museum (p.27), then admire the sun setting over the countryside from a hot air balloon heading off from Balleroy (p.48).

Saturday : Before you leave... a little touch of originality!

There are several options, from a memorable moment with the Mohair Barn goats or with the alpacas in Maisons, a childhood experience at the Walt d'Isigny centre, or a tour of the RN13 Museum.

Fun times ahead! (p.28 and p.29)



If you're staying for 2 days

Day 1: The Normandy Landing beaches

Morning: Visit the history museums as a family to better understand the Landings, stop at the souvenir shop, take a contemplative stroll through the American Cemetery

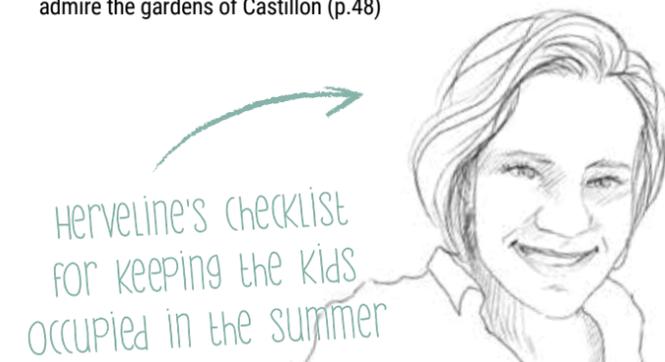
Afternoon: Reflective moment on the Landing site at Omaha Beach, admire The Brave sculpture in Saint-Laurent-sur-Mer, lunch on a balcony, explore Pointe du Hoc, tour the Maisy artillery battery, visit the German War Cemetery. And what if you continued your tour aboard a period vehicle? (p.20 and 21).

Evening: Elegant seafood dinner

Day 2: Local specialities and cultural heritage

Morning: Visit Isigny's caramel factories and go shopping, take a short stroll through Cerisy Forest (p.47)

Afternoon: Outdoor lunch, visit a gorgeous castle (p26/27) and admire the gardens of Castillon (p.48)



- Sail away as a family. (p. 31)
- Take a horse or pony ride. (p. 40)
- Join the enthusiasm of a range of family workshops (p.43)
- Do giant drawings on the beach (p.33)
- Walk along the Bay of Veys and watch the seals or stroll through the marshes to spot a few storks => Keep your distance and keep a low profile so that you don't disturb them!
- Visit La Grange au Mohair for free, and pet the goats. (p.25)
- Discover the fabulous Walt d'Isigny Museum. (p.24)
- Go on a treasure hunt with your family. There are five for you to choose from! (p.25)

HISTORY AND MEMORY

Cimetière Américain de Normandie

80th anniversary
OF D-DAY

79 years ago BUT NOT SO LONG AGO

In the spring of 1944, the Second World War seemed to have reached a stalemate. Hitler and his generals were sure that the Allies would land in Europe, but where? The Third Reich built up the 'Atlantic Wall' to stop an invasion by Great Britain. The British, American, and Canadian Allies came up with a grand plan to disrupt the German Army from the French coastline: Operation Overlord.



1 - The Omaha footbridges
The battle plan: to launch a simultaneous assault on five coastal areas of Normandy, in western Calvados and the eastern Channel coast.

On 5 June 1944, under General Eisenhower's command, the operations began with the aerial then naval bombardment of the German defenses before the landing beaches and the artillery located further inland.

June 6th brought 'The Longest Day': Thousands of ships crossed the Channel, bringing infantry and armoured vehicles to attack the German Army from the beaches. Meanwhile, Pointe du Hoc was scaled and captured by American Rangers. This amphibious operation, codenamed 'Operation Neptune', marked the start of

the Battle of Normandy.

This was the most important phase in Operation Overlord, which sought to create an Allied beachhead in Northwestern Europe and a new Western Front.

Once the beaches and surrounding areas had been captured, they had to be cleaned and cleared of debris to allow the larger-scale landing of troops and supplies. The Allies set up two harbours (Project Mulberry) on two of the beaches taken, Omaha Beach and Gold Beach. In the entire history of the Normandy Landings, their construction was the most demanding project, and of the greatest technical prowess.

1 - The Omaha footbridges

5 footbridges, forming part of the former artificial harbour of Omaha Beach, visible at Vierville-sur-Mer

2 - The GIs from the 116th Infantry Regiment/29th Infantry Division

Medal awarded by the National D-Day Memorial in Vierville-sur-Mer

3 - Veterans: Our war heroes

Isigny-Omaha hosted the Best Defense Foundation at its schools in 2018

Did you know?

The harbour (known as Mulberry A) in Saint-Laurent-sur-Mer was destroyed by a storm not long after it was built. One of its floating piers is now on display at Vierville-sur-Mer.



LANDMARKS

12:05 am



The moon is nearly full and over 5,000 tons of bombs have been dropped by Allied planes onto the German artillery along the coast from Le Havre to Cherbourg.

Hitler is asleep, and his staff feel it unwise to wake him. Awaiting the Allies in Calais, the Germans do not think a massive landing could happen in Normandy.



5:00 am

5:58 am



Day breaks and the tide is low. The plan calls for the Allies to land some 5,000 ships on the beaches of the Normandy coast. 'Utah' and 'Omaha', were the two names given to the American sectors.

On Omaha Beach, a massive and totally exposed shore, the Landing becomes a nightmare. Heavily strapped soldiers sink to the depths. Others perish under German gunfire.



06:45 am

8:00 am



Colonel Rudder confirms that the WN75 at Pointe du Hoc, a 30m cliffside, is partially under control after the heroic attack by the 225 Rangers under his command.

From London, De Gaulle declares, "The final battle is joined!" Of the 156,000 Allied soldiers who land, 10,000 are killed or injured. The Germans lose around 6,500 men.



6:00 pm

Why and how ?

For the Landings to succeed, the right weather conditions were crucial:

- a clear night under a full moon for advance bombings
- calm winds for the paratroopers
- low tide at dawn to see the many traps set on the beach
- few waves at shore.



Eisenhower planned the operation for Monday 5 June 1944, but cloudy skies and rough seas forced the postponement of the Allied Landings. Hoping for a moment of calmer weather, Eisenhower approved the launch of Operation Overlord for the morning of 6th June.

Did you know ?

Commandant Kieffer

Philippe Kieffer will be remembered for playing an important role in the Normandy Landings. Leading a unit of 177 men, the only French soldiers to take part in the operation (1er Bataillon de Fusiliers Marins Commandos, later known as the Green Berets), he landed at Sword Beach in Colleville-Montgomery. Despite significant casualties and injury to himself, he achieved his goal, and began the liberation of Ouistreham. After the war, the Lieutenant Commander moved to Grandcamp-Maisy. He became a councillor, then a member of Parliament in 1946. He is buried by the sea in Grandcamp-Maisy Cemetery.

«If I were told the story of Omaha Beach»

They were aged 9 and 21; they lived near the beach of the golden sands when, in 1944, it became... Omaha Beach! Eight witnesses tell their stories over this poignant documentary film available on YouTube.



international ceremony 6 June at saint-Laurent-sur-mer

Each year on around 6 June, Normandy hosts numerous ceremonies to pay tribute to the soldiers and civilians who fell during the D-Day landings in 1944. These ceremonies take on a special dimension every fifth year with the organisation of an international ceremony attended by heads of state.



International ceremony

On the afternoon of 6 June 2024, Isigny-Omaha is honoured to welcome veterans, presidents and ministers from around the world to the town of Saint Laurent-sur-Mer. A moment of emotion and reflection.

The ceremonies on 6 June are by invitation only.



Franco-American ceremony

A bi-national ceremony will also be held on the morning of 6 June 2024. US President Joe Biden has invited French President Emmanuel Macron to pay his respects at the Normandy American Cemetery in Colleville-sur-Mer, in the very heart of Omaha Beach.



Ceremony at the German Cemetery

The German military cemetery at La Cambe is holding a commemorative ceremony on 5 June at 1.30pm, attended by personalities representing the French and German authorities.

Ceremony open to the public.



passage
olympic flame

AN EXTRAORDINARY MOMENT
AT 8H ON THURSDAY 30 MAY 2024

An epic that also pays tribute to D-Day!

One hundred years after the last French Summer Olympics, this year we are honoured to cheer on the torch bearer for the 2024 Games on Omaha Beach.

The flame lands by boat on Omaha Beach and continues its journey by relay on horseback to the American cemetery at Colleville-sur-Mer.

Then it is time for a moving ceremony attended by 2,000 local children!



anniversary of D-Day 80th anniversary celebrations and tributes

80th anniversary of the Normandy landings! This is a wonderful opportunity for us to pass the fundamental values of democracy and reconciliation down to our children, while joyfully celebrating this liberty regained. The world moves at breakneck speed. So let's take this moment to reflect, to pay tribute and share! We have a duty to remember if we are to build a lasting peace.



The Pic-nic and Freedom Concert on Omaha Beach Saturday 1 June at Vierville-sur-Mer from 6pm

An incredible free evening dedicated to American musical culture from the 40s to the 70s, with 3 concerts lasting almost 6 hours, with a party atmosphere! The traditional giant Omaha Beach picnic, usually held in Saint-Laurent-sur-Mer, is taking on a new dimension this year by becoming the "OMAHA BEACH FREEDOM CONCERT".

the Normandy D-Day festival

Each year, around 6 June, the Tourist Offices of the D-Day landing beaches invite you to celebrate our freedom regained at the Normandy D-Day Festival: a programme of tourist and popular, cultural and festive events!

This year, over 100 events and ceremonies are planned in the Isigny-Omaha area, organised by local authorities, associations and museums. There are many highlights: concerts, parades, meetings, cultural events and ceremonies highlighting the history of the Liberation.



Scan the QR codes to read the programmes.



programme of the D-Day Festival



Isigny Omaha programme

on the programme

- ★ **Mam'zelle Bee Swing Orchestra (6-8pm):** from swing to boogie, immerse yourself into the time of Liberation, with its balls, good humour and, above all, hope for a better future.
- ★ **Haylen (8.15pm-9.45pm):** The blues, soul and rock & roll of this golden-voiced singer will take you on a spellbinding journey back to the 50s and 60s.
- ★ **French Soul Connection (10.00pm-11.30pm):** French Soul Connection takes us back to the 60s and the electrifying sounds of funk and soul.



It will be held on the heights of Vierville-sur-Mer, with a BREATHTAKING VIEW from Omaha Beach to the coast of Arromanches.

Bring your own picnic* or take advantage of the FOOD-trucks and refreshment stands set up for the occasion. Over 2,000 seats are available for dinner!

The evening will culminate in the burning of the coast, an event organised by the Normandy Region. This is the ideal spot to watch a number of FIREWORK DISPLAYS at the same time.

* Depending on the Vigipirate plan enacted at the time, checkpoints or screening may be set up at the entrance to the picnic site. Certain objects may be restricted, so remember to bring suitable cutlery and glassware.



The celebrations to mark Liberty regained also continue in July and August...

To prolong the special atmosphere of the main anniversaries of the D-Day landings, Isigny-Omaha Intercom will be giving everyone, residents and holidaymakers alike, the chance to dance, sing and marvel at American culture throughout the summer of 2024. Five Thursdays, five opportunities to discover American musical and film culture through concerts and open-air cinema screenings.

FREE

- ★ Concerts at 8pm:
 - Thursday, 4 July at Balleroy sur Drôme
 - Thursday, 11 July at Trévières
 - Thursday, 8 August at Grandcamp-Maisy
- ★ Film screenings at dusk:
 - Thursday 25 July at Litteau
 - Thursday 22 August at Isigny-sur-Mer

D-DAY TODAY

Admire the headlands, explore the batteries and the museums, visit the American and German cemeteries and set foot on the sandy beaches that will take you back to the heat of the Landings. Imagine the deafening sound of gunfire, the panic among the soldiers, their cries and the trap that was gradually closing in on them...



Normandy American Cemetery

Overlooking Omaha Beach, this 70-hectare cemetery is the final resting place of over 9,300 soldiers who fell in combat during the Normandy Landings. The Visitor Center pays respects to the courage and sacrifice of those who are laid to rest here. The Chapel, the Memorial, and the Garden of the Missing honour their memory. The powerful image of this vast and solemn garden of 9,388 white crosses leaves no visitor unmoved. Don't miss the raising or lowering of the flag. A unique, captivating moment.

Self-guided visit or guided tour. Picnicking is prohibited within the cemetery and car park.

RATES: Free

OPEN:

1st April to 30th September:
9am to 6p.m.

1st October to 31st March:
9a.m. to 5p.m.

Last entry 15 minutes prior to closing.



Omaha Beach
14710 COLLEVILLE-SUR-MER
Tel.: +33(0)2 31 51 62 00
www.abmc.gov



German War Cemetery

Set up and maintained by the VOLKS BUND (Maintenance Department for German Military Tombs), the cemetery houses the graves of over 21,200 German soldiers. 1,220 maple trees were planted here as living symbols of peace and reconciliation between nations. The new trilingual exhibition addresses the themes of Man in wartime, German tombs, the civilian population, the meaning of commemorations and the duty to remember. The complexity and tragedy of war are showcased.

Self-guided visit:

Allow 1 hour to 1 hour 30 minutes.

RATES: Free

OPEN:

1st April to 31st October: 8a.m. to 7p.m.

1st November to 31st March: 8:30a.m. to 5p.m.

Saturday and Sunday: Open at 9a.m.



Ancienne Route Nationale 13
14230 LA CAMBE
Tel.: +33(0)2 31 22 70 76
www.volksbund.de

Balades
et randos
NAUTIQUES
CALVADOS



Découvrez la Pointe du Hoc comme vous ne l'avez jamais vue !
Embarquez sur un kayak pour une **randonnée nautique sportive** vers ce site emblématique du 6 juin 1944.

see pointe
du HOC from
the sea

contact

**KAYAKING AT
POINTE DU HOC**
14450 GRANDCAMP-MAISY
Tel: +33(0)2 31 21 46 00
www.isigny-omaha-tourisme.fr

RATE: €20

OPEN:

July 1 to August 31 on Saturdays (hours
depend on tides)

Tips: tours for 15-year-olds and over, for
those who can swim..

POINTE DU HOC 



D-Day, 07:00 am

The first Rangers attempted to scale the 30-metre-tall cliff with hooks and ladders to reach the bombarded summit and clear the way for the other soldiers. It was one of the most difficult battles on D-Day. Today, the breathtaking scars are still visible, bearing witness to the heroic action of the American soldiers.

These sites are steeped in gravity and it is a chilling experience for visitors to the artillery battery to imagine the violence of the assault, over a tour of the firing command station, casemates, bunkers and craters.



TIP

There is a free 'Pointe du Hoc' mobile app;
download it before you come.



contact 

POINTE DU HOC
Reception building
with film projection,
unaccompanied tours.
14450 CRICQUEVILLE
EN-BESSIN
Tel: +33(0)2 31 51 62 00
www.abmc.gov

RATES: Free

OPEN:

Site open 24/7

Visitor Centre: enquire

D-DAY MUSEUMS

No trip to Isigny-Omaha would be complete without touring the museums! They're a gold mine for history buffs, military vehicle enthusiasts, espionage lovers, would-be explorers and curious youngsters. They're also a reminder of the terrible years of war that affected millions of lives.

OVERLORD MUSEUM

Located 500m from the Normandy American Cemetery in Colleville-sur-Mer and the famous Omaha Beach, the Overlord Museum hosts a unique collection of over 10,000 displays covering the history of the Battle of Normandy up to the liberation of Paris. The 6 belligerent armies are shown via life-size period scenes that combine soldiers' personal effects and over 40 vehicles, tanks and guns. 2,200 m² of completely immersive exhibition space.

RATES: Adult : €9,50 / Student, Child (7 to 15) : €7
OPENING TIMES:
 From 10/02/2024 to 31/12/2024.
 Museum closed on 24 and 25 December.
 Ticket office closes 1 hour before the museum closes.

CONTACT   CARRIED
 Lotissement Omaha Center
 Rond-point du cimetière américain
 14710 COLLEVILLE-SUR-MER
 Tel.: +33(0)2 31 22 00 55
 www.overlordmuseum.com



LA MAISON DE LA LIBÉRATION

The Flowers of the Resistance welcome you to the first house freed by the Americans on the morning of 6 June 1944 in Saint Laurent sur Mer. D-Day site devoted to the Resistance fighters, to the TOP SECRET operation of the SUSSEX/PROUST PLAN and Mission ASCAIN, which took place during the night of June 5-6 and to the memory of the paratroopers from 101st Airborne lost over Omaha: the 'Stone of Remembrance' to Allies and the civilians. Unaccompanied tour of outdoor areas from 10am to 6.30pm. Private guided indoor tours: Every day from 6.30 to 7.30pm and on Wednesdays from 2.30 to 7.30pm. All visits to the Maison de la Libération are exclusively by appointment, made by phone or e-mail (contact@maisondelaliberation.fr) and are subject to availability. The 'Omaha Vigils', by appointment, at 9pm (visit, film projection and testimonies).

RATES: Donation to the association «Les Fleurs de la Résistance».
OPEN:
 01/05 > 12/09

CONTACT
 27 rue du Val
 14710 SAINT-LAURENT-SUR-MER
 Tel.: +33(0)6 87 40 35 63
 www.maisondelaliberation.fr



OMAHA BEACH MEMORIAL MUSEUM

Delve into the history of the Landings. 200m from the beach, the Memorial Museum has, for the past 30 years, paid homage to the soldiers who landed on our beaches. Numerous dioramas, a large collection of memorabilia, archive photos and a 25-minute period documentary, accompanied by witness accounts from veterans, highlight the courage of these men who came to set us free. The visit is suitable for children and is unaccompanied.



RATES: Adult : €7,70 / Student (16 à 25 ans) : €5,80 / Child (7 à 15 ans) : €4,50
OPEN: Feb. Mar. Oct. Nov. Dec. : 10am to 5:30pm
 April, May and Sept: 9:30am to 6:30pm
 June, July Aug. : 9:30am to 7pm

CONTACT   CARRIED
 Avenue de la Libération
 14710 SAINT-LAURENT-SUR-MER
 Tel.: +33(0)2 31 21 97 44
 www.musee-memorial-omaha.com

D-DAY OMAHA MUSEUM

Thousands of original exhibits on display in the very heart of Omaha Beach, in a genuine American period building. Located between the Normandy American Cemetery and Pointe du Hoc, this museum boasts a brand-new scenography and a unique collection of treasures, including an Enigma machine, an FG 42 rifle, a Goliath tank, original landing barges, material used by the Resistance, excavation equipment, etc. all reunited over 50 years by a family with a passion and a will to pass on this precious heritage. Fresh local produce awaits you aboard the nearby Embusqué food truck.



RATES: Adult: €7 / Student: €5,50 / Child (8 à 15 ans) : €4
OPEN:
 01>06>31/08: 10am to 7pm
 01/04>31/05 and Sept: 10:30am to 6pm

CONTACT    
 Route de Grandcamp Maisy
 14710 VIERVILLE-SUR-MER
 Tel.: +33(0)2 31 21 71 80
 www.dday-omaha.fr

The Atlantic Wall



Maisy Battery

Come and see this former German military post comprising 2.5 km of trenches, tunnels, emplacements for six 155mm artillery platforms, and other underground facilities. This large German battery opened fire on the liberating forces, vehemently defending Utah and Omaha Beaches. Its final assault, by one of the battalions of American Rangers on 9 June 1944 was to last 5 long hours! This visit is unaccompanied and maps of the site are available on request. Bring a torch, and boots if it is raining. Ticket sales close 1 hour prior to site closure.

CONTACT  
 7 Route des Perruques
 14450 GRANDCAMP-MAISY
 Tel.: +33(0) 7411932197
 www.maisybattery.com
RATES: Adult - €8 / Child: €5 / free under age 6
OPEN:
 01/04 > 31/05 et Sept. : 10am to 5pm
 01/06 > 31/08 : 10am to 7pm

Bunker WN88 in Géfosse

Don't miss this tour! Every Sunday morning at 10am, Luc Le Gleuher, a colourful character, offers a guided tour of the 'WN 88', a former German bunker located in Géfosse-Fontenay. You'll learn the entire history of this element of the Atlantic Wall, in perfectly preserved condition. Booking required.

CONTACT 
 Ancienne Route Nationale
 Le bourg
 14230 OSMANVILLE
 Tel.: +33(0)2 31 51 07 61
 +33(0)6 74 72 25 15
RATES: Visitor's choice of donation
OPEN:
 Sunday mornings all year.

THE RITCHIE BOYS

Immerse yourself in the psychological warfare waged by the American propaganda services from the château de Colombières in 1944.

Learn about the Ritchie Boys, the young German refugees who fled Nazi Germany and then joined the American military intelligence services.

These little-known historical facts will be presented to you by the château's owner who has curated a unique collection of documents, newspapers and propaganda leaflets revealing the vital role played by the Ritchie Boys in Allied strategy.

RATES: €6
OPEN:
 June, July, August,
 Tuesday and Thursday
 10am to 11am
 Reservation required

CONTACT
 Château de Colombières
 14710 COLOMBIERES
 Tel.: +33(0)2 31 22 51 65
 chateau-colombieres.fr



Guided tours of the Tourist Office



Tell Me About Omaha

During a walking tour, your guide will tell you how, in just a few hours, the magnificent 'Beach of the Golden Sands' became the tragic 'Bloody Omaha'.

RATES: Adult - €6 / Child (age 5 to 12): €3
OPEN: July and August on Fridays and during school holidays
PLACE: Saint-Laurent-sur-Mer 

Stories of Omaha in horse and carriage

In a horse and carriage Climb on board a carriage drawn by Norman Cob horses and head off for a gentle tour of the famous commune of Vierville-sur-Mer (Omaha Beach).

RATES: Adult - €20 / Child (age 5 to 12): €15 / Family: €60
OPEN: July and August, on some Thursdays and during school vacations. Duration: 2.5 hours
PLACE: Vierville-sur-Mer

CONTACT Tourist Office, Tel: +33(0)2 31 21 46 00

Demandez le billet jumelé pour découvrir aussi les plages du Débarquement côté Manche avec nos sorties «Raconte-moi le D-Day sur Omaha et Utah»

THINGS TO SEE AND DO

A tour of the museums on Omaha Beach is not the only way to learn the story of the D-Day Landings. You can discover these emblematic sites in a number of different ways: from above, by bike, aboard a kayak or in the company of a specialised tour guide, who can offer a simple insight into historic events and the landscape around you.

To totally immerse yourself in History

Indulge yourself in a panoramic flight aboard an Écureuil helicopter to seat 6 passengers or aboard a two-seater ultralight aircraft! From the skies, discover the striking site of Pointe du Hoc and the incredible Normandy American Cemetery, by Omaha Beach - a truly original insight into the immensity of the task undertaken by the Allied soldiers.



ULM - OMAHA BEACH AIRFIELD LF 1456

PRICES: FROM €80 for 15 minutes
OPENING TIMES: All year round

CONTACT

Possible flight from Utah Beach to Pegasus Bridge
Vignets de Cabourg
14710 COLLEVILLE-SUR-MER
Tel.: +33(0)6 80 16 38 79
lf1456.com



Héli'Évènements

RATES: €55 to €315 (flight : 6 min to 40 min)
OPEN: From 27 May to 04 June, from 10 to 12 June, then from 21 July to 18 August

CONTACT

14710 ENGESQUEVILLE LA-PERCEE (sur la D514)
Tel.: +33(0)2 35 80 94 16
+33(0)6 22 69 08 79
www.helievenements.com

OUTDOOR ESCAPE GAME PANDA MONTION

Specialists in fun and environmentally friendly leisure activities in Normandy. Relive the D-Day landings in an outdoor escape game. Alongside enthusiasts dressed in period costume, follow in the footsteps of the soldiers of Omaha Beach during this decisive page in our history. Rated the best experience in Normandy on Tripadvisor, our activities are aimed at all ages from 8 upwards. Weekends, holidays... Book your next adventure now in the heart of the D-Day landing beaches!

RATES: FROM €9.90 per adult
OPEN: All year round by reservation

CONTACT

Monument signal Omaha beach
Avenue de la Libération
14710 Saint-Laurent-sur-Mer
Tel.: +33(0)6 15 29 99 54
pandamotion-location-visite.fr



WORLD WAR 2 VETERANS MEMORIES

Florent and Jenny have devised several itineraries aboard a genuine period Jeep (immersion guaranteed!) or a luxuriously equipped van with foldaway step. Whether you choose a few hours or several days, these tours include a host of key sites associated with the Normandy Landings, over some fascinating tales and anecdotes.

RATES:
Jeep (max 3 passengers) - 1h45/€150 - half day/€350 - full day/€550
Van (max 8 passengers) - half day/€300 - full day/€500
OPEN: All year

CONTACT

Plages du Débarquement
tél : +33(0)6 76 24 14 84
ww2veteransmemories.org



JEEP'N DODGE EXPERIENCE

Bastien and Nicolas are two brothers with a passion for the history of the Normandy Landings. They propose a unique experience aboard their historic vehicles dating from 1944 (a Willys Jeep and a Dodge WC 51). Let them take you on a journey in the footsteps of the Allies and an insight into some of the most emblematic D-Day sites, with period images and some fascinating tales along your way.

RATES: €75 to €240 (45 minutes to 2 hours). Prior booking is mandatory. Not suitable for children aged under 8.

OPEN: All year

CONTACT

Moulin de la Fosse Soucy
14400 MAISONS
Tel.: +33(0)6 88 14 86 04
+33(0)6 33 80 26 29
www.jeepondodgeexperience.com



Opt for a tour aboard A PERIOD VEHICLE!

or in electric fatbike ride with...

info +

→ OMAHA BEACH D-DAY STORY Commented electric fatbike ride

→ Information on Eolia p.32

OMAHA BEACH TOUR

Enjoy a unique and immersive experience aboard original US vehicles from the Second World War: the legendary Jeep of course, and the Dodge WC 51.

Omaha Beach Tour proposes excursions with commentary (for 2 to 8 participants) for a duration of 40 minutes or 1 hour 15 minutes.

Discover Omaha Beach and the narrow pathways of the Normandy bocage. What's more, on the longer tour, you'll stop at a former German position offering spectacular views.

RATES: From €18/person for 40 minutes, €34/person for 1 hour 15 minutes.

OPEN: 15 April to 18 September, closed on Saturday.

No booking required from 15 July to 15 August. With or without booking on-site the rest of the season.

Book via our website.

CONTACT

American Cemetery access roundabout
Lotissement Omaha Center
14710 Colleville-sur-Mer
Tel.: +33(0)6 26 76 93 71
omahabeachtour.com





D-Day Experience



Here, you don't learn history, you relive it! Discover the many exhibition areas of the D-Day Experience: museum, historic house, a unique flight simulator, giant screen 3D cinema, memorial in memory of the airborne troops, military antique store and souvenir shop.

RATES: With or without cinema - Adults - €9 to €19,90
Children (6-17 years) - €7 to €15,90
Families (max 3 children) - €45 to €65

OPEN: 01/10 to 31/03 - 10am to 6pm / 01/04 to 30/09 - 9.30am to 7pm

CONTACT

2 Village de l'Amont
Saint-Côme-du-Mont
50500 CARENTAN-LES-MARAIS
Tel.: +33(0)2 33 23 61 95
www.dday-experience.com



World War II Museum



Learn about life in the Second World War in the 1,000 m² of exhibition space, where visitors can immerse themselves in the atmosphere of the time. Stroll down a typical 1940s street, recreated with its shops and houses. A host of period vehicles and equipment, with blockhouses offering a breathtaking view of Utah Beach. Finally, there's a temporary exhibition on the 1936 Berlin Olympics, featuring rare objects on display for the first time.

RATES: Adult: €9 / Child: €6

OPEN: May 1 to August 31: 10a.m. to 7p.m.
April Sept. Oct. and to Nov.17 : 10a.m.-6p.m.

CONTACT (en sac adapté)

18 avenue de la Plage
50310 QUINEVILLE
Tel.: +33(0)2 33 95 95 95
worldwar2-museum.com



Normandy Victory Museum



This unique setting is the perfect spot to learn about the history of the Battle of the Hedgerows through a moving set featuring around a hundred mannequins in uniform and civilian clothes, and over 15,000 authentic objects. Permanent exhibits: "The role of women in war" and "Portraits of veterans". Temporary exhibition until 20 May 2024 "Gabin, la guerre c'est pas du cinéma" (Gabin, war isn't the movies). Tours in vintage military vehicles. On site: shop and restaurant.

RATES: Adults: €9.90 / Children (aged 7 to 17 inclusive): €6 / Under 6s: free / concessions (teachers, students, military personnel, disabled): €7 / Family package: €30

OPEN: April to Oct: open every day / Nov. to March: open weekends and holidays / Annual closure in January.

CONTACT (en sac adapté)

Rue de la Fourchette-Catz
50500 CARENTAN-LES-MARAIS
Tel.: +33(0)2 33 71 74 94
normandy-victory-museum.fr



Crisbecq Battery



Immerse yourself in the largest artillery battery along the Normandy Landing beaches, the famed site where the first shot was fired at dawn on 6 June 1944.

See the entire German battery with its 22 underground blockhouses, refurbished to their original state, a surprising complex of bunkers and trenches across a vast 12-acre site. NEW Land on the beaches of UTAH on the morning of June 6, 1944 aboard our simulator (from June 2024).

RATES: Adult: €9 / Child: €6

OPEN: July 1 to August 31: 10a.m. to 7p.m. Feb. 10 to November 11: 10 a.m-6p.m.

CONTACT (en sac adapté)

A1 route de Crisbecq
50310 SAINT-MARCOUF-DE-L'ISLE
Tel.: +33(0)9 82 57 61 92
06 68 41 09 04
batterie-marcouf.com



Airship hangar in Écausseville



The only one of its kind in Europe, this massive military-designed structure offers a four-step visit: Its history, the Battle of Montebourg in 1944, the 1944 battlefield tour, and the hangar tour.

RATES: Adult - €6 / Child (age 8 to 14): €2.50 / Family: €13 and €15
OPEN: 1 July > August 31 : 10a.m.-6p.m..

Rest of the year: 2p.m. to 6p.m. Closed from Dec. to March inclusive (excluding February school break).
Ask about other times.

CONTACT (en sac adapté)

La Lande
50310 ÉCAUSSEVILLE
Tel.: +33(0)6 81 18 06 65
aerobase.fr



Le Mémorial de Caen



From the origins of the Second World War to the end of the Cold War, displays at the Memorial museum relate the dark history of the 20th century. We offer guided family tours in the school holidays. From 8 May, visit our new temporary exhibition "The Dawn of the American Century, 1919-1944 - Under the Red White and Blue". Save time by buying your tickets online via our website.

RATES AND OPENING HOURS:
sur memorial-caen.fr

CONTACT (en sac adapté)

Esplanade Général Eisenhower
CS 55026 14050 CAEN
Tel.: +33(0)2 31 06 06 45
memorial-caen.fr



Utah Beach - Landing museum



With a complete chronological tour, enter the history of the Landings and discover a vast collection of objects, vehicles and equipment. The Museum's highlight is an authentic American B-26 Marauder bomber jet, on display in a specially designed hangar. Guided tour available by prior booking (€2.50 surcharge for guided tour only / €5 surcharge for guided tour of museum and beach).

RATES: Adult - €9 / Child (age 6 to 15): €5.50

OPEN:
01/05 to 30/09: 9:30a.m. - 7p.m.
01/10 to 30/04: 10 a.m-6p.m.

CONTACT (en sac adapté)

Utah Beach
La Madeleine
50480 STE-MARIE-DU-MONT
Tel.: +33(0)2 33 71 53 35
utah-beach.com



STATION RADAR 44 French-German museum



Housed within the former German detection station, code-named 'Distelfink', the museum's period bunkers present the history of the site and of the radar. Today, it is the only one in France to display one of the 5 remaining examples in the world of the Würzburg radar. The radar station is also the only D-Day Landing heritage site where you can discover this lesser-known aspect of the Second World War and the decisive importance of radar throughout the conflict. Self-guided tour with help from your smartphone or a volunteer guide.

RATES: Adults: €7.50 / Children (10-16 years), Students, physically impaired visitors: €5.50. Family pass on request

OPEN:
04/04>30/06: 10am-6pm (closed on Monday)
01/07>31/08: 7/7
01/09>05/11: 10am-6pm
(closed on Monday)

CONTACT (en sac adapté)

Route de Béný - D83
14440 DOUVRES-LA-DELIVRANDE
Tel.: +33(0)7 57 48 77 32
musee-radar.fr



Airborne Museum



The Airborne Museum will take you back to D-Day alongside the American paratroopers of the 82nd and 101st Airborne. You'll accompany the airborne troops from the preparations for D-Day in England to the battles that led to Liberty! New products: Opening of a 5th building of 1200m² dedicated to gliders; renovation of the former WACO building, renamed Occupation (new permanent exhibition on the Occupation and the Resistance in the Sainte-Mère-Église area); total redevelopment of the museum grounds; temporary Eisenhower-De Gaulle exhibition.

RATES: €11.50 / Child (age 6 to 16): €7.50 Histopad tablet included.

OPEN: May to August: 9a.m. to 7p.m.
Oct. to March : 10 a.m-6p.m. April and Sept. : 9:30a.m.-6:30p.m.

CONTACT (en sac adapté)

14 rue Eisenhower
50480 SAINTE-MERE-EGLISE
Tel.: +33(0)2 33 41 41 35
airborne-museum.org



D-Day Shipwreck Museum



Thirty-five years of underwater exploration have brought to the surface some astonishing vestiges and personal objects recovered from the great warships and tanks that sank on or around 6 June 1944.

An extremely moving film projection (52 mins), illustrated by several testimonies, is included in the visit.

RATES: Adults: €8 Children (6-16 years): €5

OPEN:
May: weekends and public holidays
01/06>30/09

10am-12pm and 2pm-6pm

CONTACT (en sac adapté)

RD 6
Lieu-dit Escures
14520 COMMES
Tel.: +33(0)2 31 21 17 06
+33(0)6 77 51 68 34



Azeville artillery battery

The site comprises four casemates and 350m of underground galleries housing ammunition holds and serving as shelter for the garrison. An audio-guided tour (7 languages, adults/children) explains the construction of this element of the Atlantic Wall, the daily lives of its garrison, relationships with the locals, camouflage painting, the battle in June 1944. Themed guided tours (adults and families) available on reservation during summer holidays.

RATES: Adults: €8 / Children (7-18 years): €4. Guided tour: +€1. Audio guide in English, Dutch, Portuguese, Spanish, Italian, German and French. Children's version in English, Dutch, French and German. Guided tours in English exclusively by appointment.

OPEN:
6/02 to 7/04 and from 23/09 to 11/11: 8/04 tp 07/07 and from 1st to 22/09:
8/07 to 31/08: 9:30am to 7pm
12/02 to 07/04 : 1pm to 6pm (closed on friday and saturday)
08/04 to 07/07 : 10am to 6pm
08/07 to 31/08 : 9:30am to 7pm
01/09 to 11/11 : 1pm to 6pm
(closed on friday and saturday)

CONTACT (en sac adapté)

La rue
50310 AZEVILLE
Tel.: +33(0)2 33 40 63 05
batterie-azeville.manche.fr





#PHOTODUJOUR

#PHOTODUJOUR



1



2



3



4



5



6



7



8



9

1 - Here, we take care of your nature

Stroll through Cerisy forest and admire nature @THouyel

2 - Here, we take care of your taste buds

Yachting and fishing in the port of Grandcamp-Maisy @F.Thériaux

3 - Here, we take care of our heritage

The château de Colombières @FThieraux

4 - Here, we take care of your walks

Family outing on fatbikes @THouyel

5 - Here, we take care of your free time
The white sail of the old Union rig on the blue expanse of Grandcamp-Maisy

6 - Here, we take care of nature

The charm of our unforgettable beaches @THouyel

7 - Here, we take care of each other
A peaceful moment in the heart of nature by the marshes @THouyel

8 - Here, we take care of your freedom
All alone on Omaha Beach @F.Thériaux

9 - Here, we take care of memory
Steel and stainless steel sails at Saint-Laurent-sur-Mer, symbol of Omaha Beach @THouyel

CASTLES, MANORS, AND LOVELY BUILDINGS

Whether travelling on horseback, by bike or on foot, your country tour around Isigny-Omaha will offer you a glimpse of many a castle, farm-manor and other beautiful building.



Fall under their spell

Most of the farm-manors here are private; however, some genuine pearls of local heritage welcome visitors for bed & breakfast. The perfect opportunity to enjoy a taste of the good life, over an evening or two...



Aurélie's personal favourite

Tourist office horse-drawn tours

Fall for the literary charm of riding in a carriage drawn by Norman Cobs! Marvel at our landscapes, from land to sea, over oyster farms and endearing residences, Omaha Beach, the woods, or the delightful marshes and bocage. A 'slow life' attraction for those in quest of calm and respite!



OPEN: During school holidays and in July / August
RATES: From €20 to €25 / children: from €15 / Family pass available
+ More info: Tourist Office, Tel: +33(0)2 31 21 46 00

our 'don't-miss' cultural encounters

Sharing, discovering the world around, having fun... such are the promises of the Isigny-Omaha Intercom cultural season. Theatre, music, dance... you'll be spoilt for choice. And here, culture is for all ages, with specially designed events for children: sensory theatre, storytelling, puppet shows, etc.

Further information at <https://isigny-omaha-intercom.fr/loisirs/saison-culturelle/>



info +

ADTLB is a cultural association proposing a complete programme of events throughout the year, including music festivals, village vigils, theatre, etc. Full programme available at the Tourist Office on the website: www.adtlb.com

HERITAGE

Château de Colombières

Take the family to the château and the balloon museum, not forgetting the shop and tearoom



The Château de Balleroy, park and balloon museum

The Castle

Built by François Mansart as from 1631, the Château de Balleroy is an intact masterpiece of French classical architecture. It was acquired in 1970 by the famous American press tycoon, Malcolm Forbes. Since 2020, the castle is owned by Roy Eddleman, another American who was equally smitten by this exceptional site. Bring the whole family to the castle, the park and grounds, the balloon museum, not forgetting the boutique and tearoom.

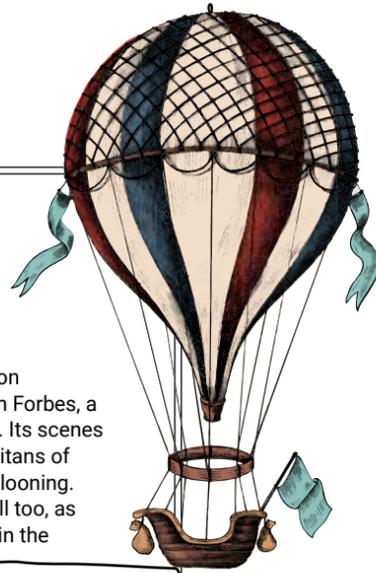
The Park

Covering an area of around 200 hectares, the Balleroy estate alternates between a vast English-style park in the Romantic style and French gardens designed at the beginning of the 20th century by landscape architect Henri Duchêne. The park invites you to stroll its paths, whatever the season, its formal gardens being a magnificent example of 17th century topiary.



Balloon Museum

In the castle's former stables, take a self-guided trip through the Balloon Museum, created by Malcolm Forbes, a hot-air ballooning enthusiast. Its scenes retrace the epic story of the titans of the sky and the history of ballooning. Children love it and adults will too, as long as they have their head in the clouds!



info +

Hot air balloon flights available leaving from Balleroy-sur-Drôme

See page 46, Bessin Montgolfière

RATES: Château and Parc: Adults €7 / children €5.50
Museum and Park: Adults €4.50 / children €3.50
Park only: Adults €3 / children free
Château, Museum and Park: Adults €9 / children €6.50
OPEN: From 03/04 to All Saints' day:
10.45am-6pm / closed Monday/Tuesday
July and August: open every day

contact



(on a leash, only in the park and museum)

Château de Balleroy
14490 BALLEROY-SUR-DRÔME
Tel.: +33(0)2 31 21 06 76
www.chateau-balleroy.fr

info ++

Rando jeu Voir p.25
et Rando classique Balleroy Voir p.41

Cerisy Abbey

With its 15-window, 3-story apse, which subtly combines finesse and light, this 11th-century abbey is a gem of Roman art, the only one of its kind in Normandy. Marvel at the 13th-century abbot's chapel, another masterpiece, reminiscent of the Sainte Chapelle in Paris. Guided tour available.

RATES:
Adult: €7
Child (age 12 to student): €4
OPEN:
May 1 to August 31: 10 a.m.-6p.m.
April and Sept.: 11a.m.-6p.m. closed on Monday in April

contact

Rue Sangles
50680 CERISY-LA-FORET
Tel.: +33(0)2 33 57 34 63
www.abbaye-cerisy.fr



Fortified Château de Colombières



ON THE CASTLE AGENDA IN 2024:
6th Playmobil exhibition from 11 to 14 July.



Flanked by imposing towers and surrounded by a moat, this listed historic monument dating back to the 14th century is one of feudal Normandy's most noteworthy military fortresses. From William the Conqueror to the Second World War, when it became the first centre of psychological warfare, Colombières Castle has a thousand years of history to learn over a guided tour (at fixed time).

Tips: To mark the 80th anniversary of D-Day, the guided tour includes an exhibition dedicated to "The secret history of Château de Colombières in 1944".

Guided tours at 2pm, 3pm, 4pm and 5pm. No prior booking required. Recreational 'Astonishing Heritage' tour for the family. Book in advance.

RATES: Adults : €7 / Children €4
Free under 12 years

OPEN:
July and August: Mon. to Thu.
2p.m. to 7p.m.
September: Sat. and Sun.
2p.m. to 7p.m.

contact

14710 COLOMBIERES
Tel.: +33(0)2 31 22 51 65
chateau-colombieres.fr

FLOUR MILL MUSEUM



Nestling in a verdant setting by the Siette stream, the Marcy flour mill is a rare example of a working water mill. The site comprises several outbuildings: bakery, stable, cowshed, dairy, wagon shed, large pond and pasture, collectively forming a small farm abounding with agricultural and milling tools representative of bygone rural life.

Unaccompanied or guided tour at 2.30pm and at 4pm

contact (only in the park)

Moulin de Marcy
14330 LE MOLAY-LITTRY
Tel.: +33(0)2 31 21 42 13
www.ville-molay-littry.fr

RATES:
Adults: €6 / Children: €3 / Free under 6

OPEN: April, May and June: Wednesday to Sunday, 2pm-6pm. / July and August: 2pm-6pm, every day except Tuesday. 1 Sept to 17 Sept: Wednesday to Sunday, 2pm-6pm / 21 Oct to 5 November: Wednesday to Sunday, 2pm-6pm.



Mining Museum

A coal mine in Normandy is at the centre of this fascinating museum devoted to Littry's coal mining history. Via a scenography entirely reviewed and updated in 2021, including geological samples, steam engines, pictures, scale models and original documents, relive around 150 years of industrial history that highlights the daily lives and work of the men who kept the mine alive. The replica of an underground gallery and ground-level vestiges of the Frandemiche mine (1759-1864) complete this immersive experience.

Unaccompanied tours

contact

Rue de la Fosse Frandemiche
14330 LE MOLAY-LITTRY
Tel.: +33(0)2 31 22 89 10
www.ville-molay-littry.fr

info +

Twin tickets available for visiting Le Molay-Littry's two museums
Adults: €9 / Children: €4
Under 6 years - free

Little treasures FROM OUR VILLAGES



- What were things like when you were little, grandma?

- Well, I lived on a farm, where life changed with the seasons. We wore homemade clothes, and galoshes on our feet. Come with me to the attic, I'll show you some treasures... We'll dust them off together... You'll know all about what it was like when I was a child!



The RN13 museum

A museum of automobiles and other wheeled vehicles. Popular among its peers (including recognition by the French Federation for Historic Vehicles and a Rétro-tourisme award from Route Nostalgie), with over 70 vehicles on display, including automobiles, motorcycles and bikes. There are also 10,000 miniatures and 150 enamel advertising signs from the 1920s to 80s. Whether you head for the reconstructed 1950s garage or its old-fashioned bistro for a drink or meal (prior booking required for groups), you're sure to be taken back in time!

RATES: €6 / Free under age 12

OUVERTURE: all year round, 7 days 2p.m-7p.m

contact

Ancienne RN13
14230 OSMANVILLE
Tel.: +33(0)2 31 51 07 61
+33(0)6 74 72 25 15
www.station70.org



Espace muséal "Walt d'Isigny"

Walt Disney's ancestors originally came from Isigny-sur-Mer. Hugues and Robert Suhard, the Counts of Isigny, left Normandy for England in 1066 as comrades-in-arms of William the Conqueror. As their travels continued, their name gradually changed into 'Disney'... Delve into the magical world of Disney with an exhibition of over 600 items bearing Mickey's likeness! The atmosphere - a medley of vintage and modern - is sure to delight visitors of all ages. Visitors can also learn the history of the various designers behind the famous mouse over the years.

Self-guided visit.

RATES: Free

OPEN: School term: Saturday 2pm to 5pm
School holidays, all zones: Tuesday Thursday, Friday and Saturday 2pm to 5pm

contact

Hôtel de ville - Rdc de l'aile gauche
14230 ISIGNY-SUR-MER
Tel.: +33(0)2 31 51 24 00
www.isigny-sur-mer.fr



Alpaga Normandie Miniature animals



A breeding farm for adorable and quite surprising animals, just 5 minutes from Bayeux. A guided tour is the perfect way to get close to the baby alpacas and their mothers, miniature donkeys, Falabella horses, miniature goats, sheep, etc. Walks with the alpacas and miniature donkeys, in the countryside or on Omaha Beach.

RATES: advance booking is mandatory via our website - alpaganormandie.com
Guided tour 3-18 year: €10, over 18 years: €15

contact

14400 MAISONS
Tel.: +33(0)6 08 74 41 43



Cotentin Farm Museum

This former manor farm will take you on a journey back to the early 20th century, over a fascinating insight into the daily life and atmosphere of a grassland farm. All five senses are aroused as you visit the main hall, the cellar, the cider press, the cowshed, etc. Across the outdoor areas, a pleasant trail offers you a close encounter with some typical animals from Normandy. Don't miss the presentation on the horse-drawn and motorised machines that revolutionised farm work.

OPEN: April, May, June, September, spring and autumn holidays: Sunday to Friday, 2pm to 6pm. Closed on 1st May, July and August: every day except Saturday, 11am to 7pm.

RATES: Adults: €6 / Children (7-18 years): €3 / Reduced: €4

contact

Ferme-musée du Cotentin
1 rue de Beauvais
50480 SAINTE-MÈRE-ÉGLISE
Tel.: +33(0)2 33 95 40 20
manche.fr/patrimoine/ferme-musee-cotentin-N.aspx



Mohair BARN



If you never have, you absolutely must visit an angora goat farm, in the company of a guide. Come and discover mohair spinning, transformation, and garment design and production. On site: production and sale of garments, knitting yarn and woven goods. Just for kids: direct contact with these exceptionally soft-haired animals.

RATES: Free for private individuals

OPEN:

- Monday to Saturday
from 2pm to 5.30pm, 11 January to 31 December
- Easter and All Saint's holidays (all 3 French zones),
and from 1 July to 21 August: from 10am to 12.30pm and 2pm to 5.30pm.
- Closed on Sundays and public holidays,
and from 1 to 10 January inclusive.

contact

La Harmonière
14710 BERNESQ
Tel.: +33(0)2 31 22 47 52
+33(0)6 82 85 51 39
www.la-grange-au-mohair.fr



Recreational walking trail

On foot, discover the villages of Balleroy-sur-Drôme, Isigny-sur-Mer, Grandcamp-Maisy, Trévières, and Omaha Beach at your own pace, over a fun and educational trail, including questions and games.

2 or 4 km independent riding.

DURATION: 2 - 2.5 hours

OPEN: Year-round

RATES: Free from our website. Free at the Tourist Office.

SITE:

Balleroy-sur-Drôme, Isigny-sur-Mer, Grandcamp-Maisy, Omaha Beach (Saint-Laurent-sur-Mer) and Trévières



BEACH DAY

Summer is made for tanning to sand castle contests, eating ice cream, wading in the water, and reading books. And the ideal place do it all is on the beaches of Isigny-Omaha. Set out for the golden grains of fine sand that make your day so much fun! A genuine moment of relaxation with a stunning view, the gentle surf, skin tanned and hair shining - perfectly by the sun - and refreshing swims to wash away the heat. Ah, the beach! A pure moment of timeless pleasure.



Beach spots for idle lounging

Long beaches of fine golden sand for relaxing

Omaha Beach, formerly referred to as the Plage d'Or, or Beach of the Golden Sands, is 6km long. This gives you a choice between the lively beach at Saint-Laurent-sur-Mer, beloved by locals, the family-friendly beach referred to as the Plage d'Or, or Beach of the Golden Sands, at Vierville-sur-Mer on a gentle slope - with ponds naturally heated by the sun - or the immense beach at Colleville-sur-Mer, which becomes more remote as you move east, offering dunes and verdant cliffs. Meanwhile, Grandcamp-Maisy, west of the area, happens to be an excellent fishing spot, perfect for keeping your children busy. Smart picnickers will time their arrival to watch the tide go in and out. Here, the sea can recede very, very far, before returning to reclaim the sand.



Dogs are permitted on the beach on a leash (outside of bathing zones) in Vierville-sur-Mer, Grandcamp-Maisy and Colleville-sur-Mer.

toes spread out

Enjoy a swim, the lifeguard's watching

For a safe day with kids, head for the parts of the beach that are monitored by SNSM lifeboats, present at all four beaches of Isigny-Omaha.

- Lifeguard posts in Colleville-sur-Mer, Saint-Laurent-sur-Mer and Vierville-sur-Mer
From 1st July to 31st August, every day from 12 to 7pm.
- Grandcamp-Maisy lifeguard post
From 1st July to 31st August, every day. Times vary in line with the tides.



1 • Omaha Beach

Showers and toilets are located near the lifeboat stations.

2 • Grandcamp-Maisy

Artificial beach near the lifeboats. Shower, toilets, and playground.



Le plein d'activités à Grandcamp-Maisy

Excellent shellfish GATHERING SPOTS!

Grandcamp-Maisy, Aure-sur-Mer (Sainte-Honorine-des-Pertes), Vierville-sur-Mer and its cliffs... are all excellent shellfish gathering spots! Outdoor enthusiasts of all ages can flock to the coast to indulge in the pleasures of hunting out the sea's finest treasures: prawns, velvet crabs, cockles, mussels, and even crab or spider crab for the most talented.

 **Clam > 2.7 cm**

 **Mussel > 4cm**

 **Velvet crab > 6.5cm**

 **Brown crab > 14cm**

 **Winkle > 0.5cm**

 **Prawn > 5cm**

 **Lobster > 8.7cm**

Useful RULER

HEP 1

Important to know: before setting off, make sure you check regulations and lowtide times. Forewarned is forearmed!

+ More info:

Tide times and tidal coefficients are available on our website. There is also a permanently accessible sign just outside the Tourist Office in Grandcamp-Maisy that tells you all the legal information about shellfish gathering.

Horaires des marées



Infos légales



TARIFS: À pied: Adulte : 6€/ Enfant (4 à 12 ans): 3€
 Durant les petites vacances et, en juillet et août, tous les lundis
 En attelage: Adulte: 25€/ Enfant (4 à 12 ans): 15€ / Famille: 70€
OUVERTURE: Durant les petites vacances et,

en juillet et août, tous les mardis
Lieu: Grandcamp-Maisy.
+ d'infos: 02 31 21 46 00

Les ptites sorties de l'Office de tourisme, à pied ou en attelage :

les parcs à huîtres

À bord d'un attelage pour se laisser bercer ou au cours d'une randonnée pédestre pour se dégourdir les jambes, rejoignez les parcs à huîtres de la Baie de Veys pour une visite aussi enrichissante que gourmande.

Cette découverte avec Éric vous surprendra à coup sûr ! De la pousse à l'affinage, il vous livrera tous les secrets du cycle d'élevage de l'huître et vous conduira pour ce faire sur l'estran puis dans un des ateliers ostréicoles. Là, vous apprendrez l'art subtil de l'ouverture des huîtres et, pour vous récompenser de tous ces efforts, vous pourrez les déguster, fins gourmets que vous êtes.

... ET/OU EN MER

What if you had a guide?

Yann Normand idf pêche, guide pour la pêche à pied et aussi la pêche en mer

Fishing and nature guide and instructor, proposing an initiation into sea fishing aboard a boat, with family or friends. I also propose outdoor activities in aquatic or marshland environments and, finally, a walking tour to discover the Grandcamp foreshore. See you soon on board or on the water.

CONTACT

Tel.: +33(0)6 80 56 96 23
guidedepeche-yannbouilly-normandie-idf.fr



RATES:
 Sea fishing (3 to 5 hours depending on offer): from €85.
Outdoor nature activities:
 Adults: €20
 Children: €8
 Family shellfish : (2 adults+2 children): €50
OPEN: April to late November

Boat trip and sea fishing in Grandcamp-Maisy



Flipper II, boat trips and sea fishing

With 48 years of tales to tell, Michel proposes fishing for beginners and experienced visitors alike. All the necessary equipment is available on loan, and the day's catch shared by the whole crew! Not so keen on setting off at 5am?

No problem - Flipper also proposes great guided boat trips to Pointe du Hoc. Excursions to the Îles Saint-Marcouf are also available, with departures from Carentan harbour.

BOAT TRIP RATES: From €12 to €25
FISHING RATES: From €30 to €60
OPEN: 1st April > 30th October

CONTACT

14450 GRANDCAMP-MAISY
 Tel.: +33(0)2 31 21 46 00
 +33(0)6 61 46 38 98
 +33(0)6 37 17 20 98
normandie-promenade-peche.fr



Sailing aboard an old sailing ship

In partnership with the Union Nautique en Bessin, this 3-hour excursion gives you not only the chance to enjoy the sea air and the silence of sailing, but also to take part in manoeuvres on this wooden boat: the old rigging of the Union. A true "slow living" experience!

PRICES: Adults: €30/ Children aged 12 to 17: €20
OPENING TIMES: all year round on special dates or by reservation, subject to availability
 + info: 6 visitor places on board

CONTACT

école de voile intercommunale
 Quai Crampon
 14450 GRANDCAMP-MAISY
 Tel.: +33(0)2 31 22 14 35
isigny-omaha-tourisme.fr

Balades et randos NAUTIQUES CALVADOS

TAKE THE PLUNGE!

Activities in store: windsurfing, catamaran, kite landboarding, sand sailing on the vast, fine sandy beaches, and even sailing excursions. We also have kayaking and stand-up paddles! This highly popular sport helps to work out your glutes, triceps and abs. A real plus when trying to fit into a swimsuit!



pour tester le char à voile à fond les ballons voir en page 31 et 32



sea wading in any season

Just off the coast, waist-deep or even deeper, equipped with wetsuit, you can walk forward, run, or even walk backwards... And do it all again! It feels easy, but it's a great way to work your thighs, venous return, and cardiac output! Not convinced? Once you're in the water with a group of happy athletic people, you'll be feeling good for sure!

Allow: 1 hour
+ More info: - Cap 21 Sailing School p.31
- Eolia p.31
- H'Omaha Nature p.33



Hooray for gliding

Water sport centres have innovated and developed new sailing activities: although catamarans and surfboards may be a delight for the headstrong, stand-up paddleboarding and windsurfing are also available for when you just want to glide over the water! You can hire equipment or request private classes. At the Grandcamp-Maisy sailing school, catamaran and Optimist classes are available by the week in July and August, for ages 6 and up.

3 QUESTIONS

What do you get out of catamaraning?

I love feeling the adrenaline rise as the cat picks up speed! There are several places aboard and the one I like best is the helm, to set the pace for my crew

Is it easy to get started sailing when you don't know anything about it?

Yes, because the boating centres here have a solid reputation and attract both experienced sailors as well as novices who just want to learn the rudiments of sailing.

I'm often scared to venture far from the beach... What advice can you give?

Don't worry, the navigation zone is well-sheltered here, so it rarely gets rough winds. Grandcamp-Maisy is an ideal spot to learn how to sail.



Portrait Gabin

HAS BEEN CATAMARANING AT THE SAILING SCHOOL SINCE 2019



À noter

*pour découvrir la Pointe du Hoc par la mer!
voir page 11*



Intercommunal sailing school

In a friendly, welcoming, sporty atmosphere, everyone can learn quickly with Sabine and her team of instructors, no matter what their starting level is, so they can become self-sufficient at sea and feel fulfilled on land! Sailing (catamaran, Optimist, windsurfing), paddleboarding and kayaking are available for lessons and rentals. Coastal sea wading year-round.

OPEN:
April 1 to October 31 based on tides

Contact

Quai Crampon
14450 GRANDCAMP-MAISY
Tel.: +33(0)2 31 22 14 35
+33(0)6 07 24 84 03
www.isigny-omaha-tourisme.fr



info +

Réservation en ligne !



EOLIA, an ocean of water sports and activities

Located at a magnificent spot on Omaha Beach, the Eolia centre is home to a wide variety of nature sports, including land sailing, catamaraning, kayaking, stand-up paddleboarding, kiting, sea wading, Nordic walking, and hiking, lessons, initiation, discovery and itineraries departing from the three EOLIA bases on Omaha Beach (Vierville-sur-Mer/Saint-Laurent-sur-Mer/Colleville-sur-Mer).

And because effort must be followed by comfort, you'll also be able to refresh yourself in its panoramic clubhouse where you can warm up in the winter by a fireplace.

OPEN:
Year-round

Contact

Only in the equipment rooms

Le Cavey
14710 COLLEVILLE-SUR-MER
Tel.: +33(0)2 31 22 26 21
+33 (0)6 52 01 45 91
www.eolia-normandie.com



Ideas to keep in mind ON DRY LAND

Because the seashore, waves, salt spray, and sailing boats are all well and good... as long as you don't get wet! Here are a few ideas for super-fun things to do as a family, without getting your shirt damp... or just a little!



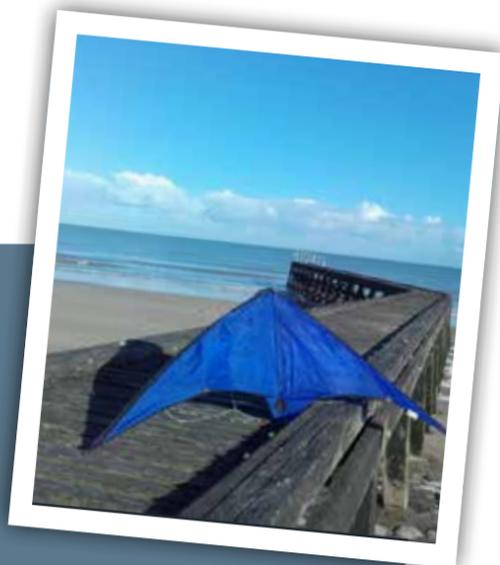
sabine's useful tips



How can you make your kite fly? Or even soar!

It's a fun activity that the whole family can enjoy, if you learn the basics. With the kite on its back lying on the ground, face the wind and unroll the thread at least 15m. Keep your elbows against your body and your arms parallel to the ground, then tug sharply backward, while taking a step back. Yeah! The kite's in the air! The kids are really proud. Keep your elbows along the body and make it zig-zag by moving one forearm forward, go back, then the other... Are you ending up on the ground too often? Are you doing the same thing over and over? Do what I did, and take kite-flying classes! Does it come too easily? Take the next step and try kite landboarding on Omaha Beach! What a thrill!

+ More info: Sailing school and Eolia, p.31



Tested just for you

'Omaha Beach story' by electric fatbike

'I feel really tiny on this next-generation bike, which my teenagers took to immediately because it looks cool. Its extra-wide tires are perfect for the sand, and you really feel free! We set off for a 3.5-hour ride, on our electric fatbikes. I'm not sporty at all, but it was easy for me. Laurent, our guide, told us about Omaha Beach and its history associated with the war, as we stopped off at 7 places. He even brought digital tablets and a portable projector to show us period films. As he likes to say, it is an outing for 'your head and your legs alike ;-)'

+ Further information: velomaha.fr ou 06 52 01 45 91
From 14 years of age. Trips on request, depending on tide times and weather conditions.



H'Omaha Nature

On the fine sands of Omaha Beach, leave from Ruquet in Saint-Laurent-sur-Mer or from the pontoon in Vierville-sur-Mer in the company of Anne-Ingrid, H'Omaha Nature's bubbly 'coach', for a choice of original and innovative activities and sports on sand and water:

- Land art and giant drawing workshops for children and families, on the sand
- Outdoor sports such as: sea wading, sea trekking, sea gym, Nordic sea walking, muscular exercises on the beach, etc.

RATES: Land Art - Adults €10
Sea wading, sea trekking, sea gym - €15 + wetsuit hire €5 /
Nordic sea walking, muscular exercises: €12

OPEN:
Land Art during school holidays and in the summer.
Outdoor sports, all year.

CONTACT

Tel.: +33(0)6 21 31 50 79



GOOD DEAL

At the Tourist Office, you can buy tickets for the Cité de la Mer and a range of other museums and visitor centres. Enquire... and skip the queue, make the most of reductions... for a truly carefree holiday!

À DEUX PAS

TAKE OUR ADVICE

Fancy a cycle along the coast? Pumptrack for young visitors?

Make the most of a whole range of activities on offer around the Vélomaritime cycling route. There's an activity to suit everyone. Standard or electric, choose your own vehicle!

+ Further information p.38



I tried it out for you

Michèle, age 58

NOVICE AT SAND SAILING AND EXPERT AT LOSING HER BALANCE ;-)



I didn't set off full speed ahead but I still got a real feeling of speed. There's no risk - whatever happens, you can always stop. I loved the thrilling feeling of freewheeling and pushing my boundaries!

+ More info: Eolia p.31



La Cité de la Mer

Located in the former Gare Maritime Transatlantique, La Cité de la Mer is Normandy's tourist site dedicated to maritime adventures.

Come aboard the Redoutable* for a unique experience in the world's largest submarine open to visitors. A multilingual audio guide is available during the visit for young and old alike. Ocean listening: a new visitor experience that immerses you in the soundscapes of the submarine world.

Explore the ocean, the planet's last wilderness, amidst riotously colourful aquariums.

Follow in the footsteps of the explorers of the deep and the devices that have allowed humankind to adventure under the sea.

Relive the last hours of the Titanic: soak up the atmosphere on board and discover objects recovered from the wreck.

*For safety reasons, children under 5 are not allowed to visit the submarine.

PRICES: Adult: 19€ / Children: 14€ / Free for under 5s

OPENING TIMES:
Daily from 10am to 6pm, depending on the season. July and August 9.30am/7pm
Full calendar on the website.

CONTACT

Gare Maritime Transatlantique
50100 CHERBOURG-EN-COTENTIN
Tel.: +33(0)2 33 20 26 69
citedelamer.com



Why not ?

If you prefer to keep your feet dry, soar new heights! Treat yourself to a breathtaking view of our beautiful coastline with a helicopter or microlight flight! see p.14

ON HORSEBACK, BIKE, OR FOOT!

Time to get off the sofa and get our trainers on! A range of themed discovery walks are on offer; just choose your means of transport... and your season!

THE GREENER SIDE



In the spring

Storks in the marshes

In the spring, many storks take up residence in the Cotentin and Bessin marshland natural regional park. And it's not by happenstance that they set their sights on this land during their migration: for it offers them both room and board as well as rest and wellness!

In the summer

Cool coastal breezes and harbour seal watching

Close to the coast, in the heart of the Bay of Veys, lucky observers can catch sight of the harbour seals all year round, especially in the summer. A colony of over 150 seals has sprung up in this sandy haven.



In the autumn

It's time for mushrooms and stag mating calls in Cerisy Forest

Autumn is ideal for gathering porcini and horn-of-plenty. But it's also mating season for deer. A fine time to hear the bellowing of the stag; when night falls, he comes out to seek the favour of the does. Keep watch, and make sure you are quiet so as not to disturb them!



In the winter

The 'blanchie' a stunning marshland phenomenon

From January to March, it's wintertime in the marshes. Here, they are said to be 'whitened' when flooded by rains that expand the waterways that pass through. A beautiful and peaceful experience for visitors to enjoy over a tour with commentary.



Entre mer et campagne.

IN HIKE MODE

walking, running, kayaking...

Nature outings
by the Tourist Office



Eric's sporting advice

Hiking Friday

From July to mid-August, every Friday, discover the historic charm and heritage of our home region in a group of about a hundred hikers. The trip is free, without commentary. Of course, that doesn't mean no friendly chatting! I can promise a fun atmosphere and a feeling of well-earned friendship by the end..

Good to know: one outing per week from July to August then one per month (on Saturday) in the low season.
Distance: 8km
Leaves at: 8pm.
Tel.: +33(0)2 31 21 46 00



(depending on theme)

At your own pace

The Tourist Office organises 3 to 5km Nature outings with commentary through the forest, marshlands, or seashore so visitors can learn more about the diversity and uniqueness of local flora and fauna.

OPEN: July 1 > August 31 and during school holidays

RATES: Adult - €6 / Child (age 4 to 12): €3

+ More info: Tourist Office
Tel.: +33(0)2 31 21 46 00



Omaha beach outdoor

EOLIA, pour les adeptes de l'itinérance

In the mood for a supervised walk during your stay? Eolia arranges all kinds of half-day or full-day itineraries: guided walks, Nordic walking or cycling tours on D-DAY country and history, or Omaha Beach Fauna and Flora.

CONTACT

Eolia
Tel.: +33(0)2 31 22 26 21

info +

OMAHA BEACH TRAIL:
10 ou 20 km
on the paths and beach of Omaha Beach
in competition or leisure mode,
Sunday 25 August 2024!

Nordic walking

Use your holiday as an opportunity to get better at Nordic walking - or just to get started!
There's nothing better to help your heart and fight cellulite (shh!). Recreational outings and competitive training are arranged at Omaha Beach, leaving from Colleville-sur-Mer. Enough km to get yourself really going!

More info: Eolia, p.31 ou H'Omaha Nature p.33



And don't forget your bottle of water!

Trails for solo running

FROM BRIDGES TO WALKWAYS

Permitted travel: On foot, on bike, on horseback
Distance: 13km, **Time:** 3.5 hours
Starts from Longueville. Through marshland, trails without difficulty. Stork sightings possible.

OMAHA BEACH, WHERE HISTORY MEETS NATURE

Dunes, woods, hills and cliffs...a beautiful landscape to explore around the American cemetery. Permitted travel: on foot
Distance: 9 km, **Time:** 3 hours
Leaves from Colleville-sur-Mer.

ALL ABOUT THE DRÔME

Discover the River Drôme, a traditional village and the forest of Cerisy. Permitted travel: on foot
Distance: 12.7 km, **Time:** 4 hours
Leaves from Balleroy-sur-Drôme.

PRACTICAL INFORMATION

7 topoguide leaflets available

On sale at the Tourist Office or free to download from our website.



Balade en kayak dans le marais

Leaving from Neuilly-la-Forêt, discover the richness of the marsh ecosystem bit by bit in an appealing, original way. This kayaking trip on the Elle, at an even level and without rapids, led by our old friend Eric in a fun, educational style, is sure to delight the whole family! Bring a change of clothes. Children who cannot swim prohibited.

Reservation required. For trips leaving from Trévières, contact Eolia.

OPEN:

July 1 > August 31 on Wednesdays and Fridays, and during school holidays

RATE: € 15

Duration: About 2 hours.

+ More info: Tourist Office,
Tel.: +33(0)2 31 21 46 00

CYCLING TOUR... coast, country, forest!

Along the coast, through the marshes or in the depths of the forest, take to your 2-wheeler and discover our beautiful picture postcard landscapes, at your own pace! Packages from a few hours to a whole day, the choice is yours. Our team is delighted to advise you on the various itineraries on offer. The great outdoors and an immense sense of freedom await you!



The vélomaritime®

La Vélomaritime passe par la côte d'Isigny-Omaha!



La Vélomaritime, près de 1 500 km à vélo de la Manche à la Mer du Nord
lavelomaritime.fr



Itinerary from Port-en-Bessin to Isigny-sur-Mer



The Vélomaritime® is a cycling route

linking Roscoff in Brittany with Dunkirk in Nord, over a distance of around 1,500km. A 14.5km green way portion from Verville-sur-Mer to Grandcamp-Maisy runs alongside the coast, offering views over Pointe du Hoc... The green way between Port-en-Bessin and Sainte-Honorine-des-Pertes is of a more modest distance, yet well worth the detour: verdant landscapes with a sea blue backdrop! A unique cycling experience to enjoy along the cliff-tops of Isigny-Omaha and the D-Day Landing beaches.

Good to know: You can also travel along the Vélomaritime on foot!

certified cycle-friendly!

Certain accommodation providers or cycle hire outlets along the way boast the 'Accueil Vélo' cycle-friendly label, which guarantees a quality welcome, services and facilities to suit travelling cyclists.

Find out more!
➔ lavelomaritime.com



CHLOE'S CYCLING ADVICE



Aure Marshes Loop

Perfect for a family cycle! Make the most of this calm country itinerary, far from the busier coast, and discover the marshes, their heritage and their storks! Don't forget your picnic hamper, for you will find tables along your way. 30km loop (3 hours), with an alternative 45km route nearby by Trévières. Allow for an extra 5km to find WiFi, stores, restaurants, etc.)

Departing from Isigny-sur-Mer, the route is marked out, but you can also follow the itinerary via your smartphone: www.cirkwi.com

Scan the QR code to find a choice of cycling or walking loops throughout Isigny-Omaha via our 'cyclo' d'Isigny-Omaha' topographical guides.



astuce en +

NOUVEAU :

Une belle balade à bicyclette à l'ombre des arbres centenaires de la forêt de Cerisy ! Ça vous tente ?
La location de vélo est désormais disponible au départ de la maison de la forêt. Voir en P.44



Other Itineraries



THE VÉLOWESTNORMANDY: Over 190 or 210km, link all the D-Day Landing beaches, thanks to our three trails from Utah, Omaha or Gold Beach to the Mont Saint-Michel!

WILLIAM'S EPIC RIDE: 208km equestrian itinerary leaving from Gêfosse-Fontenay (near Isigny-sur-Mer) and heading for Falaise, William the Conqueror's birthplace..

THE BAYEUX - L'EMBRANCHEMENT LINK: If you're staying near Bayeux and would like to enjoy a forest stroll, then just take to your bikes and follow the route to the 'Maison de la Forêt' Forestry Visitor Centre.



VELOMAHA, innovative cycle stations

There are now 3 VELOMAHA stations in Colleville sur Mer, Saint-Laurent-sur-Mer and Vierville sur Mer.

You can hire muscle bikes, electric bikes or fat bikes (adults and children) to cruise along the splendid VELOMARITIME between Port en Bessin and Grandcamp-Maisy, via La Pointe Du Hoc.

(Bikes can be delivered to Port-en-Bessin and Grandcamp-Maisy).

For 2024, two gourmet breaks in Saint-Laurent-sur-Mer at EOLIA Beach House (200m from the Signal monument) and Colleville-sur-Mer.

RATES: Adult electric bike, daily hire: from €30 (depending on model)
Adult standard bike, daily hire: from €25 (depending on model)

OPEN: 01/04 to 12/11

CONTACT

Tel.: +33(0)6 52 01 45 91
velomaha.fr





ON HORSEBACK... at the club or on the highway!

Why not take the plunge during your holidays? What an adventurous and local choice. It's a great way to see the area from a different perspective and at a completely different pace. Whether you're a beginner or an experienced rider, clubs can offer you an introduction, a lesson, an accompanied ride on the beach or bridleways!



Horse riding centre- Écuries du Bessin

Riding lessons from baby pony (from 3 years old) to adult for all levels from beginner to advanced, all year round. Half-day courses, FFE exams every school holiday. CSO Competitions, Dressage, Horseback archery for everyone on horseback or pony from 8 years of age at gallop 2 level. Year-round stabling of horses and ponies in boxes, with the option of paddocking them. Short term stabling.

OPEN: Open all year round (closed on Sunday)

CONTACT

321 Rue du Pont de la Barre
14710 TREVIERES
Tel.: +33(0)6 12 85 72 31
+33(0)66 10 11 15 34
ecuries-du-bessin.fr

Horse riding centre Poney club des Louveaux

As well as horse rides, the Poney Club des Louveaux also offers horse and pony lessons, from leisure (horse ball, polo, pony games, etc.) to competition (dressage, obstacles) to suit all levels from baby to adult.

OPEN: All year round except the first week of September

CONTACT

1541 rue Charles Gervais
14330 LE MOLAY LITTRY
Tel.: +33(0)6 87 70 40 01
+33(0)66 58 67 05 16
haras-louveaux.fr

Horse riding Poney club des Louveaux

Enjoy 1 or 2-hour excursions on our horses or ponies with a qualified instructor. They take place in the countryside, in the forest or on the beach for the more experienced. We adapt our outings to suit riders' level.

OPEN: All year round except the first week of September

CONTACT

1541 rue Charles Gervais
14330 LE MOLAY LITTRY
Tel.: +33(0)6 87 70 40 01
+33(0)66 58 67 05 16
haras-louveaux.fr

Horse riding- Écuries du Bessin

Rides for the whole family are available in a magnificent setting, in the countryside or on the marshes. Rides on the beach in summer, for the more experienced only. School groups and holiday camps accepted (on request). Courses and workshops are held in the afternoons.

OPEN: Open all year round (closed on Sunday)

CONTACT

321 Rue du Pont de la Barre
14710 TREVIERES
Tel.: +33(0)6 12 85 72 31
+33(0)66 10 11 15 34
ecuries-du-bessin.fr

Ferme équestre de la Noé

This equestrian farm offers rides for beginners and advanced riders alike, on a mount and route matched to your suit level. And for true horse lovers, the Ferme Équestre arranges multi-day outings with a B&B/horse combo. Feel like a ride by the seaside? It's available on Omaha Beach if you're an advanced rider.

OPEN: Year-round in Castillon
April 1 to November 2 in Colleville-sur-Mer

CONTACT

14710 COLLEVILLE-SUR-MER
Tel.: +33(0)6 86 72 90 59

GETAWAY FROM IT DIFFERENTLY!

Bessin Montgolfière

Discover all the beauty of Normandy from the skies in our hot air balloon. Help prepare the ballon, enjoy a flight and tidy up the equipment afterwards, in a friendly family atmosphere. Leaves from Balleroy-sur-Drôme, Barbeville or Juaye-Mondaye, depending on weather conditions. Up to 6 people in the hot air balloon.

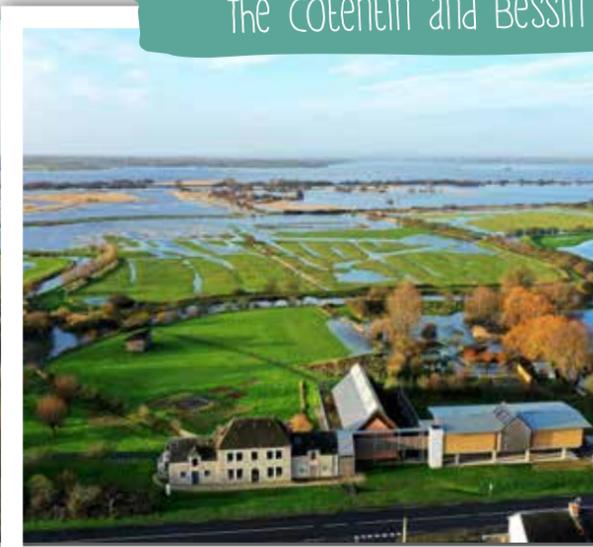
RATES: €200

14490 BALLEROY-SUR-DRÔME - Tel.: +33(0)6 77 95 85 04
www.bessin-montgolfiere.com



In the mood to soar new heights?
See also page 14

The Cotentin and Bessin marshland natural regional park



These marshes between two seas offer an exceptional natural site, with characteristic wetlands and winter whitening phenomena. An idyllically romantic landscape and the perfect picture postcard for your social media posts! The Maison du Parc visitor centre offers the perfect departure point for your marshland tour: museum area, information and a themed exhibition. A path has been developed through the sensitive natural area of the Ponts d'Ouve marshes and observatories, located around the pond, from where you can observe birds in their natural habitat.

RATES: Full rate : €5 / reduced rate : €2,5/ free under 25

OPEN: All year

CONTACT

La Maison du Parc des Marais
3 village Ponts d'Ouve
SAINT-COME-DU-MONT
50500 CARENTAN-LES-MARAIS
Tel.: +33(0)2 33 71 65 30
www.parc-cotentin-bessin.fr



Check list

POUR DES VACANCES PLUS DURABLES



Slow life



Zero waste



Respect



Short circuit



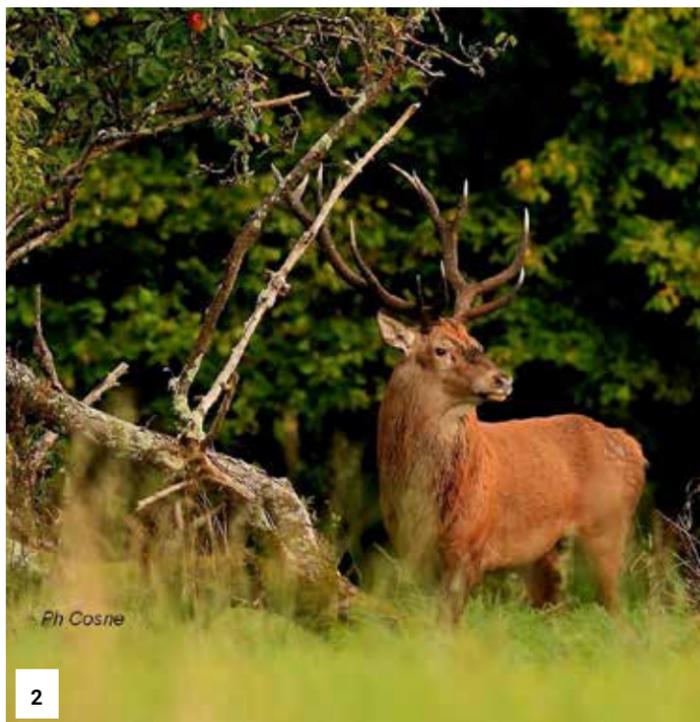
Sobriety

Take a walk through the woods IN SEARCH OF...

The best way to discover our area's natural treasures is over a slow trek and during nature outings or workshops. Loosen up, hug trees, listen to birds chirping, smell the moss of the undergrowth, build your herbarium on Instagram... Take time, watch, listen, breathe in, breathe out, and make respectful contact with this exceptional flora, fauna, and land.



1



2

Ph Cosne



3



Discover Cerisy Forest

People come here for its beauty, nature, and calm. Also known as Balleroy Forest, this 8-square-mile state-owned forest that once belonged to William the Conqueror is mainly populated by beech trees. It is rich in plant and animal life: trees, flowers, mushrooms, insects, amphibians, birds, and even mammals like deer and boar. Managed by the Office Nationale des Forêts (ONF) since 1976, Cerisy Forest is also a national nature reserve. It is home to an endemic species, a beetle found nowhere else in the world: the copper-flecked gold ground beetle, a national protected species. The arboretum and the Maison de la Forêt offer us a fascinating insight into all these species. A real breath of fresh air, where athletes can work out on the GR, a trail running at least 15km, while off-road bikers and horse riders cross paths on around 20km of trails and hikers and can take many footpaths to the Titre pond, a must-see site. Depending on the season, you might also come across mushroom gatherers or picnickers.



1 • Family workshops

These fun, exciting adventures are offered every Friday during school holidays and during the summer. For groups and students - prior booking required.

2 • Hikes with commentary

Discover Cerisy Forest through the 'Promenons-nous dans les bois' hike.

3 - Guided walking tours

Discover the Cerisy National Forest over a walking tour.

Sorties découvertes de la maison de la forêt

Family workshops

Children of all ages love these workshops, which take them on a fun tour through the beating heart of the region: a meadow of forest trees, marshland animals, the fascinating salamander or the forest itself tell stories of war in this 80th anniversary of the D-Day landings.... We scratch, we dig, we scrutinise, we listen... All five senses on the alert.

OPEN: Wednesdays during mid-term holidays and Fridays in July and August

RATES: Adult - €3/ Child (age 4 to 12): €6

Duration: 1.5 hours to 2 hours

Initiation into mushrooms

In the autumn, when the forest changes colours and scents, all kinds of mushrooms sprout in the undergrowth from the heat and humidity. How are they identified and gathered? During a walk through Cerisy Forest, the Association Mycologique du Cotentin invites you to try it out for yourself or expand your existing knowledge. For beginners and advanced pickers alike.

OPENING TIMES:

ON 21 SEPTEMBER AND 26 OCTOBER, 2024.

RATES: Adult - €6 / Child (age 4 to 12): €3

Duration: 3 km - 3 hours

Hikes with commentary

Aurélien and Chloé, nature guides, will show you the Cerisy nature reserve during walks with commentary on different nature topics: the forest, the five senses, fauna and flora. Plenty to satisfy your curiosity and that of your kids!

OPENING TIMES:

01/07 > 31/08 on Tuesdays and some Wednesdays for evening outings, and during school holidays

RATES: Adult - €6 / Child (age 4 to 12): €3



Office de Tourisme d'Isigny-Omaha
Tel.: +33(0)2 31 21 46 00

info +

Family workshops are also available on the coast with "Omaha Beach explained to children!"



43



A must-see for great local produce on 22 July and 12 August.



The Maison de la Forêt has been restored to its former glory



astuce en +

Take a stroll through the forest paths and discover its treasures on rental bikes!

After a major facelift in 2023, the Maison de la Forêt, in the heart of the Cerisy forest, will reopen its doors to visitors in 2024! With a surface area of 350m², the Maison de la Forêt has doubled in size. It welcomes visitors to a new tourist reception area, equipped with a shop, and a completely redesigned museum space. Modern, educational and fun, the permanent exhibition presents the different environments that make up Cerisy Forest and their inhabitants. Access is free during opening hours! Why not come and recharge your batteries? Remember to admire this resolutely modern building*, particularly for its environmentally friendly construction: a building made of wood and earth, extracted from the site itself, which is committed to environmental and energy performance.

PRICES: Free admission during opening hours.
OPENING TIMES: scan QR code

CONTACT 
MAISON DE LA FORÊT
Lembranchement
14490 Montfiquet
Tel.: +33(0)2 31 21 46 00



*building co-financed by the Prefecture of Calvados, the Department of Calvados, the Normandy Region, European Leader funds and the Botanic private endowment fund.

TWO STEPS AWAY



Omaha Beach Golf Course 

The course offers two 18-hole rounds, boasting quite different landscapes, from coast to country. Succumb to the beauty of the 'La Mer - Par 72' round overlooking the sea and the village of Port-en-Bessin. You are also sure to appreciate the undulating and wooded 'Le Manoir - Par 71' round, via ponds, woods and fruit trees.

RATES: from €44 to €115 (low to high season)
OPEN: All year

CONTACT 
Ferme Saint Sauveur
14520 PORT-EN-BESSIN HUPPAIN
Tel.: +33(0)2 31 22 12 12
www.golfomahabeach.fr



Bayeux aventure 

Bayeux Aventure is a leisure park offering a multitude of outdoor activities to enjoy! Adapted to suit visitors of all ages, the park adds novelties every year: come and explore our treetop adventure trails, our acro-spider, our mazes, our mini-farm, Vertigo Fly and inflatable aquatic structures, etc. Discover all the new activities on the 2024 agenda!

RATES: Adventurer (+6 years): €22.50 / Explorer (3-5 years): €16.50
Accompanying person: €14.50
OPEN: April to September

CONTACT 
Ferme de Rabodange
14400 CUSSY
Tel.: +33(0)2 61 79 02 79
www.bayeux-aventure.fr



Les Bateliers des Marais du Cotentin

La Rosée du Soleil

Your crew will take you on an immersive journey through the marshes, in search of the exceptional fauna and flora in this preserved environment. Guides with a genuine passion and the desire to share the history and activities of the sites you will see. So treat yourself to a river cruise on the Taute aboard 'La Rosée du Soleil'. Board at Saint-Hilaire-Petitville and you can also stop at the lock house for an afternoon snack or even a full meal, over a taste of local produce.

RATES: Adults - €16 to €33
Children (4 to 12 years) - €11 to €18 depending on your package
OPEN: from April to October

Departure from Saint-Hilaire-Petitville:
Embarcadere de la Taute, rue du Cotentin,
access via the washing station.



The marsh boats

And how about a tour of the marshes at your own pace, aboard your own craft? A 5 to 9-seater electric boat - no permit required - and you're captain for an hour or two on the Douve marshes. You are sure to spot the odd heron, stork or kingfisher. And why not opt for the 3-hour outing including time for a picnic?

You can also choose a special tour, at dawn or dusk, in the company of a guide.

RATES: from €39/hour for boat hire
Guided tours from €25/pers..
OPEN: April to October

Departures from Saint-Côme-du-Mont at the Port Jourdan jetty/Village des Ponts Douve (follow signs for 'Maison du Parc des Marais')



The Guinguette des Marais

Located by the Port Jourdan slipway, this open-air café proposes food and drink on the water's edge. Local beverages and country fare, brasero cuisine.



CONTACT 
50500 CARENTAN-LES-MARAIS
Tel.: +33(0)6 83 60 08 12
decouvertemarais.com

Jardin d'Elle

A 4-acre botanical garden with over 2,500 varieties of plants, made up of several themed gardens: countryside, colours, undergrowth, vegetables, waterfall, and remarkable collections of hortensias, Japanese maple, and more. Plant nursery on site.

RATES: Adult - €6 / Child (age 8 to 14): €3
OPEN: March 1 to November 30

CONTACT 
15, le Repas
50680 VILLIERS-FOSSARD
Tel.: +33(0)2 33 05 88 64
www.dellenormandie.com



Attelages de la Nicollerie

Take a gentle ride with the Attelages de la Nicollerie horse-drawn carriage tours for an original insight into our natural and built heritage. Spend a truly memorable moment, as you meander your way through the country paths of the Cotentin and Bessin marshes and coast, with family, friends or colleagues. Feel free to contact us if you wish to privatise a carriage for a festive event.

RATES: from €20/pers
OPEN: All year.

CONTACT 
13, rue d'Auville
LES VEYS
50500 CARENTAN LES MARAIS
Tel.: +33(0)6 03 21 49 93
www.clublanicollerie.com

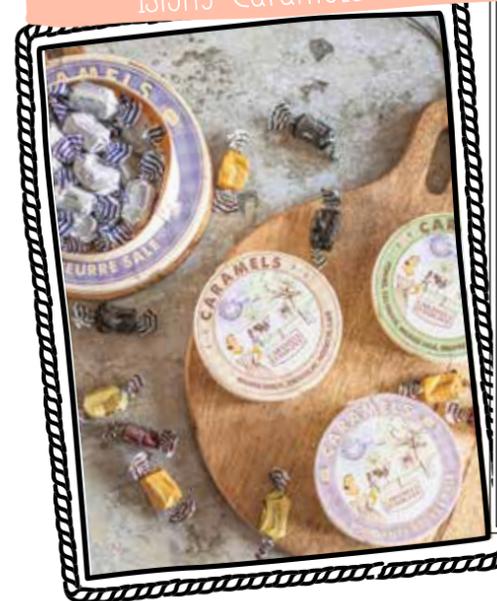


CRAFT AND GASTRONOMY

Les fameuses glaces à la crème d'Isigny

A TASTE FOR VERY GOOD THINGS

Isigny caramels and dairy produces 

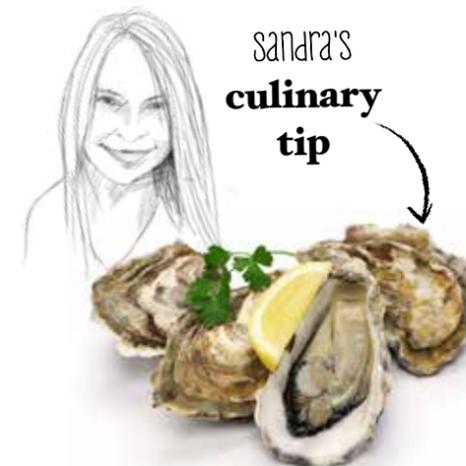


Visitor Centre

The Isigny Caramels visitor centre offer you a gourmet and immersive walk in their teaching space. Observe the workshops production and manufacturing of caramels through a glass gallery. During your visit, also discover the richness of the terroir of Isigny and the history of the Isigny Sainte Mère cooperative. After visiting the manufacture of caramels, you can stop at the factory store «Les Halles d'Isigny» to leave with some local sweets. Don't forget, famous ice with Isigny cream served from April to the end of October.

RATES OF VISITOR CENTRE:
 Adult: €4/ Child (6-17 years): €2.50
OPEN:
VISITOR CENTRE:
 April, May, June and September: Monday to Saturday : 9am to 6pm
 July-August : 7 days, 9am to 6pm
 Oct. to March : Monday to Friday, 9am to 1pm and 2pm to 5pm, open on Saturdays during school holidays.
HALLES D'ISIGNY :
 All year, 7 days, from 9am to 7pm
 January 1 to March 31: closed on Sundays.

CONTACT 
 rue du 19 Mars 1962 / ZA Isypôle
 14230 ISIGNY-SUR-MER
 Tel.: +33(0)2 31 51 39 89
 +33(0)2 31 51 66 57
 caramels-isigny.com



sandra's
culinary tip

Oysters and Shellfish

Normandy is one of Europe's leading oyster producers! A maritime terroir, Isigny grows its "appellation spéciales d'Isigny" oysters in the heart of Baie des Veys, at the Grandcamp-Maisy shellfish farm.
Tip: the Tourist Office organises guided tours of the Grandcamp-Maisy oyster beds every Monday and Tuesday during the summer!

See p.30

The famous 'AOP Isigny Butter'

The dairy farmers who produce the finest milk in the region are constantly improving their techniques for producing and processing this raw material! Butter, cream, cheeses and more. The Isigny- Sainte-Mère dairy cooperative, and its 'AOP Isigny butter', famous the world over, can be found at the outskirts of Isigny-sur-Mer. If you want proof of its excellence, in 2024, it won no fewer than 9 medals for its products at the General Agricultural Competition at the Salon d'Agriculture in Paris! Something to be proud of!



APPLES

In Bessin, apple trees are mainly grown for cider. Cider is used to make calvados and pommeau. Although calvados is world-famous for its amber hue and inimitable taste, pommeau is a much better-kept secret among before dinner drinks from Normandy but its designation of origin is just as protected as calvados...

TAKE NOTE

➔ Some cider farms offer guided tours. See p.50-51

To keep healthy, make sure you eat at least five fruit and veg per day. Alcohol abuse is a health hazard - consume in due moderation.



La crémèrie d'Émilie

Eric, a dairy farmer, transforms the milk his farm produces into delicious dairy products: his yoghurt, butter and cream gained him considerable renown! There is a pretty store/chalet where you can shop directly at the farm, and buy Eric's 'home-made' produce.

OPEN:
All year round, on Fridays and Saturdays from 3.30pm to 6.30pm

CONTACT

Chemin des poissonniers
Sainte-Honorine-des-Pertes
14520 AURE-SUR-MER
Tel.: +33(0)6 15 66 69 04



Clos Tassin Shop

You will find calvados (aged 3, 7, 15 and 30 years, etc.) typical aged liqueurs, pommeau, Normandy liqueurs, cider, perry, tripe, etc. Worthy of note: tasting sessions and lectures on how products are made.

OPEN:
Year-round. 9am to 7pm.

CONTACT

Le Clos Tassin
14710 COLLEVILLE-SUR-MER
Tel.: +33(0)2 31 22 41 51
+33(0)6 88 48 82 27
www.clostassin.fr



Isigny dairy

The Isigny Sainte-Mère cooperative is the symbol of milk production in the Bessin region. Today it offers the very best of Normandy: Isigny AOP Butter and Cream, Normandy AOP Pont l'Évêque and Camembert, Label Rouge old and extra mature mimolette... Not to forget, from April to the end of August, the "homemade" ice creams that are a treat for young and old alike!

CONTACT

2 rue du docteur Boutois
14230 ISIGNY-SUR-MER
Tel.: +33(0)2 31 10 12 06



Le Jardin Adelis

Sale of organic seasonal vegetables and dates. All vegetables are grown on site, in fields or greenhouses. We propose top quality and extremely fresh produce and offer recipes for you to make the most of them!

OPEN:
All year. Sale direct at the farm on Fridays from 5pm to 8pm. At the market in Trévières (Fridays), Grandcamp-Maisy (Saturday) and Bayeux (Saturdays).

CONTACT

2 Chemin du Cardonneret
14230 CARDONVILLE
Tel.: +33(0)6 14 26 64 90
www.lejardinadelis.com



The Mare Mitonne

Visit the vegetable garden, discover and sell lacto-fermented vegetables: sauerkraut, kimchi... For an aperitif, a salad or to awaken your pallet. Grown organically and processed in my lab, vegetables are neither cooked nor pasteurised, so are full of vitamins and probiotics, meaning they are easier to digest and will tickle your taste buds.

OPEN: All year round by appointment
May to September: Fridays 4pm - 7.30pm.
PRICES: Visits by appointment (€5/adult, €2/child) - Family rate - group rate

CONTACT

La Mare
3638 Route de la Madeleine
14230 ISIGNY SUR MER
Tel.: +33(0)6 21 01 26 61
lamaremitonne.fr



Cosmhana RenéSens farm

RenéSens Farm invites you to discover medieval plants, old varieties of small fruit trees and Norman heritage breeds. As well as the horse-driven tractors used on the farm for agricultural work. Farm shop: herbal teas, unusual syrups, flavoured waters, delicatessen products, honey.

OPEN: Thursdays and Saturdays from 3.30pm to 6.30pm. Guided tours and tastings available by prior arrangement.

CONTACT

La Ferme de RenéSens
64 rue du Hamel
14710 SURRAIN
Tel.: +33(0)6 07 88 93 35
cosmhana.fr



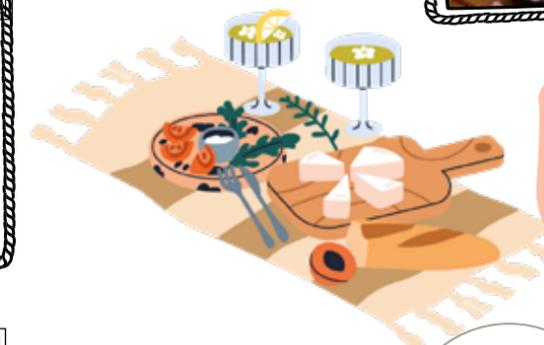
Les Halles d'Isigny Caramels d'Isigny shop

Salted butter caramel, apple caramel, creamy caramel spread, caramel popcorn... in short, caramel in all its forms. The Caramels d'Isigny factory has a delightful shop full of delicacies. You'll also find a cheese/cream counter, souvenirs and other typically Norman local products. Isigny's delicious cream ice creams are served from April to the end of October!

OPEN:
7 days a week, 9am to 7pm (closed on Sundays from January to March). Open on public holidays except 01/01, 01/05 and 25/12.

CONTACT

Z.A. Isypôle
rue du 19 mars 1962
14230 ISIGNY-SUR-MER
Tel.: +33(0)2 31 51 66 57
caramels-isigny.com



More info
Find out about market days and picnic areas on page 61

TWO
STEPS
AWAY

Chocolaterie du Drakkar

It's said to be an aphrodisiac, a euphoric, good for your health... Chocolate, what a delight! A visit to this 350 m2 space is a chance to learn all about the history of chocolate and how it is made. Discover the "scent" workshop to test your sense of smell and be regaled by cocoa-related anecdotes... last but not least, a visit to a chocolate factory wouldn't be the same without its traditional tasting session!

RATES: Adults €4 / Children under 12 years €3.50 / Family pack €12

OPEN:
All year, Monday - 2pm to 6pm and Tuesday to Saturday - 10am to 11.30am and 4pm to 6pm.

CONTACT

Zone d'Activité Bayeux Intercom
rue des Longues Haies
14400 NONANT
Tel.: +33(0)2 31 10 00 05



CIDER FARMS



Ferme de la Sapinière

A guided tour on the secrets of making calvados, cider, and Normandy pommeau, in an organic agriculture farm. Worthy of note: tasting sessions. Guided tours at a fee from Monday to Saturday - In French: 10.45am and 3.30pm. In English: at 2.30pm.

OPEN:
Store: April 1 to August 31: 7 days a week 9.30am to 9.30pm. September 1 to March 31: 10am to 6pm. Closed on Sundays.

CONTACT

12, Route de Port-en-Bessin
14710 SAINT-LAURENT-SUR-MER
Tel.: +33(0)2 31 22 40 51
www.fermedelasapiniere.com



Sainte-Blaise Farm

In this pretty 18th-century farmhouse, you can buy a high-quality farm-produced cider.

All the apples used to make this cider are organically grown.

Mr and Mrs Dauvers have been awarded the "Eurofeuille" label. You can also stay in one of their guest rooms.

OPENING TIMES:
All year round

CONTACT

Ferme Saint Blaise - Castilly
14330 ISIGNY SUR MER
Tel.: +33(0)2 31 22 52 06
ferme-saint-blaise.com



Les Vergers de Romilly

Cider, pommeau, calvados, and jams... 100% pure juice organic products, made according to farming tradition. Take note: on-site tasting. Free guided tour of the orchards and cellar, Wednesdays at 2.30pm in French

OPEN:
April to September, Monday to Saturday, 9.30am to 6.30pm
From October to March, Monday to Friday, 9.30am to 6pm.

CONTACT

Vergers de Romilly
14230 SAINT-GERMAIN-DU-PERT
Tel.: +33(0)2 31 22 71 77
vergersderomilly.com



La Cave du Tronquay

Our cellars are located in the heart of the Bessin area, within a 'Calvados de Normandie' denomination. Our parents have always grown apples in this area. Our apple varieties produce cider with a particularly distinguishable taste. Our calvados, which is aged and embellished in oak vats, to offer all the genuinely authentic aromas one would expect from a quality calvados.

OPEN:
All year

CONTACT

Rue de Campigny
14490 LE TRONQUAY
Tel.: +33(0)2 31 92 57 23
+33(0)6 50 59 94 35



Ferme les Mouettes

A farm producing CDO aged vintage calvados (10 years or more), corked cider, typical Normandy aperitifs, apple juice, and homemade jams. Tasting is available upon request at the cider products store. Good to know: Mr. and Mrs. Anquetil also offer guest rooms for rent at the cider farm.

OPEN:
Year-round

CONTACT

14710 COLLEVILLE-SUR-MER
Tel.: +33(0)2 31 22 42 53



Cidrierie Lebrec

In a former 16th-century château, Bernard Lebrec will show you his cider production: corked cider, calvados, apple-based aperitifs, jelly and apple juice. Good to know: please call before stopping at the shop to ensure that you can make it through the building's monumental gate.

OPEN:
Year-round

CONTACT

Ferme Ste Claire
Le Haut Chemin
14710 ENGESQUEVILLE-LA-PERCEE
Tel.: +33(0)6 76 37 46 21



CIDRICCHUS Simon's Cider

Perpetuating a family tradition of cidermaking, Simon Lemarié has, since 2015, been developing a range of ciders and spirits made using the apples from his orchards. Entirely organically grown, his apples are all old and local varieties. In July and August, guided tours on Thursdays at 11 am.

OPEN:
All year

CONTACT

L'Hermerel
14230 GEFOSSÉ-FONTENAY
Tel.: +33(0)6 98 82 32 26
www.cidricchus.com

RECIPES PROPOSED BY MICHEL LEGALLOIS FROM THE FERME DE LA SAPINIÈRE



POCITO

Ingredients

7cl of Normandy pommeau
2cl of lemon juice
5cl of tonic water
Ice

Serve in a tall glass.
This year's summer cocktail.



To keep healthy, make sure you eat at least five fruit and veg per day. Alcohol abuse is a health hazard - consume in due moderation.



RESTAURANTS

To ensure a totally relaxed holiday, there's nothing quite like letting others do the hard work for you, at least once during your stay. Traditional cuisine, gourmet, trendy or on the go, you'll be spoilt for choice!

on the go

Eolia snack

The clubhouse is a place for sailors, beachgoers, and athletes at Omaha Beach. Between outdoor activities, they come to eat at the patio, offering panoramic views over the beach, or to take a lunch break by the fireplace in the low season.

Good to know: conference room for hire

CONTACT 

Le Cavey
14710 COLLEVILLE-SUR-MER
Tel.: +33(0)9 77 95 91 54
www.eolia-normandie.com

on the go

L'Embusqué

Right in the middle of Omaha Beach, on the site of the D-DAY OMAHA Museum, climb on board a genuine British double-decker bus from 1970 and enjoy fine cuisine prepared by a chef. In this original location, you can enjoy dishes prepared from fresh, local ingredients. Take your family or friends to L'Embusqué and treat your taste buds as you sit outside and soak up the view of the sea..

CONTACT 

Route de Grandcamp
14710 VIERVILLE-SUR-MER
Tel.: +33(0)7 86 05 56 64
Facebook L'Embusqué

on the go

Aux délices d'Alice

Aboard her food truck, Alice proposes home-prepared sweet and savoury pancakes made from fresh, local produce. You can also choose from a selection of hot and cold drinks. To enjoy on site or to take away.

Opening Hours: Every day, from
1 May. (except Thursday),
12pm to 6pm.

CONTACT 

Sur la place du marché
de Vierville-sur-Mer
14710 VIERVILLE-SUR-MER
Tel.: +33(0)7 81 61 28 98
Instagram : aux.delicesdalice

Brasserie

La Crémaillère

Located at the intersection between the beach, the American Cemetery and Pointe du Hoc, the La Crémaillère restaurant serves simple and traditional cuisine. The set menu with all-you-can-eat buffet, dish of the day and dessert for 16 euros will hit the spot! :)

Open all day, and can cater for groups.

CONTACT 

Route de Formigny
14710 SAINT-LAURENT-SUR-MER
Tel.: +33(0)2 31 22 44 22

Brasserie

La Marine

Even at the turn of the 20th century, La Marine café was a meeting place for villagers. From steak with camembert to sole meunière via mussels and fries, you won't be short on options.

Take note: don't miss the cider-cream seafood sauté... all of our local favourites in a single dish!

CONTACT 

1, rue de la Libération
14450 GRANDCAMP-MAISY
Tel.: +33(0)2 31 22 61 79

RÔTISSERIE

Wood fired Omelette by father "O" lard

AT Omaha Beach, in a 1940s setting at the Maison de Libération, discover the roisserie, grills, oysters, mussels, meats and special omelettes of Sébastien Olard.

From May to mid-September, lunch and dinner only by reservation, at least 48 h in advance.

CONTACT 

27, rue du Val
14710 SAINT-LAURENT-SUR-MER
Tel.: +33(0)6 87 40 35 63
Facebook : maison-de-La-liberation
Omaha-beach

FARM-STAY

Chez La Fontaine

In a warm atmosphere, Marieke serves dinner several times a week (except Sundays). As you would expect, all the dishes are home-made! Dinner must be booked the day before, with all guests served at a single sitting (7.00 pm) for a convivial meal.

CONTACT 

8 Route de Saint-Clement
Lieu dit Fontenay, Chez la Fontaine
14230 GEFOSSE-FONTENAY
Tel.: +33(0)6 79 25 78 03
chezlafontaine.com

Restaurant

L'Hôtel du Casino

In this pretty stonebuilt house with wooden patio and sea views, Suzel & Bruno Cléménçon welcome you to their historic establishment. Indulge in a taste of their delicious seafood as you watch the fun and activities on the beach. Pure pleasure!

Worthy of note: the establishment boasts 2 'cocottes' in the Logis de France rating.

CONTACT 

Boulevard de Cauvigny
14710 VIERVILLE-SUR-MER
Tel.: +33(0)2 31 22 41 02
www.omaha-beach-hotel.biz

pizzeria

Le Débarquement des saveurs

On one of the freshly redeveloped town squares, Anthony welcomes you - indoors or on the sunny patio. Relish in a taste of his wood-fired pizzas and home-made burgers, made from local produce. Take-away service available.

CONTACT 

48, rue Jean-Pierre Richard
14710 TREVIERES
Tel.: +33(0)9 82 21 64 87

semi-gourmet

La Trinquette

In an elegantly decorated setting, the young Chef François Germain, noted by the Michelin Guide, offers incomparably fresh, tasty cuisine from organic vegetables, the catch of the day, and local products, all cooked on the premises.

Take our advice: Try the 'Grandcopaise pot', his speciality. Booking required.

CONTACT 

7 route du Joncal
14450 GRANDCAMP-MAISY
Tel.: +33(0)2 31 22 64 90
www.restaurant-la-trinquette.com

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finding local
farmers and artisans
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THE REALM OF ARTISTS AND ANTIQUARIANS

Contemplating the natural environment of the high and low country stimulates creativity, and has inspired more than one artist from both here and elsewhere! Painting, sculpture, and pottery are just some of the forms of expression found among the craftworkers of Normandy. Enter the world of the guardians of the past. To our great delight, these enthusiasts also have shops brimming with treasures, souvenirs, anecdotes, captivating stories and hidden histories. Artists and antique dealers alike share stories buried beneath their medium or the patina of time.

♥ PERSONAL FAVOURITE: NORON LA POTERIE VILLAGE

In the picturesque village of Noron-la-Poterie, the first signs of pottery crafting date back to 1745. They are famous for making stoneware jugs, especially those decorated with an inlaid apple tree branch design or gilt enamel. They were used at the time to easily store and transport calvados and cider. They were long prized by tourists and distillers before the arrival of glass bottles in the late 19th century. During the First World War, Noron earthen pots were used by soldiers to store their gunpowder. Today, there is only one single potter left in the village.

La poterie
des vieux fours

In the heart of Noron-la-Poterie, an authentic potter's village, the shop sells pottery, decorative objects for the home, and garden ornaments.

RATES: Free
OPEN: Year-round, every day 9.30am to 12 noon, and 2pm to 6pm. Closed during the Christmas school holiday

CONTACT 
41 Route des Potiers
14490 NORON-LA-POTERIE
Tel.: +33(0)2 31 92 56 29
moulins-aublet.com



Art gallery

With an enthusiastic, sensitive palette, Éric Joly reflects the shades and contrasts of 'his' horizon, from dawn to sunset. Daydream before the harmony of these small fragments of infinity, and if you end up in the painter's studio, choose the creation that moves you most.

OPEN:
May 1 to September 30 except Wednesdays and Sundays
October 1 to April 4 except Wednesdays, Saturdays, and Sundays

CONTACT 
74 rue Aristide Briand
14450 GRANDCAMP-MAISY
Tel.: +33(0)2 31 22 74 18
+33(0)6 83 44 03 76
www.atelier-eric-joly.com

Brocante Rock'n'Broc

Rock'n'Broc is an original second-hand goods store established within a 19th-century barn, selling a host of curiosities of all sorts, from antiques to clothes, via records! New arrivals and carefully selected objects offer collectors an ever-renewed choice of rarities and decorative knick-knacks to admire and take home.

OPEN: All year
Opening times vary.

CONTACT
429, rue du Douet Bérôt
14400 BLAY
Tel.: +33(0)6 17 78 38 87
www.rocknbroc.fr

The treasures of le Bessin

Trade in second-hand goods, bric-a-brac and garage sales. There's something for every budget! Vintage, antique and unusual objects, decoration, fashion, costume jewellery, model railways, audio, toys, scientific objects, wines, etc.

OPENING TIMES: Open all year round
Variable timetables updated weekly and available on Facebook, Instagram and Maps

CONTACT
17 Route de Bayeux
14400 TOUR-EN-BESSIN
Tel.: +33(0)6 04 48 53 96
Facebook Trouvailles Du Bessin



info +

The perfect medley At the Grange au Mohair, you can purchase garments, handknitted with genuine angora goat's wool.

See page 25



Du 27 mai au 04 juin & du 21 juillet au 18 Août 2024.*

*Tous les jours sur réservation et sous réserve de conditions météo favorables

CIRCUITS TOURISTIQUES EN HÉLICOPTÈRE

Véritable musée à ciel ouvert.

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Entre Grandcamp-Maisy et Vierville sur Mer sur la D514

80^e
ANNIVERSAIRE
D-DAY & BATAILLE
DE NORMANDIE



55€
Par pers.

LA POINTE
DU HOC
6 min

90€
Par pers.

LE CIMETIÈRE
AMÉRICAIN
10 min

239€
Par pers.

LES PLAGES DU
DÉBARQUEMENT
30 min

315€
Par pers.

DE LA POINTE
DU HOC AU PHARE
DE GATTEVILLE
40 min

6
PLACES
par vol

Ne pas jeter sur la voie publique. IBL Graphique / TALESCA - Nov. 2023

HELI EVENEMENTS
COMPAGNIE AERIEENNE D'HELICOPTERES

INFORMATIONS RÉSERVATIONS : 02 35 80 94 16 - www.helievenements.com

SERVICES AVAILABLE IN TOURIST OFFICES



The team at the Tourist Office is at your disposal to help you arrange your stay, find the right addresses, make your life easier, and offer you deals. Consider stopping by!

TICKET SERVICE

To get where you're going while paying less!

The smart way to buy your tickets is through the ticket service at the Isigny-Omaha Tourist Office! Skip the queue and get discount tickets, exclusive information, easy addresses, and good deals!



Group travel department

Since organising a trip with a group of children or adults brings its lot of questions, please feel free to contact Stessy, our professional group specialist, who is delighted to help you to create your project in your chosen destination: Isigny-Omaha. Our specialised brochure and website will also prove useful.

➔ Further information at : +33(0)2 31 21 46 00



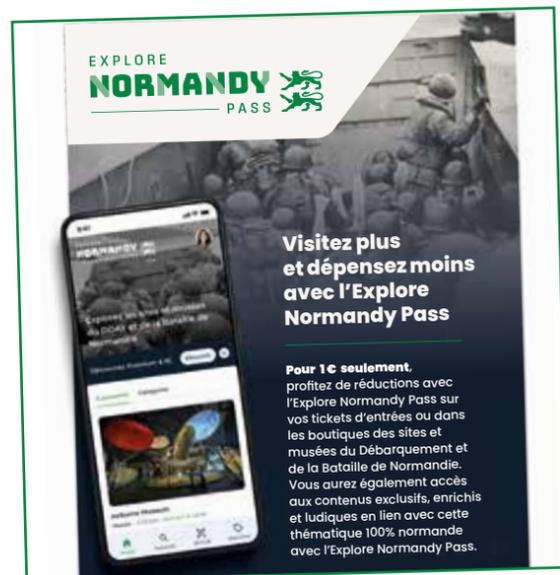
➔ Our partners: Héli' Évènements, Cité de la Mer, Mémorial de Caen, Le Flipper II, Manche Iles Express, Jolie France boat trips. Events can be booked at the tourist office.

explore normandy pass

Visit more and spend less with the Explore Normandy Pass

For just €1, get discounts on your admission tickets or in the shops of D-Day and Battle of Normandy sites and museums. You'll also gain access to exclusive, enriched and fun content related to this 100% Normandy theme.

➔ explorenormandypass.com



Holidaying with your dog!

How to make the most of your Isigny-Omaha holiday with your four-legged friend. Thanks to the Toutouguide, available in our recently certified 'Toutourisme' (canine tourism) tourist information offices, you'll find the answers to all your questions: great tips, suitable outings and sites, useful contacts, etc. all to make sure you have a really tail-wagging holiday!

And on a fine day, you'll find clever 'doggy bars' (bars à toutou) in front of the door of our tourist information offices.



INSTANT SHOPPING TO SNAG "THE" SOUVENIR!

As well as information on your favourite holiday destination, our Tourist Information Offices also have a number of great shops stocked with souvenirs.



Our must-haves?

A poster of the 80th anniversary of D-Day, of course! Or the ubiquitous fridge magnet.



Looking for something else?

Fallen for our Isigny-Omaha brand merchandise? «Ici, on a le goût de la Liberté» "Here, we have a taste for freedom"? Pens, caps, t-shirts, mugs, tote bags... you're sure to find something you like that will bring back memories of your holidays all year round!



Little ones, teenagers and others who want to learn about nature will be delighted at the shop in Maison de la Forêt!



All our addresses are on the back cover.

GETTING AROUND WITH ISIGNY-OMAHA

To discover our beautiful region, we recommend having your own car to discover all the little gems that Isigny-Omaha has to offer. Other transport options include the 120 bus route and the local rail network. For an "à la carte" trip, use our taxi partner "Grandcamp-Maisy Taxi".



Our tip for finding the best transport solutions in Normandy:
➔ the Atoumod! website or app.
This website simplifies day-to-day travel in Normandy, providing a simple solution for finding routes and timetables and purchasing tickets to discover the region, its beaches and historic sites.

BY TRAIN:
Isigny-Omaha has a railway station and a halt.
★ **Lison station**
Tips: Support for people with disabilities or reduced mobility.
★ **Molay Littry railway halt**



Grandcamp-Maisy Taxi

Grandcamp-maisy Taxi offers taxi services with a 6-seater SUV. Our yellow taxi is available 24/7. Whether you're visiting the D-Day landing sites, the region or are on any other private, business or medical trip, Grandcamp-Maisy Taxi is there to make all your journeys as comfortable as possible.

AVAILABILITY:
Available all year round.
PRICES:
day rate: €2.00/km
night rate: €3.00/km
Pick-up: €3,20
5th person supplement: €4.00
Sightseeing tour package; please contact us

CONTACT
Across the region and beyond.
Tel.: +33(0)6 72 79 30 34
grandcampmaisytaxi.com



BY BUS:
The "Nomad car 14" bus networks, a regular bus service to the coast.
★ Route 120 serves the municipalities of:
- Aure-sur-Mer,
- Colleville-sur-Mer,
- Saint-Laurent-sur-Mer,
- Vierville-sur-Mer,
- Louvières,
- Grandcamp-Maisy,
- Cricqueville-en-Bessin (with a stop at Pointe du Hoc),
- Saint-Pierre-du-Mont
- Englesqueville-la-Percée,
- then other municipalities, outside the area, as far as Bayeux and its station.
OPENING TIMES:
Runs all year round, Monday to Saturday (except public holidays).
PRICES:
You can buy your tickets directly from the driver or at the Grandcamp-Maisy tourist office.

More info
The D-Day shuttle will run 7 days a week from 13 May to 30 September between Courceulles-sur-Mer and Grandcamp-Maisy. Find out more!



ACCOMMODATIONS



Find all useful information on accommodation in the Isigny-Omaha destination on our website



SCAN ME



ISIGNY-OMAHA TOURIST OFFICE

MY PROGRAMME FOR A LIVELY SUMMER

MONDAY
TOUR OF AN OUTSIDE FARM

TUESDAY
HORSE-DRAWN TOUR
THE BAY OF VEYS OYSTER FARM

WEDNESDAY EVENING
WALKING TOUR IN THE FOREST

WEDNESDAY AND THURSDAY
THEMED HORSE-DRAWN CARRIAGE TRAIL

WEDNESDAY AND THURSDAY EVENING
KAYAKING TOUR

THURSDAY
TELL ME THE STORY OF OMAHA
WALKING TOUR

FRIDAY
FAMILY WORKSHOP

FRIDAY
FRIDAY HIKINGS

SATURDAY
POINTE DU HOC FROM THE SEA
KAYAKING TOUR

SATURDAY
SEA WADING

Consult the events calendar on our website



Don't forget to follow us on social media !

f Isigny Omaha Tourisme
@ isignyomahatourisme
#IsignyOmaha

THE PERFECT PICNIC

For a perfect Normandy picnic, you need not only the perfect products, but also the perfect spot! On pages 48 and 49, we gave you our pick of the best local markets. When it comes to choosing a spot, of course, you are spoilt for options between beach and countryside. For those who prefer the comfort of a table, scan the qr code for a list of picnic areas in Isigny-Omaha.



Fill your hamper at the market

- | | |
|---|---|
| <p>TUESDAY
BALLEROY-SUR-DROME
GRANDCAMP-MAISY
TRÉVIÈRES
(small market from 4pm)</p> <p>WEDNESDAY
ISIGNY-SUR-MER</p> <p>THURSDAY
LE MOLAY-LITTRY</p> <p>FRIDAY
TRÉVIÈRES</p> | <p>SATURDAY
ISIGNY-SUR-MER
(small market)
GRANDCAMP-MAISY
(small market in the covered fish market except during July and August)</p> <p>SUNDAY
GRANDCAMP-MAISY
(July and August)
LE MOLAY-LITTRY
(in the summer)</p> |
|---|---|

BONUS: Fresh fish, seafood and shellfish... every morning in the covered fish market in the port of Grandcamp-Maisy, 5-6 fishing boats sell ultra-fresh produce so you can stock up on your micro-nutrients!

Evening, summer and country fare markets ...

- EVENING MARKETS AT GRANDCAMP-MAISY**
Along quai Crampon, also known as Le Perré, the stalls on your right and the sea on your left! Every Sunday in July August, 6pm to midnight!
- REGIONAL AND EVENING MARKETS ISIGNY-SUR-MER**
Enquire for dates!
- TRÉVIÈRES MARKETS**
2 summer markets : 11 July and 14 August
- LOCAL PRODUCERS' MARKET**
At the Ferme de la Sapinière in Saint-Laurent-sur-Mer
Wednesdays: 17 July, 31 July, 14 August, from 2pm to 6.30pm.
- LOCAL PRODUCERS' MARKET**
At the Le Picard campsite in Tournières : enquire for dates !
- Organisation and dates subject to change



The perfect Normandy picnic

In your hamper, depending on the

- season, you'll need... ***
- 1/ a salad of avocados, Normandy apples and Grandcamp shrimps
 - 2/ Bay of Veys oysters or a Bay of Seine scallop carpaccio
 - 3/ Good fresh bread and Isigny butter
 - 4/ Isigny raw-milk camembert
 - 5/ Normandy rice pudding (teurgoule)
 - 6/ A bottle of Normandy cider
- ➔ More on p.47-51



*To keep healthy, make sure you eat at least five fruit and veg per day. Alcohol abuse is a health hazard - consume in due moderation.

Data for Grandcamp-Maisy harbour.

Please allow an extra 5 to 15 minutes for tide times in Vierville-sur-Mer, Saint-Laurent-sur-Mer, Colleville-sur-Mer and Aure-sur-Mer.

JUNE

Date	Time high tide	Range high tide	Time high tide	Range high tide	Time low tide	Time low tide
01/06	05:44	55	18:37	57	00:13	12:43
02/06	06:52	61	19:38	65	01:25	13:53
03/06	07:55	69	20:31	73	02:31	14:57
04/06	08:51	77	21:19	80	03:32	15:56
05/06	09:42	82	22:05	84	04:27	16:49
06/06	10:31	85	22:49	86	05:17	17:36
07/06	11:18	85	23:31	84	06:02	18:19
08/06	12:02	82	--:--	--	06:43	18:59
09/06	00:11	80	12:44	77	07:23	19:39
10/06	00:52	74	13:26	70	08:03	20:20
11/06	01:33	66	14:08	62	08:43	21:02
12/06	02:15	58	14:54	54	09:25	21:46
13/06	03:02	50	15:49	46	10:09	22:34
14/06	03:57	43	16:56	41	10:58	23:27
15/06	05:05	39	18:00	38	11:52	--:--
16/06	06:11	39	18:55	40	00:23	12:49
17/06	07:07	42	19:41	45	01:22	13:47
18/06	07:56	48	20:24	51	02:20	14:45
19/06	08:43	55	21:06	59	03:15	15:39
20/06	09:28	62	21:48	66	04:07	16:29
21/06	10:12	69	22:30	72	04:55	17:16
22/06	10:57	74	23:12	76	05:41	18:03
23/06	11:41	78	23:54	80	06:26	18:47
24/06	12:27	80	--:--	--	07:11	19:33
25/06	00:39	81	13:13	80	07:55	20:17
26/06	01:26	79	14:02	78	08:40	21:04
27/06	02:15	76	14:53	73	09:25	21:52
28/06	03:08	70	15:48	67	10:14	22:45
29/06	04:05	65	16:47	62	11:08	23:44
30/06	05:08	60	17:53	58	12:10	--:--

JULY

Date	Time high tide	Range high tide	Time high tide	Range high tide	Time low tide	Time low tide
01/07	06:18	58	19:03	58	00:50	13:17
02/07	07:30	59	20:08	60	01:58	14:25
03/07	08:37	63	21:03	65	03:04	15:29
04/07	09:35	68	21:52	70	04:05	16:27
05/07	10:25	72	22:37	74	04:59	17:19
06/07	11:09	76	23:19	77	05:48	18:05
07/07	11:50	78	23:58	78	06:30	18:47
08/07	12:30	77	--:--	--	07:10	19:27
09/07	00:36	76	13:07	75	07:49	20:05
10/07	01:13	72	13:43	70	08:26	20:41
11/07	01:49	67	14:18	64	09:00	21:15
12/07	02:24	60	14:52	56	09:32	21:46
13/07	02:59	53	15:30	49	10:04	22:23
14/07	03:41	45	16:21	42	10:43	23:10
15/07	04:39	39	17:33	37	11:34	--:--
16/07	05:59	36	18:46	37	00:10	12:39
17/07	07:13	38	19:46	41	01:20	13:53
18/07	08:14	45	20:39	50	02:32	15:03
19/07	09:09	55	21:28	60	03:36	16:04
20/07	10:00	65	22:16	71	04:33	16:59
21/07	10:49	76	23:02	81	05:27	17:52
22/07	11:36	85	23:48	89	06:18	18:42
23/07	12:22	92	--:--	--	07:07	19:29
24/07	00:33	94	13:07	95	07:51	20:13
25/07	01:17	94	13:49	93	08:34	20:55
26/07	02:01	91	14:31	87	09:14	21:37
27/07	02:46	82	15:15	77	09:55	22:20
28/07	03:34	71	16:05	65	10:40	23:11
29/07	04:32	59	17:10	54	11:34	--:--
30/07	05:49	50	18:35	47	00:15	12:45
31/07	07:23	47	19:57	48	01:32	14:04

AUGUST

Date	Time high tide	Range high tide	Time high tide	Range high tide	Time low tide	Time low tide
01/08	08:40	51	20:59	55	02:49	15:19
02/08	09:36	59	21:47	63	03:59	16:25
03/08	10:21	67	22:28	71	04:56	17:18
04/08	11:00	75	23:05	77	05:43	18:00
05/08	11:33	79	23:40	81	06:22	18:36
06/08	12:07	81	--:--	--	06:57	19:10
07/08	00:13	82	12:39	81	07:30	19:43
08/08	00:46	80	13:10	78	08:01	20:12
09/08	01:16	76	13:38	73	08:28	20:37
10/08	01:44	69	14:04	65	08:51	21:00
11/08	02:11	61	14:32	57	09:13	21:28
12/08	02:43	52	15:09	47	09:44	22:07
13/08	03:27	42	16:03	38	10:29	23:03
14/08	04:39	34	17:43	32	11:35	--:--
15/08	06:36	32	19:14	34	00:24	13:08
16/08	07:55	38	20:19	45	01:59	14:39
17/08	08:58	52	21:13	60	03:15	15:47
18/08	09:50	68	22:02	75	04:17	16:46
19/08	10:37	83	22:48	90	05:14	17:40
20/08	11:22	96	23:32	101	06:06	18:30
21/08	12:05	105	--:--	--	06:54	19:16
22/08	00:16	107	12:46	108	07:37	19:58
23/08	00:58	107	13:25	104	08:17	20:36
24/08	01:38	100	14:01	94	08:53	21:13
25/08	02:19	88	14:40	80	09:29	21:51
26/08	03:03	71	15:26	62	10:08	22:37
27/08	04:01	54	16:31	46	11:00	23:43
28/08	05:35	41	18:20	37	12:20	--:--
29/08	07:34	37	19:58	41	01:16	13:59
30/08	08:50	45	20:58	52	02:50	15:25
31/08	09:37	57	21:39	63	03:59	16:24

SEPTEMBER

Date	Time high tide	Range high tide	Time high tide	Range high tide	Time low tide	Time low tide
01/09	10:10	68	22:12	73	04:49	17:08
02/09	10:40	77	22:43	80	05:29	17:44
03/09	11:07	83	23:14	85	06:03	18:16
04/09	11:37	86	23:44	86	06:34	18:46
05/09	12:06	86	--:--	--	07:02	19:14
06/09	00:14	85	12:34	83	07:30	19:39
07/09	00:41	81	12:58	78	07:53	20:00
08/09	01:05	75	13:21	71	08:12	20:19
09/09	01:30	66	13:47	61	08:31	20:43
10/09	02:00	56	14:21	50	08:58	21:18
11/09	02:40	44	15:07	39	09:39	22:11
12/09	03:45	33	16:44	29	10:46	23:39
13/09	06:13	28	18:47	31	12:34	--:--
14/09	07:40	37	19:59	45	01:33	14:20
15/09	08:45	54	20:55	64	02:56	15:29
16/09	09:34	74	21:42	83	03:58	16:28
17/09	10:16	91	22:26	99	04:54	17:21
18/09	10:58	105	23:10	110	05:46	18:10
19/09	11:39	113	23:52	115	06:32	18:54
20/09	12:18	114	--:--	--	07:14	19:34
21/09	00:33	112	12:55	107	07:52	20:11
22/09	01:13	102	13:31	94	08:27	20:46
23/09	01:53	86	14:08	77	09:01	21:22
24/09	02:37	67	14:53	57	09:38	22:06
25/09	03:37	48	16:01	40	10:30	23:15
26/09	05:36	35	18:08	33	12:02	--:--
27/09	07:33	34	19:49	39	01:04	13:54
28/09	08:43	45	20:46	51	02:38	15:10
29/09	09:22	57	21:20	64	03:38	16:01
30/09	09:46	69	21:47	73	04:22	16:41

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Grandcamp-Maisy TAXI

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26 quai Crampon
14450 Grandcamp-Maisy

ISIGNY-SUR-MER
16 rue Emile Demagny
14230 Isigny-sur-Mer



OMAHA BEACH
Lotissement Omaha Center
14710 Colleville-sur-Mer
D'avril à octobre

MONTFIQUET
MAISON DE LA FORÊT
L'embranchement
14490 Montfiquet



isigny-omaha-tourisme.fr

